

Additional resources



MINNESOTA RESOURCES

Minnesota Department of Health - Office of Rural Health and Primary Care

- What they do: The State's main office that helps rural communities get health care services
- Website: health.state.mn.us/facilities/ruralhealth
- Phone: 651-201-3838
- Email: health.orhpc@state.mn.us
- Best for: Answering questions about NRHD, finding data about rural health in Minnesota, funding opportunities to help support health care in rural communities

Minnesota Rural Health Association

- What they do: A group that advocates for rural health care
- Website: mnruralhealth.org
- Best for: Connecting with other rural health supporters, finding award winners to highlight, learning about issues and advocacy opportunities in Minnesota

Minnesota County Health Information

- What it is: Health statistics for all 87 Minnesota counties
- Website: health.state.mn.us/data/mchs/genstats/countyttables
- Best for: Finding specific information about your county

Minnesota Health Statistics

- What it is: Birth rates, death rates, disease information, and survey results
- Website: health.state.mn.us/data
- Best for: General health information and trends

Rural Health Care in Minnesota: Data Highlights Chartbook

ORHPC annually updates the rural health chartbook, a valuable resource for those seeking data on rural health care in Minnesota. Access the November 2024 Chartbook at: health.state.mn.us/facilities/ruralhealth/docs/summaries/rhcmn.pdf.

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NATIONAL RESOURCES

Power of Rural (official website)

- What it is: The main website for National Rural Health Day
- Website: powerofrural.org
- Best for: Official logos, social media graphics, messaging and event ideas

National Rural Health Day Planning Guide

- What it is: Step-by-step guide for planning events
- Website: nosorh.org/nrhd
- Best for: First-time event planners

Federal Office of Rural Health Policy (FORHP)

- What it is: Part of the Health Resources and Services Administration (HRSA)
- Website: hrsa.gov/rural-health
- Best for: Finding federal grants and programs, technical assistance for rural hospitals, federal health policy analysis and research

Rural Health Information (RHI) Hub, Minnesota page

- What it is: One-stop shop for Minnesota rural health information
- Website: ruralhealthinfo.org/states/minnesota
- Best for: Quick overview of Minnesota programs and statistics

National Rural Health Day Key Messages & Data Points

Each year, the [Power of Rural Key Messages & Data Points](#) resource is published to help inform a wide range of stakeholders about the realities of rural life through both stories and data. While the included statistics and facts cannot capture the whole picture, they provide critical context for shaping policies and programs that impact the health of rural communities.

Access the Key Messages & Data Points document at powerofrural.org/wp-content/uploads/2025/08/NRHD2025_KeyMessagesDataPoints.pdf.