

# RUG-IV: What Are Restorative Nursing Programs?

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## RUG-IV Case Mix Review Fact Sheet #12

### What is Case Mix?

Minnesota Case Mix is a system that classifies residents into distinct groups, called Resource Utilization Groups (RUGs), based on the resident's condition and the care the resident received at the time of the assessment. A value is assigned to each group, which is then used to calculate the daily rate of payment.

Restorative Nursing Programs are a component of the following three RUG categories:

- Rehabilitation
- Behavioral Symptoms and Cognitive Performance
- Reduced Physical Function

Restorative nursing program refers to nursing interventions that promote the resident's ability to adapt and adjust to living as independently and safely as possible. This concept actively focuses on achieving and maintaining optimal physical, mental, and psychosocial functioning. A resident may be started on a restorative nursing program when he or she **is admitted to the facility with restorative needs**, but is not a candidate for formalized rehabilitation therapy, or when restorative needs arise during the course of a longer-term stay, or in conjunction with formalized rehabilitation therapy. Generally, restorative nursing programs are initiated when a resident is discharged from formalized physical, occupational, or speech rehabilitation therapy.

Restorative nursing programs include one or more of the following:

- Current toileting plan or bowel training program
- Active or passive range of motion
- Splint or brace assistance
- Bed mobility
- Walking
- Transfer
- Dressing or grooming
- Eating or swallowing
- Amputation/prosthesis care or
- Communication training.

Restorative Nursing programs must have the following components:

- Measurable objectives must be established for the performance of the activity.
- Interventions must be documented.
- A registered nurse must periodically evaluate the program.
- Individuals who implement the program must be trained in the interventions and supervised by a nurse.

Minnesota Department of Health

Case Mix Review

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