

Fish Consumption Materials

ORDER FORM

_____ **Eat Fish Often? A Minnesota Guide to Eating Fish** – A Minnesota guide containing health-based advice on eating fish from lakes and rivers in Minnesota. (April 2021 – ID#: 53364)

_____ **Noj Ntses Heev? Lub Xeev Minnesota Kev Qhia txog Noj Ntses - Hmong version** (November 2022 – ID#: 80097)

_____ **¿Come pescado a menudo? Una guía de Minnesota para comer pescado - Spanish version** (November 2022 – ID#: 80098)



_____ **2 x 4-inch Fish Magnet**

"Eat smaller fish, they taste better and have fewer pollutants" (*Limit of 300 per organization*)



_____ **Choose Your Fish - Safe-eating guideline recommendations for women (who are or may become pregnant) and children.** (February 2020 – ID#: 53606)

_____ **Choose Your Fish – Spanish version.** (February 2020 – ID#: 53420)



Please print

Name _____
 Organization _____
 Street address _____
 City _____
 State _____
 Zip _____
 Phone _____
 Email _____

Mail completed form to

Minnesota Department of Health
 Fish Guidelines Program
 P.O. Box 64975
 St. Paul, MN 55164-0975

01/2023

To obtain this information in a different format, call: 651-201-4911.