

YOUR LIFE MATTERS

Reduce the Harms of Drug Use

- Carry naloxone.
- Train those around you to carry and use naloxone.
- Make a safety plan for every time you use.
- Do not use alone.
- Use new, sterile syringes and equipment every time you use.
- Get routinely tested for HIV and hepatitis C (HCV).
- Consider PrEP (pre-exposure prophylaxis), a medicine that people can take to prevent HIV.
- Seek medical care as soon as possible for any wounds or injuries.

Syringe services programs provide:



New syringes and safer use equipment at no cost.

Or, to find a pharmacy that sells syringes without a prescription, visit Syringe Access and Disposal, www.health.state.mn.us/syringe.



Sharps containers and safe disposal of used syringes.



HIV and hepatitis C testing, education, and help finding care.



Drug testing supplies, overdose reversal kits (naloxone), and training.



Overdose prevention education, including safer injection/use practices.



An open door — we'll meet you where you're at.

Nationally, increased rates of HIV and HCV among people who inject drugs.

1,286

Minnesotans died from an overdose in 2021.



When you buy drugs on the street or online:

- You don't know what you are getting.
- The color and appearance don't tell you anything about what's in them.
- Most drugs are unpredictable and contain multiple substances.

Never Use Alone hotline
Call **800-484-3731**

The syringe services program closest to here is:



For Minnesota Syringe Services Program locations and hours, scan the QR code or go to www.health.state.mn.us/people/syringe/calendar.html