



Dementia Care Resources

General

- National Nursing Home Quality Improvement Campaign (NNHQIC) resources: <https://www.nhqualitycampaign.org/dementiaCare.aspx> and <https://www.nhqualitycampaign.org/goalDetail.aspx?g=med>
- NNHQIC tracking tool and instructions: <https://www.nhqualitycampaign.org/goalDetail.aspx?g=med> (click on *Identify Baseline*)
- National Nursing Home Quality Care Collaborative (NNHQCC) Change Bundle: *Avoidance of Unnecessary Antipsychotic Medications in Nursing Home Residents Living with Dementia*: <https://www.lsqin.org/wp-content/uploads/2015/10/ChangePackage-bundle-antipsychotic.pdf>
- Minnesota Department of Health (MDH) resources: <http://www.health.state.mn.us/divs/fpc/cww/cwwindex.html>

Program Assessment

- Probing Questions Document (Great resource for review with the IDT team. It helps identify strengths and gaps related to systems/processes around antipsychotic medication use): https://www.nhqualitycampaign.org/files/Probing_Questions_Medications.pdf

Staff Training

- *Hand In Hand* Manual: http://www.fdhc.state.fl.us/MCHQ/Field_Ops/Training/Other_Training/CMS_Hand_in_Hand_Toolkit.pdf (please note that CMS sent it to all nursing homes so you may have a copy)
- Training Program: Iowa Geriatric Education Center (This is free, but you need to register): <https://igec.uiowa.edu/ia-adapt>
- *Bathing Without a Battle*: The award-winning, evidence-based training on person-centered bathing for people who Alzheimer's disease and other dementias is now accessible online free of charge. The interactive training provides 2.5 hours of free continuing education credit for nurses and 2 hours of free credit for nursing assistants: <http://bathingwithoutabattle.unc.edu/>

Non-Pharmacological Strategies

- *How to Respond When Dementia Causes Unpredictable Behaviors:* http://www.alz.org/national/documents/brochure_behaviors.pdf
- *Adapting Preferred Activities to Accommodate Resident's Changing Abilities:* <https://www.nhqualitycampaign.org/files/AdaptingPreferredActivitiesToResident.pdf>

Resources for Residents/Families

- *How to Help Your Loved One: Improve Dementia Care by Reducing Unnecessary Antipsychotic Drugs:* <https://www.lsqin.org/wp-content/uploads/2015/05/Antipsychotic-drugs-family-resource-022014.pdf>

Recorded Videos

- *Dementia Care: Identifying and Managing Target Behaviors* (56 minute video): <https://youtu.be/vAchGr8FrXc>
- Teepa Snow short dementia care videos: <http://teepasnow.com/resources/teepa-tips-videos/>
- *Improving the Quality Measures: Percent of Long-Stay Residents Who Receive an Antipsychotic Medication* (5 minute video): https://youtu.be/4qdQ86LJW_I
- *Reducing Antipsychotic Drug Use in Long-Term Care Settings* (8 minute video): <https://youtu.be/wjSVY3kf9S8>

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