Harm Reduction Assessment

Overview

▪ Every drug use circumstance is unique.
▪ Each drug use circumstance has different conditions and different strategies to reduce the harms of the drug use.
▪ Overdose prevention means preventing the harms associated with each unique drug use circumstance.
▪ Even if you have talked to a client about overdose prevention in general, there is benefit in speaking about each drug use circumstance.

Exploring the Condition of Use

DRUG:
▪ What type of drug(s) is/are being used?
▪ In what manner (e.g., smoke, snort, inject, bump)?
▪ What is it cut with?

SETTING:
▪ What is the environment like (e.g., party, with a few friends, on the street, alone)?
▪ How do others feel about their use?
▪ What do they anticipate will happen?

BODY:
▪ What is their tolerance?
▪ How is their emotional well-being?
▪ How much sleep have they gotten lately?
▪ What is the headspace that they are using in?