

Seizure Resources for School Nurses

EMERGENCY CARE PLANS, TRAINING TOOLS, & RESOURCES

The training tools and resources provided are not an exhaustive list; however, represents reputable resources for a School Nurse to utilize in his/her/their practice. These resources may be used in care planning for students, to strengthen competency for a nurse, or may be used to train other people performing these cares. Scope of practice, nursing delegation, and legalities of performing individual procedures must be considered.

Student’s medical/treatment plans and/or individual health plans will have more details specific to the student than these general trainings and should be followed.

Table of Contents

Emergency Action Plan Templates	2
School Emergency Action Plans	2
Minnesota State Statutes	2
Training Tools.....	2
Seizure Basics	2
Buccal Seizure Medication	3
Intranasal Seizure Medication.....	3
Rectal Seizure Medication.....	3
Pharmaceutical Company Technique Guidance	3
Resources.....	4
Centers for Disease Control and Prevention.....	4
Children’s Minnesota	4
Epilepsy Alliance America.....	4
Epilepsy Action Australia.....	4
Epilepsy Foundation.....	4
Epilepsy Nurses Association.....	4
Minnesota Department of Health.....	4
Minnesota Epilepsy Foundation.....	5
National Association of School Nurses.....	5
Seizure Medication Training Devices.....	5
Diastat	5
Nayzilam.....	5
Valtoco	5

Emergency Action Plan Templates

School Emergency Action Plans

- [School Nurse Chronic Health Assessment Tool - SN CHAT](https://store.allergyasthmanetwork.org/exhale/school-nurse-chronic-health-assessment-tool-sn-chat) - [SN Chat - School Nurse Chronic Health Assessment Tool](https://store.allergyasthmanetwork.org/exhale/school-nurse-chronic-health-assessment-tool-sn-chat) (<https://store.allergyasthmanetwork.org/exhale/school-nurse-chronic-health-assessment-tool-sn-chat>) Health History Interview Questions & Student Care Plans. Online Shop: Digital Downloads. (FREE - must register and link will be emailed to you)
- [Epilepsy Foundation](https://www.epilepsy.com/sites/default/files/atoms/files/GENERAL%20Seizure%20Action%20Plan%202020-April7_FILLABLE.pdf) (https://www.epilepsy.com/sites/default/files/atoms/files/GENERAL%20Seizure%20Action%20Plan%202020-April7_FILLABLE.pdf)
- [Epilepsy Alliance America](https://www.epilepsyallianceamerica.org/seizure-action-plan/) (<https://www.epilepsyallianceamerica.org/seizure-action-plan/>) Available in English & Spanish
- [Child Neurology Foundation](https://www.childneurologyfoundation.org/sudep/) (<https://www.childneurologyfoundation.org/sudep/>) Available in English & Spanish
- [Diastat](https://www.diastat.com/Assets/Diastat/pdfs/Diastat-Preparedness-Plan-Child.pdf) (<https://www.diastat.com/Assets/Diastat/pdfs/Diastat-Preparedness-Plan-Child.pdf>)
Child Seizure Treatment Preparedness Plan – contains an action plan (*quite long, but offers great ideas of questions to ask/address*)

Note: Seizure Action Plans for school must have information about who has been trained/responsible for responding to a seizure event & how to contact that employee.

Minnesota State Statutes

[121A.24 SEIZURE TRAINING AND ACTION PLAN](https://www.revisor.mn.gov/statutes/cite/121A.24)
(<https://www.revisor.mn.gov/statutes/cite/121A.24>)

Training Tools

Seizure Basics

- [Seizure First Aid Ready – Epilepsy Foundation](https://learn.epilepsy.com/courses/seizure-first-aid-ready-ondemand?utm_medium=website&utm_source=efa&utm_campaign=firstaidpg&utm_content=body#faq) (https://learn.epilepsy.com/courses/seizure-first-aid-ready-ondemand?utm_medium=website&utm_source=efa&utm_campaign=firstaidpg&utm_content=body#faq)
On Demand Training (30 mins)
- [Seizure Recognition and First Aid Certification – Epilepsy Foundation](https://learn.epilepsy.com/courses/seizure-first-aid-cert-ondemand) (<https://learn.epilepsy.com/courses/seizure-first-aid-cert-ondemand>)
On Demand Training (90 mins)
- [Seizure Recognition and First Aid Training for School Personnel – Epilepsy Alliance America](https://www.epilepsyallianceamerica.org/on-demand-seizure-first-aid-training-for-school-personnel/) (<https://www.epilepsyallianceamerica.org/on-demand-seizure-first-aid-training-for-school-personnel/>)
(1 hour)

- [Seizure Smart Schools – Minnesota Epilepsy Foundation](https://www.epilepsyfoundationmn.org/support-training/trainings-webinars/)
(<https://www.epilepsyfoundationmn.org/support-training/trainings-webinars/>)
Training videos (30-60 mins) directed toward various school personnel such as school nurses, teachers, transportation. Must fill out form to request training videos to be sent.
- [Seizure Training for School Nurses: Caring for Students – Epilepsy Foundation](https://learn.epilepsy.com/courses/school-nurse-OD-v2)
(<https://learn.epilepsy.com/courses/school-nurse-OD-v2>)
On Demand Training (2 hour 45 min) *CEU offered*
- [Seizure Training for School Personnel – Epilepsy Foundation](https://learn.epilepsy.com/courses/school-personnel-OD-v2)
(<https://learn.epilepsy.com/courses/school-personnel-OD-v2>)
On Demand Training (75 mins)

Buccal Seizure Medication

- [Administration of Buccal Seizure Medication – School Health Associates](https://schoolhealthassociates.com/administration-of-buccal-seizure-medication/)
(<https://schoolhealthassociates.com/administration-of-buccal-seizure-medication/>)
Instructional video, procedure, & skill competency worksheet

Intranasal Seizure Medication

- [Administration of Intranasal Seizure Medication using Atomizer – School Health Associates](https://schoolhealthassociates.com/administration-of-intranasal-seizure-medication/)
(<https://schoolhealthassociates.com/administration-of-intranasal-seizure-medication/>)
Instructional video, procedure, & skill competency worksheet
- [Administration of Ready-to-Use Intranasal Seizure Medication – School Health Associates](https://schoolhealthassociates.com/administration-of-ready-to-use-intranasal-seizure-medication/)
(<https://schoolhealthassociates.com/administration-of-ready-to-use-intranasal-seizure-medication/>)
Written procedure and skills checklist

Rectal Seizure Medication

- [Administration of Rectal Diastat – School Health Associates](https://schoolhealthassociates.com/administration-of-rectal-diastat/)
(<https://schoolhealthassociates.com/administration-of-rectal-diastat/>)
Instructional video, procedure, & skill competency worksheet

Pharmaceutical Company Technique Guidance

- [Diastat Acudial Administration Instructions](https://www.diastat.com/Assets/Diastat/pdfs/Diastat-Administration-Instructions.pdf)
(<https://www.diastat.com/Assets/Diastat/pdfs/Diastat-Administration-Instructions.pdf>)
- [Nayzilam How to Use Video & Instructions for Use](https://www.nayzilam.com/how-to-use-nayzilam)
(<https://www.nayzilam.com/how-to-use-nayzilam>)
- [Valtoco Instructions for Use](https://www.valtoco.com/sites/default/files/pdf/Instructions_For_Use.pdf)
(https://www.valtoco.com/sites/default/files/pdf/Instructions_For_Use.pdf)

Resources

Centers for Disease Control and Prevention

- [Epilepsy: Guidance for Schools | Epilepsy \(https://www.cdc.gov/epilepsy/php/guidance-for-schools/index.html\)](https://www.cdc.gov/epilepsy/php/guidance-for-schools/index.html)

Children's Minnesota

- [Epilepsy Fact Sheet for Schools – “What Teachers Need to Know” \(https://www.childrensmn.org/educationmaterials/parents/article/14273/epilepsy-factsheet-for-schools/\)](https://www.childrensmn.org/educationmaterials/parents/article/14273/epilepsy-factsheet-for-schools/)

Epilepsy Alliance America

- [Seizure Observation Record \(https://www.epilepsyallianceamerica.org/wp-content/uploads/2022/01/EAA-Seizure-Observation-Record-1.pdf\)](https://www.epilepsyallianceamerica.org/wp-content/uploads/2022/01/EAA-Seizure-Observation-Record-1.pdf)

Epilepsy Action Australia

- [Seizure First Aid Animation for Children \(https://www.youtube.com/watch?v=lcKiFyMAGEA\)](https://www.youtube.com/watch?v=lcKiFyMAGEA)
Video for classroom (3 mins)

Epilepsy Foundation

- [Seizure First Aid \(https://www.epilepsy.com/sites/default/files/atoms/files/SFA%20Flier_HQ_8.5x11_PD_F.pdf\)](https://www.epilepsy.com/sites/default/files/atoms/files/SFA%20Flier_HQ_8.5x11_PD_F.pdf)
Poster
- [Classroom Kits \(https://www.epilepsyfoundationmn.org/support-training/seizure-smart-schools/classroom-kits\)](https://www.epilepsyfoundationmn.org/support-training/seizure-smart-schools/classroom-kits) (Free)
- [Seizure Forms \(https://www.epilepsy.com/tools-resources/forms-resources/seizure-forms\)](https://www.epilepsy.com/tools-resources/forms-resources/seizure-forms)
Observation form, Seizure diary, School Action Plans
- [Share My Seizure \(https://www.epilepsy.com/volunteer/spreading-awareness/sharemyseizure\)](https://www.epilepsy.com/volunteer/spreading-awareness/sharemyseizure)
Several video options

Epilepsy Nurses Association

- [Carer Competency Checklist for the Safe Administration of Oromucosal Midazolam \(https://esna-online.org/carers-competency-checklist\)](https://esna-online.org/carers-competency-checklist)

Minnesota Department of Health

- [Managing Seizures Toolkit](https://www.health.state.mn.us/people/childrenyouth/schoolhealth/seizures.html)
(<https://www.health.state.mn.us/people/childrenyouth/schoolhealth/seizures.html>)
Toolkit for implementing the seizure action plan legislation

Minnesota Epilepsy Foundation

- [Seizure Recognition and Response Chart](https://www.epilepsyfoundationmn.org/resource/srr-chart/)
(<https://www.epilepsyfoundationmn.org/resource/srr-chart/>)

National Association of School Nurses

- [School Nursing Evidence-Based Clinical Practice Guideline: Students with Seizures and Epilepsy CPG Implementation Toolkit](https://learn.nasn.org/courses/63450) (<https://learn.nasn.org/courses/63450>)
 - No cost, but will need to create a NASN account
- [Seizure Algorithm for Management of Medical Emergencies](https://cdn.fs.pathlms.com/ENpRs4z9RV2UK3J2DI6q)
(<https://cdn.fs.pathlms.com/ENpRs4z9RV2UK3J2DI6q>)
- [Supporting Students with Epilepsy: A Transition Toolkit for School Nurses](https://learn.nasn.org/courses/54876)
(<https://learn.nasn.org/courses/54876>)
 - No cost, but will need to create a NASN account
- [Rare Seizure Disorders: Practice Considerations for School Nurses](https://learn.nasn.org/courses/62985)
(<https://learn.nasn.org/courses/62985>)
 - Free to NASN members, \$20 for non members

Seizure Medication Training Devices

Diastat

- Email pharmcs@bauschhealth.com to request trainers

Nayzilam

- <https://www.nayzilam.com/healthcare-professionals#request-training-kits>
- Order 1 trainer on website or email ucb@mysgi.com if requesting larger quantities

Valtoco

- Call 1-800-321-4576 to order a training kit
- If ordering more than 1 kit, an online “train the trainer” class will be scheduled (15-30 mins)

SEIZURE RESOURCES FOR SCHOOL NURSES

6/7/2024

Minnesota Department of Health
Adolescent and School Health Unit
Orville L. Freeman Building
625 Robert St. N, St Paul, MN 55101
health.school.health@state.mn.us
<https://www.health.state.mn.us/people/childreneyouth/schoolhealth/index.html>

To obtain this information in a different format, email health.school.health@state.mn.us

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