

ADDRESSING OUR GROWING HEALTH CARE COSTS

Many Minnesotans cannot afford health care and are concerned for the future.



76%

of Minnesota adults are concerned about affording some aspect of health care.



45%

of Minnesota adults struggled to get health care over the past year because of cost-related barriers.

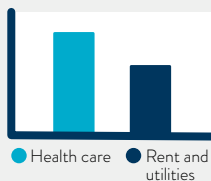


1 in 4

Minnesotans with chronic conditions did not get needed medical care due to cost in the past year.

Health care costs are high and growing faster than what Minnesotans earn.

Minnesota households spend more on health care than on rent and utilities combined.



Average annual per person health costs grew faster than income over the past 10 years.



A recent survey found **65%** of Minnesotans agreed that the health care system needs to change.

If we don't do anything, health care spending for Minnesotans will more than double by 2033, leaving less money for other priorities.

The Center for Health Care Affordability will serve as a catalyst to address health care spending and affordability.

Minnesota stakeholders and an advisory body will provide recommendations to the Center through public meetings.

The Center will provide recommendations on how to reduce administrative spending and low-value care, and implement a rural health value-based payment model.

Initiatives include identifying health care cost drivers and ways to limit spending growth.

Altarum, Consumer Healthcare Experience State Survey, Data Brief No. 87, Jan. 2021

MDH, Health Economics Program and State Health Access Data Assistance Center, School of Public Health. 2021 Minnesota Health Access Survey, 2022

MDH, Health Economics Program analysis of data from the US Bureau of Economic Analysis, Personal Consumption Expenditures SAPCE4 & SAINC1 per capita income, 2023

MDH, Health Economics Program, 2021 Health Care Spending Report (publication pending)

For more information, email health.affordability@state.mn.us or call 651-201-4520.