

Koj cov me nyuam puas tau npaj tau?

Txoj kev cai lij choj txhaj tshuaj hauv lav Minnesota

Kev txhaj tshuaj Yuav tsum tau muaj

Siv daim ntawv (Chart) kev qhia no los mus txiav txim tias hom tshuaj twg ua xav tau los mus rau npe hauv qhov chaws zov me nyuam, cov qhov chaws qhia me nyuam yaus, thiab tsev kawm ntawv (tsoom fww li los sis cov diav).

Nrhiav cov qib ntawm tus me nyuam lub hnuv nyug/qib kawm thiab los mus saib seb tias koj tus me nyuam puas muaj pes tsawg koob tshuaj ua qhia pom nyob ntawm cov ntawv cim cia nyob ntawm txhua hom tshuaj txhaj. Cov lus nyob tom qab daim ntawv no qhia tias hnuv nyug twg thiaj li yuav tsum txhaj koob tshuaj tag.

Thaum yug Dhau mus txog 4 xyoo	Hnub nyoog: 5 Dhau mus 6 xyoo ³	Hnub nyoog: 7 Dhau mus 11 xyoo	Hnub nyoog: 12 xyoo thiab Laus dua
Cov qhov chaws qhia me nyuam yaus thiab zov me nyuam	Rau cov me nyuam yaus uas pib kawm ntawv	Rau 1 st Dhau mus 6 th qib (kawm ntawv)	Rau 7 th Dhau mus 12 th qib (kawm ntawv)
Kab mob siab A (Hep A) ✓			
Kab mob siab B (Hep B) ✓✓✓	Kab mob siab B ✓✓✓	Kab mob siab B ✓✓✓	Kab mob siab B ✓✓✓ ⁷
Kab mob qa foob, hnoos, Kab mob xeeb (diphtheria, pertussis, tetanus = DTaP/DT) ✓✓✓✓	Kab mob qa foob, hnoos, Kab mob xeeb (diphtheria, pertussis, tetanus = DTaP/DT) ✓✓✓✓✓ ⁴	✓✓✓ Kab mob xeb kab mob qa foob muaj tias tshuaj npaum li cas ⁶	✓ Kab mob qa foob, hnoos, Kab mob xeb (Tdap) & tsawg kawg yuav tsum muaj 2 koob tshuaj kab mob xeb (tetanus) thiab (kab mob qa foob (diphtheria)) ⁸
Kab mob tuag tes taw ✓✓✓	Kab mob tuag tes taw ✓✓✓✓ ⁵	Kab mob tuag tes taw ✓✓✓	kab mob tuag tes taw ✓✓✓
Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓	Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓✓	Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓✓	Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓✓
Kab mob ua npaws loj hom b (Hib) ✓			Nqaij hlav npog paj hlwb ⁹ ✓ & Koob ntxiv zog (booster)
Lub ntsws o (Pneumococcal) ¹ ✓✓✓✓			
Kab mob ua qoob (Varicella) ✓ ²	Kab mob ua qoob ✓✓ ²	Kab mob ua qoob ✓✓ ²	Kab mob ua qoob ✓✓

Kev txhaj tshuaj tiv thaiv kab mob uas yog ib qho xav kom ua tiamsi tsis yog ib qho yuav tsum tau ua:

Txhaj tshuaj tiv thaiv kab mob khaub thuas

Txhaj txhua xyoo rau txhua tus me nyuam muaj 6 hli rov saum

Kab mob raws plab Rotavirus
Rau tus me nyuam mos

Tib neeg muaj kab mob sib kis los ntawm sib deev papillomavirus
Li ntawm hnub nyoog 11-12 xyoo

- 1 Dhau 24 hli lawm tsis xav los tau.
- 2 Yog tias tus me nyuam twb tau txhaj tshuaj tiv thaiv kab mob ua pob ua qhua taum, tsis cas pees yuav txhaj koob tshuaj ua qoob. Yog hais tias tus kab mob tau tshwm tom qab 2010, tus me nyuam tus kws kho mob yuav tsum tau kos npe rau daim ntawv lees paub tus kab mob.
- 3 Cov menyuam kawm ntawv qib ib uas muaj 6 xyoo los me tshaj ntawd yuav tsum tau ua raws li sij hawm teev tseg rau cov me nyuam yaus me aiv hais txog kab mob tuag tes taw thiab kab mob qa foob, hnoos, Kab mob xeeb (DTaP/DT).
- 4 Tsis cas pees yuav txhaj DTaP koob thib tsib yog tias koob thib plaub txhaj tom qab 4 xyoo. Koob DTaP kawg thaum 4 xyoo los sis tom qab 4 xyoo. Koob thib plaub ntawm kab mob tuag tes taw tsis cas pees yog tias koob thib peb tau txhaj tom qab 4 xyoo. Koob kawg ntawm kab mob tuag tes taw yog los sis tom qab 4 xyoo.
- 5 Xav tau pov thawj tsis tsawg tshaj peb koob ntawm kab mob xeeb thiab mob qa foob. Yog tias tau txhaj txhua koob DTaP/DT, tsis cas pees yuav txhaj ntxiv.
- 6 Muaj dua txoj hau kev xaiv hais txog ob txoj kev teem cia txhaj tshuaj kab mob siab B yuav tau siv rau cov me nyuam muaj 11 mus txog 15 xyoo. Lb koob ntawm tshuaj tiv thaiv kab mob Tdap yog yuav tsum tau pib rau qib kawm ntawv thib 7. Yuav tsum tau pov thawj tsis tsawg tshaj ob koob ntawm kab mob xeeb thiab mob qa foob (DTaP/DT/Td). Yog hais tias tus me nyuam tau txais kev txhaj tshuaj Tdap ua ntej txog qib thib 7, tsis cas pees yuav txhaj Tdap ntxiv.
- 9 Lb koob yog cas pees txhaj thaum pib qib thib 7. Koob tshuaj ntxiv zog feem ntau txhaj thaum 16 xyoo.

Kev zam Thaum mus rau npe hauv cov qhov chaws zov me nyuam, qhov chaws qhia me nyuam yaus, thiab tsev kawm ntawv hauv lav Minnesota, me nyuam yaus yuav tsum tau muab cov pov thawj tias lawv tau txhaj tshuaj no los sis khaws ntaub ntawv kev zam ua raug cai.

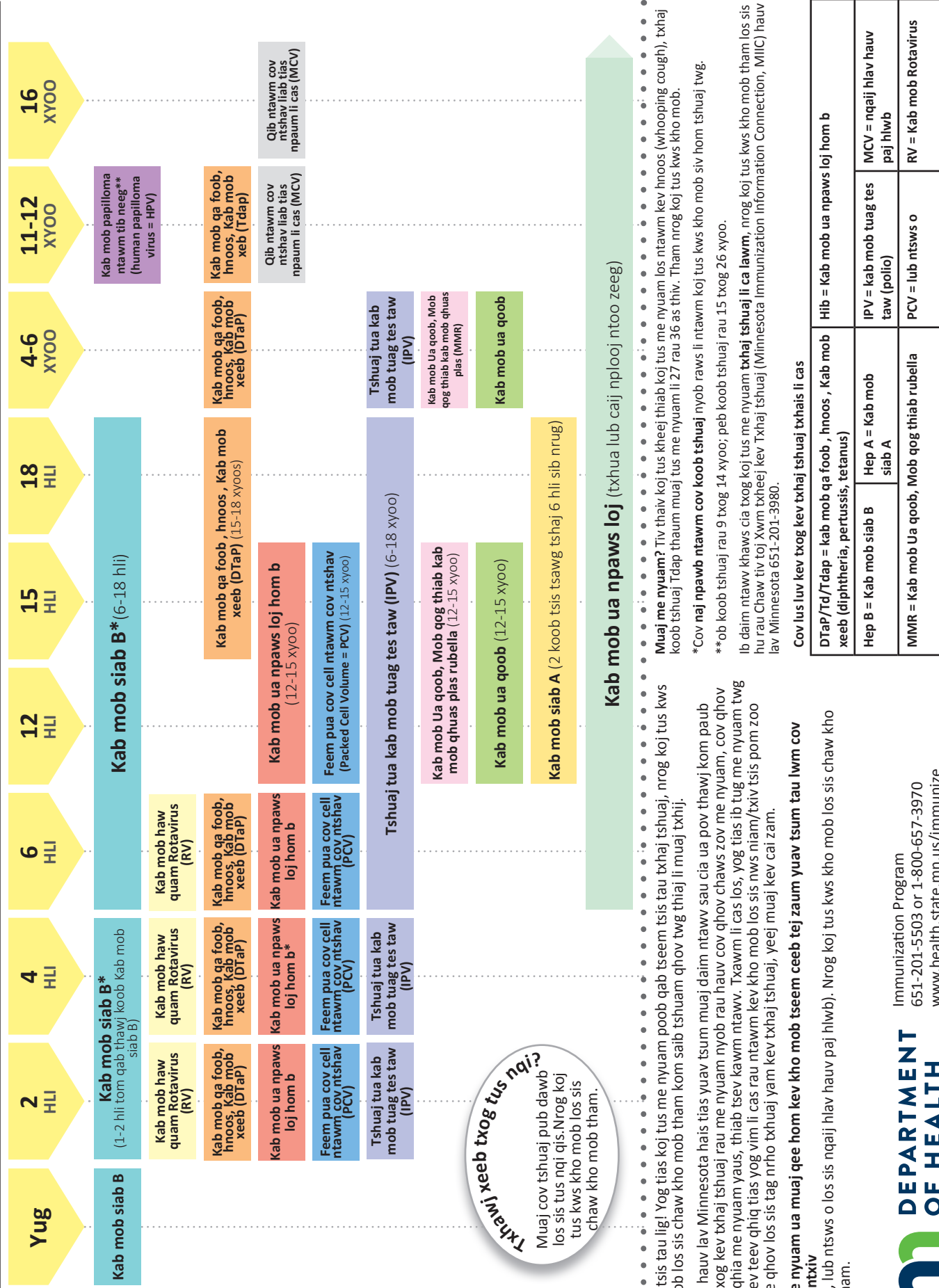
Niam thiab txiv yuav tsum sau ntaub ntawv thiab tau kos npe uas zam kev kho mob ntawm tus neeg muab kev pab sab xyuas kev noj qab haus huv los sis kev tsis zam kev kho mob ua niam-txiv/tus saib xyuas tau kos npe thiab lees paub.

Tab tom nrhiav rau ntaub ntawv sau cia? Rau ntawm kev luam cia koj tus me nyuam qhov kev sau cia txhaj tshuaj, nrog koj tus kws kho mob tham los sis hu rau Chaw tiv toj Xwm txheej kev Txhaj tshuaj (Minnesota Immunization Information Connection, MIIC) hauv lav Minnesota ntawm 651-201-3980.

Feem muab kev pab txoj kev noj qab haus huv hauv lav Minnesota, Feem muab kev pab cuam txhaj tshuaj (Minnesota Department of Health, Immunization Program)

ID# 52948 (4/2017) - Hmong

Yog thaum twg yuav tsum txhaj tshuaj Txij thaum yug mus txog 16 xyoo



Txhawj xeeb txog tus nqi?
Muaj cov tshuaj pub dawb los sis tus nqi qis. Nrog koj tus kws kho mob los sis chaw kho mob tham.

Tseem tsis tau lig! Yog tias koj tus me nyuam poob qab tseem tsis tau txhaj tshuaj, nrog koj tus kws kho mob los sis chaw kho mob tham kom saib tshuam qhov twg thiaj li muaj txhij.

Kev cai hauv lav Minnesota hais tias yuav tsum muaj daim ntawv sau cia ua pov thawj kom paub tseeb txog kev txhaj tshuaj rau me nyuam nyob rau hauv cov qhov chaws zov me nyuam, cov qhov chaws qhia me nyuam yaus, thiab nyeem kawm ntawv. Txawm li cas los, yog tias ib tug me nyuam twg muaj kev teev qhiaq tias yog vim li cas rau ntawm kev kho mob los sis nws niam/txiv tsis pom zoo rau qee qhov los sis tag nrho txhuaj yam kev txhaj tshuaj, yeej muaj kev cai zam.

Cov me nyuam ua muaj qee hom kev kho mob tseem ceeb tej zaum yuav tsum tau lwm cov tshuaj ntxiv (xws li., lub ntsws o los sis nqajj hlaw hauv paj hlawb). Nrog koj tus kws kho mob los sis chaw kho mob tham.

Cov lus luv kev txog kev txhaj tshuaj txhais li cas

DTaP/Tdap = Kab mob qa foob , hnoos , Kab mob xeeb (diphtheria, pertussis, tetanus)	Hib = Kab mob ua npaws loj hom b
Hep B = Kab mob siab B	Hep A = Kab mob siab A
IPV = Kab mob tuag tes taw (polio)	MCV = nqajj hlaw hauv paj hlawb
MMR = Kab mob Ua qoob, Mob qog thiab rubella	PCV = lub ntsws o