



Alcohol and Drug Prevention

Did you know that youth feeling connected to their parents and community is key in reducing the risk of alcohol and other drug use? Talk to your child and help prepare them to handle situations related to substance use.

What to do

Talk to your kids early

- Your child is likely around alcohol and other drug use, whether you know it or not.
- Be an open resource for talking with your kids about alcohol and other drug use.

Increase protective factors in young kids and strengthen them as they get older

Examples of protective factors:

- A strong parent-child relationship
- Feeling in control of their life and decisions
- Feeling safe in their neighborhood

