MDH Minnesota Department *of* Health office of statewide health improvement initiatives

Application for Breastfeeding Friendly Family Child Care Home



The Minnesota Department of Health recognizes family child care homes that have taken specific steps to make their programs breastfeeding friendly. To apply, complete this form using Adobe Acrobat or Adobe Reader. Save the form to your computer and submit it by email to Health.BFCC@state.mn.us, along with scanned copies or digital files of additional paperwork or photos that are described below (please include the step number in the name of your electronic files). Contact Health.BFCC@state.mn.us for more information.

This application can also be downloaded, printed and mailed with the required documentation to:

Minnesota Department of Health Breastfeeding Friendly Award/OSHII 85 East 7th Place, PO Box 64882 St. Paul, MN 55164-0882

FAMILY CHILD CARE HOME INFORMATION

Name of business			
Contact person			
Address			
City	State MN	ZIP Code	County
Phone number	Email		
Tell us more about your home			
Total number of children enrolle	ed:		
Number of infants at least 6 wee	eks of age but les	s than 6 months of ag	e:
Number of infants at least 6 mo	nths of age but le	ss than 12 months of	age:
Number of toddlers (at least 12	months old but le	ess than 24 months ol	d):

Number of preschoolers (at least 24 months old up to school age):

Number of school-age children (at least 5 years of age, but younger than 11 years of age):

Are you currently caring for any children who are being breastfed or fed breast milk in bottles or cups while in your care? Yes No

Have you cared for any children in the past who were being breastfed or fed breast milk in bottles or cups while in your care? Yes No

Have you participated in any trainings offered by SHIP? Yes No If yes, please describe:

Do you participate in the Child and Adult Care Food Program (CACFP)? Yes No If yes, are you reimbursed at Tier 1 or Tier 2 rates?

Are you currently caring for any children on the Child Care Assistance Program (CCAP)? Yes No If yes, how many?

NOTE: To meet the requirements for step 1, choose either option A or B. To meet the requirements for steps 3-9, all items must be checked.

Professional development

Step 1. Child care provider has attended Minnesota Center for Professional Developmentapproved training on supporting breastfeeding in child care and is committed to supporting breastfeeding mothers and babies.

Option A: Attach training certificate

Option B: Provide a copy of your Learning Record from your account on Develop

Best practices

Step 2. All helpers and volunteers are informed about the importance of breastfeeding and are expected to follow best practices for infant feeding.

Attach outline of the information provided

Proper storage and handling guidelines

Step 3. The caregiver and all helpers follow guidelines for proper storage and handling of breast milk, which are posted in an appropriate place for reference. Members of each infant's family are informed how to safely portion, label, transport and store breast milk for use in the child care program. Attach this documentation:

Copy of written guidelines PLUS

A photo showing where they are posted PLUS

Either a photo of a properly labelled container of breast milk **OR** copy of written instructions for parents

Lactation room

Step 4. A comfortable place (not a bathroom) has been designated for mothers, including helpers and volunteers, to breastfeed or pump their milk in privacy, if they desire.

Attach photo(s) of breastfeeding space, with written description if necessary

Feeding plan

Step 5. Each family of an infant is invited to contribute to an individual feeding plan for their baby that supports best practices.

Attach sample of a past or current infant feeding plan (with identifying information removed)

Culturally appropriate environment

Step 6. The home provides a culturally appropriate breastfeeding friendly environment.

Attach photos and/or a written description of how the environment is breastfeeding friendly in a way that is culturally appropriate for the families being served

Age-appropriate learning and play opportunities

Step 7. Age-appropriate learning and play opportunities and materials are provided that reflect support for breastfeeding and normalize it for the children in care.

Attach photos and/or a written description of learning materials that show breastfeeding mothers and babies in a positive light

Breastfeeding resources

Step 8. The caregiver maintains an updated file of breastfeeding resources which is readily available to parents and helpers.

Attach copy of the list of available breastfeeding resources

Written policy

Step 9. A written policy reflecting the provider's commitment to supporting breastfeeding and her or his current infant feeding practices is communicated to current and prospective families.

Attach copy of written breastfeeding policy

Minnesota Department of Health Office of Statewide Health Improvement Initiatives PO Box 64882 St. Paul, MN 55164-0882 651-201-5443

Health.BFCC@state.mn.us www.health.state.mn.us

February 2017 To obtain this information in a different format, call: 651-201-5443.