

How It Works: Cleaning Hands with Waterless Hand Sanitizer



Components:

2

Two components:

1. Waterless hand sanitizer
2. Friction

Technique:

4

Four steps:

1. Make sure all organic matter is removed from hands. All visible organic matter (for example: dirt) must be removed from hands prior to applying waterless hand sanitizer.
2. Apply a dime sized amount of waterless hand sanitizer to the palm of one hand or use a waterless hand sanitizer wipe.
3. Rub hands together covering all surfaces of hands and fingers.
4. Rub until waterless hand sanitizer is absorbed.

How it works:

- Waterless hand sanitizer provides several advantages over hand washing with soap and water. However, they are not effective if organic matter (dirt, food, or other material) is visible on hands.
- Benefits of waterless hand sanitizer: require less time than hand washing
 - act quickly to kill microorganisms on hands
 - are more accessible than sinks
 - reduce bacterial counts on hands
 - do not promote antimicrobial resistance
 - are less irritating to skin than soap and water
 - some can even improve condition of skin

