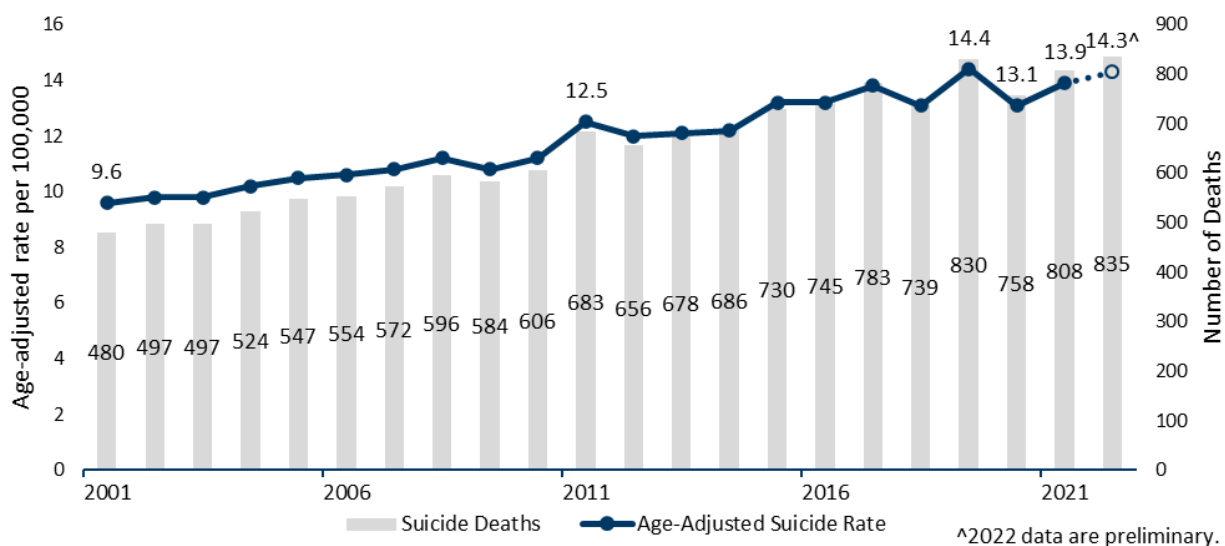


## Data Brief: Suicide Rate Increased in 2021, 2022

In 2021, 808 Minnesotans died from suicide. Preliminary in-state data indicates at least 835 died in 2022. This translates to an age-adjusted rate of 13.9 and 14.3 per 100,000\*, respectively, the highest rates in the past several decades, behind 2019. All rates in this brief are per 100,000 and age-adjusted, where applicable. Data are from death certificates.

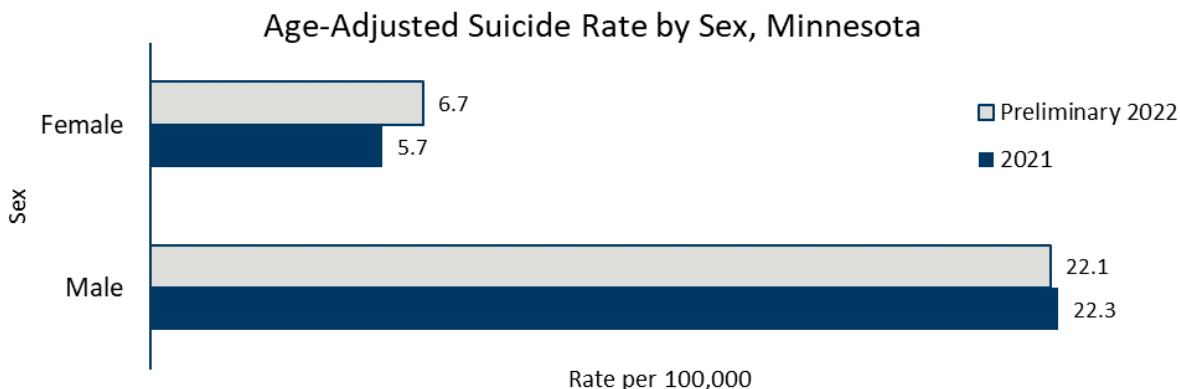
Suicide in Minnesota has steadily increased since 2001



Source: wonder.cdc.gov and MDH death certificate analysis.

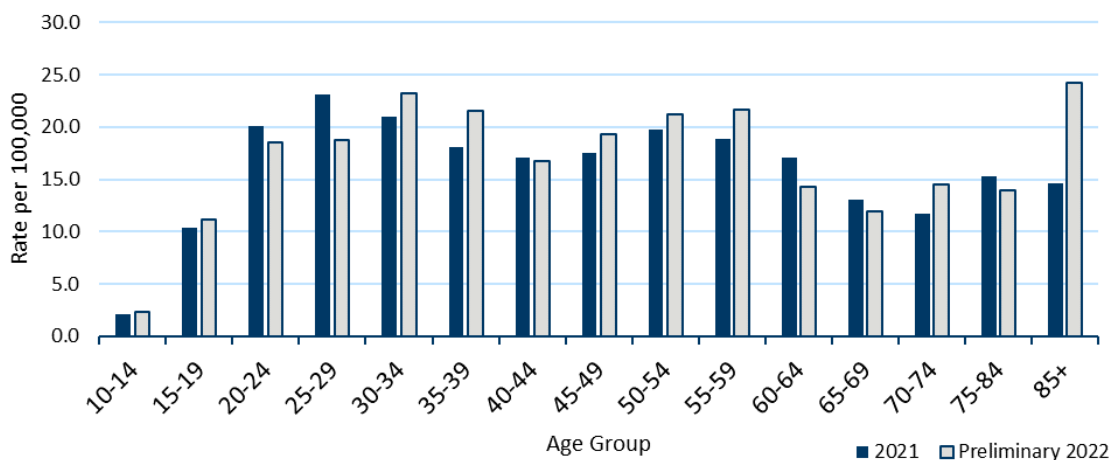
## Suicide Rates Are Not Equal Across Groups

Males had a higher suicide rate than females in 2021 and 2022, representing 80.3% and 77.2%, respectively, each year. Data from death certificates includes male and female. Other sexes or gender identities are not included.



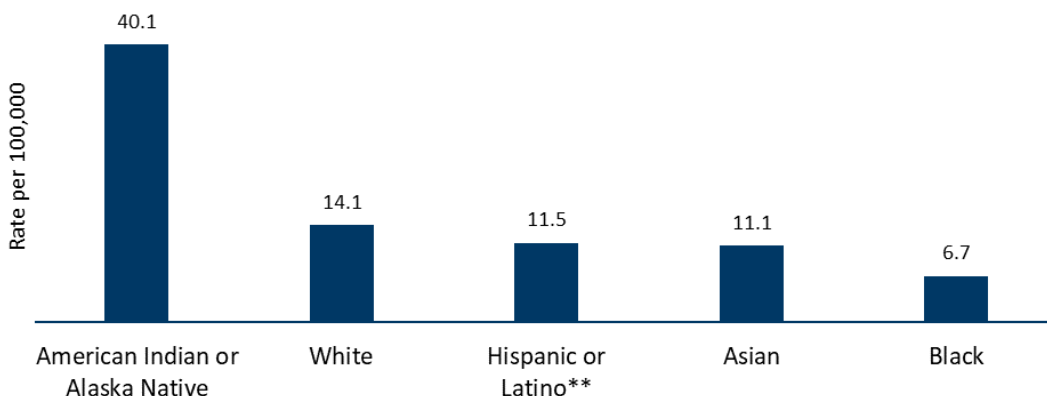
Suicide rates were highest in young adults, middle age, and 85+ in 2021 and 2022.

Suicide Rate by 5-year Age Group, Minnesota



In 2021, American Indian or Alaska Natives had a higher suicide rate than other races or ethnicities and it was the highest rate since 2000. Hispanic/Latino Minnesotans had more suicide deaths in 2021 than the previous five years. Data for 2022 are not yet available.

Age-Adjusted Suicide Rate by Race/Ethnicity, Minnesota 2021



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To obtain this information in a different format, call: 651-201-5400.

\*All rates are age-adjusted, per 100,000.

\*\*Race and ethnicity were assessed separately. Hispanic people may also be included in one of the racial groups.

May 3, 2023

If you or a loved one are having thoughts of suicide please connect with the 988 Suicide & Crisis Lifeline by calling or texting 988 or use the online chat feature at [988lifeline.org/chat](https://988lifeline.org/chat).