

What is Opill?

OVER THE COUNTER CONTRACEPTION



Opill is the first and only daily oral contraceptive for people who can become pregnant that is available at a store or pharmacy in the United States without a prescription.

Opill is **98%** effective when used as directed.

How is Opill used?

- Take one tablet by mouth at the same time every day within a three-hour window.
- Use barrier contraception (such as condoms) **along with Opill** for the first two days.
- If tablet is taken more than three hours late, take as soon as remembered and use barrier contraception (like condoms) for the next two days.

Who can get Opill?

There are no age restrictions for purchasing Opill. Healthcare providers, including pharmacists, can help individuals understand if Opill will work well for them.

Where can Opill be found?

It is available for sale online and at major stores and pharmacies across the country, including [opill.com](https://www.opill.com).

How much does it cost?

The suggested retail price for Opill is \$19.99 per one-month pack, \$49.99 for a three-month pack, and \$89.99 for a six-month pack. However, each store or pharmacy can set their own price.

A pharmacist can help determine if insurance covers Opill.

DID YOU KNOW?

Healthcare leaders, including youth activists, advocated for years for an over-the-counter contraception to make it easier for people to get birth control.

Opill does not prevent against sexually transmitted infections (STIs). Condoms are recommended to use with Opill and other types of contraception.

Still have questions?

The Minnesota Sexual Health Hotline provides reliable, medically accurate, and confidential information for free via phone or text at 1-800-783-2287 and webchat at the [Minnesota Sexual Health Hotline](https://sexualhealthmn.org/) (<https://sexualhealthmn.org/>).

A directory of low cost or no cost clinics across the state can be found on the Sexual and Reproductive Health Clinic by County webpage (www.health.mn.gov/people/womeninfants/srhs/directory.html).

The [Opill website \(opill.com\)](https://www.opill.com) also has a frequently asked questions page about buying, taking, and stopping Opill, and additional information.

Minnesota Department of Health
Sexual and Reproductive Health Services
SRHS.MDH@state.mn.us
www.health.mn.gov/people/womeninfants/srhs/index.html

To obtain this information in a different format,
email: SRHS.MDH@state.mn.us.