



Sexual Health

Human sexuality is a normal part of development and a lifelong process. Community-informed, evidence-based, sexuality education can yield positive results.

What to do

Talk to your child

- Developmentally appropriate sexuality education can help teens make positive and safe relationship and sexual health choices throughout their lives.
- Visit www.itsthateasy.net for information on how to talk to your children about healthy sexuality and relationships.

Be a champion for comprehensive sex education

- Sexuality education is a key part of sexual health promotion.
- Advocate for comprehensive sexuality education in your schools.

