

# Minnesota activities



How do you move your body to stay healthy?

# health care heroes



How do health care workers help us stay healthy in Minnesota?

# Rural health word find



Find the hidden words in the grid. Words run horizontally → or vertically ↓ (no diagonals).

P	D	J	Z	J	J	T	R	U	Q	S	K	F	R	H	U	W	C	H	L
V	F	M	Y	G	I	M	I	N	N	E	S	O	T	A	Y	C	F	U	A
P	U	P	W	G	W	P	H	A	R	M	A	C	Y	U	Y	T	T	P	S
Z	P	S	W	I	N	W	R	Z	D	L	L	W	O	N	T	I	X	Y	N
C	A	M	W	N	A	T	E	V	S	U	R	G	E	O	N	K	X	A	J
R	E	D	W	I	N	G	C	Y	N	U	R	S	E	W	U	I	D	J	C
H	U	N	Z	C	Y	D	O	E	M	Z	W	X	S	S	L	W	O	F	I
I	C	X	J	A	I	W	M	N	V	D	B	R	O	A	K	A	C	D	X
K	Z	D	N	M	Q	I	M	X	G	Q	E	J	B	T	B	L	T	R	I
I	P	F	H	P	L	N	U	D	N	S	M	P	O	U	G	K	O	U	Z
N	J	O	J	I	S	O	N	D	Y	I	I	N	A	Z	M	I	R	R	A
G	L	I	I	N	X	N	I	F	J	J	D	G	M	I	P	N	Y	A	H
P	F	V	K	G	G	A	T	I	S	M	J	M	B	R	L	G	B	L	S
P	B	R	U	F	E	W	Y	I	Z	S	I	A	U	Z	Z	H	Q	R	A
P	D	E	N	T	I	S	T	L	Z	O	M	N	L	M	Z	R	U	P	F
G	H	H	O	S	P	I	T	A	L	Z	X	K	A	C	X	L	I	L	E
T	U	E	B	K	I	C	L	I	N	I	C	A	N	I	N	E	L	Y	T
A	G	G	X	H	B	T	X	B	M	T	H	T	C	B	J	A	B	I	Y
L	N	V	D	S	C	J	N	F	C	B	J	O	E	X	S	X	C	P	E
F	W	N	B	A	R	B	D	S	S	L	N	O	L	Q	Q	U	C	X	K

ambulance  
Bemidji  
clinic  
community  
dentist  
doctor  
Ely  
hiking  
hospital  
Mankato  
Minnesota  
nurse  
pharmacy  
Redwing  
rural  
safety  
surgeon  
walking  
Winona

What other rural health words can you think of that aren't on the list?