

2016 Minnesota Student Survey

Prevention Region Tables

September 2016

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In Appreciation

We are indebted to the students, parents, teachers, Minnesota Student Survey coordinators, principals and superintendents across the state that agreed to participate in and supported the student survey when it was administered in the first half of 2016. These data are made available as a result of their interest and time, and we are grateful for their efforts.

We are also indebted to the many state agency staff, especially the analysts with the Minnesota Center for Health Statistics at the Minnesota Department of Health, for their tireless work on making these data available.

2016 MINNESOTA STUDENT SURVEY

Survey Participation

The 2016 Minnesota Student Survey (MSS) was administered in the first half of 2016 to students in grades 5, 8, 9, and 11 statewide. Of the 330 public operating districts, 282 agreed to participate (84% of public operating school districts).

Public school student participation was voluntary and surveys were anonymous. Across the state, approximately 66% of fifth graders, 73% of eighth graders, 71% of ninth graders, and 61% of eleventh graders participated in the 2016 Minnesota Student Survey. Overall participation across the four grades was approximately 68% of total enrollment.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating.

Mode of Administration

In 2016, all students in grades 5 and 8 completed the survey online. Schools with grade 9 and/or grade 11 students could choose to administer the survey online or with the traditional paper survey. Methods could not be mixed within a single school. The survey questions online were the same as those in the paper survey booklets.

Items on the Tables

The accompanying set of tables includes the responses for all survey items. Items are ordered within the tables according to meaningful domains; the order items appear on the tables is not necessarily the order they appeared in the survey. A table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9/11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

New Questions and Year-to-Year Comparisons

Some of the 2016 survey instrument questions were changed from the 2013 survey instrument. While most questions stayed the same, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, student populations may change between administrations of the survey.

Validity of Responses

Caution was taken to identify invalid responses and remove them from the analysis. Surveys were eliminated when responses were highly inconsistent or there was a pattern of likely exaggeration. The exact percentage of surveys removed will be available in September 2016.

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**TABLE 1
DEMOGRAPHIC DESCRIPTION**

East Central

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
Total number of surveys		5,348	100%	5,892	100%	5,796	100%	4,969	100%
What is your biological sex?	Male	2,709	51%	2,988	51%	2,922	50%	2,459	49%
	Female	2,621	49%	2,887	49%	2,856	49%	2,485	50%
	No answer	18	0%	17	0%	18	0%	25	1%
Age	10	1,937	36%	0	0%	0	0%	0	0%
	11	3,316	62%	0	0%	0	0%	0	0%
	12	82	2%	8	0%	0	0%	0	0%
	13	0	0%	2,197	37%	8	0%	0	0%
	14	0	0%	3,584	61%	2,120	37%	0	0%
	15	0	0%	91	2%	3,528	61%	4	0%
	16	0	0%	4	0%	110	2%	1,858	37%
	17	0	0%	0	0%	8	0%	2,993	60%
	18	0	0%	0	0%	0	0%	88	2%
	19-20	0	0%	0	0%	0	0%	18	0%
	No answer	13	0%	8	0%	22	0%	8	0%
Are you a member of any of the following ethnic or cultural groups? Hispanic or Latino/a	Yes	228	4%	375	6%	344	6%	216	4%
	No	4,383	82%	5,210	88%	5,131	89%	4,568	92%
	Not answered	737	14%	307	5%	321	6%	185	4%
Are you a member of any of the following ethnic or cultural groups? Somali	Yes	145	3%	137	2%	151	3%	91	2%
	No	4,456	83%	5,455	93%	5,356	92%	4,718	95%
	Not answered	747	14%	300	5%	289	5%	160	3%
Are you a member of any of the following ethnic or cultural groups? Hmong	Yes	41	1%	40	1%	24	0%	19	0%
	No	4,544	85%	5,508	93%	5,382	93%	4,727	95%
	Not answered	763	14%	344	6%	390	7%	223	4%
race	American Indian only	126	2%	80	1%	90	2%	57	1%
	Asian only	85	2%	94	2%	96	2%	55	1%
	Black, African or African American only	296	6%	237	4%	231	4%	138	3%
	Native Hawaiian or Pacific Islander only	23	0%	24	0%	17	0%	13	0%
	White only	4,263	80%	4,895	83%	4,862	84%	4,377	88%
	Multiple Races (checked more than one)	360	7%	454	8%	386	7%	236	5%
	No answer	195	4%	108	2%	114	2%	93	2%

* 5th and 8th grade surveys asked "Are you male or female?"

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**TABLE 2
SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION***

East Central

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Which of the following best describes you?	Heterosexual (straight)	94%	87%	94%	88%
	Bisexual	2%	7%	2%	7%
	Gay or lesbian	1%	1%	1%	1%
	Not sure (questioning)	3%	5%	2%	4%
Do you consider yourself transgender, genderqueer, genderfluid, or unsure about your gender identity?^	Yes	2%	3%	2%	3%
	No	98%	97%	98%	97%
A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?^	Very or mostly feminine	2%	47%	1%	49%
	Somewhat feminine	3%	31%	3%	32%
	Equally feminine and masculine	14%	18%	13%	16%
	Somewhat masculine	34%	3%	32%	3%
	Very or mostly masculine	47%	1%	51%	1%

* 5th and 8th grade surveys did not ask these questions.

^ New questions in 2016.

2016 Minnesota Student Survey

**TABLE 3
SCHOOL PLANS; IEP; CHANGING SCHOOLS; ACADEMIC PERFORMANCE**

East Central

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
What is the MAIN thing you plan to do RIGHT AFTER high school?*	I don't plan to graduate from high school			1%	0%	0%	0%	0%	0%
	Get my GED			1%	2%	1%	1%	1%	1%
	Go to a two-year community or technical college			10%	6%	14%	7%	22%	15%
	Go to a four-year college or university			57%	73%	56%	76%	52%	72%
	Get a license or certificate in a career field			5%	7%	3%	4%	2%	4%
	Attend an apprenticeship program			0%	0%	1%	0%	1%	0%
	Join the military			9%	2%	9%	2%	7%	2%
	Work at a job			10%	4%	10%	4%	10%	4%
	Other			7%	5%	5%	4%	5%	2%
Do you have an IEP or get special education services?	Yes	14%	9%	13%	8%	14%	8%	14%	9%
	No	86%	91%	87%	92%	86%	92%	86%	91%
Since the beginning of this school year, how many times have you changed schools?	0 times	88%	90%	93%	94%	95%	95%	96%	96%
	1 time	6%	6%	4%	3%	3%	3%	3%	2%
	2 times	2%	2%	1%	1%	1%	1%	1%	1%
	3 or more times	4%	3%	2%	1%	1%	1%	1%	1%
How would you describe your grades this school year?	Mostly As	38%	51%	36%	53%	34%	55%	28%	47%
	Mostly Bs	36%	32%	38%	32%	37%	30%	40%	36%
	Mostly Cs	15%	8%	20%	10%	21%	10%	24%	13%
	Mostly Ds	2%	1%	4%	3%	5%	2%	6%	3%
	Mostly Fs	1%	0%	2%	1%	2%	1%	1%	1%
	Mostly Incompletes	1%	0%	1%	1%	1%	1%	0%	0%
	None of these letter grades	8%	7%	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 4
FEELINGS ABOUT SCHOOL**

East Central

		Grade								
		5th		8th		9th		11th		
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
How often do you care about doing well in school?	All of the time	62%	76%	52%	62%	49%	63%	37%	57%	
	Most of the time	29%	20%	35%	29%	37%	29%	42%	33%	
	Some of the time	8%	4%	12%	8%	12%	8%	18%	9%	
	None of the time	1%	1%	1%	0%	2%	1%	2%	1%	
How often do you go to class unprepared?	All of the time	5%	5%	4%	3%	3%	3%	4%	3%	
	Most of the time	8%	5%	6%	3%	6%	3%	7%	4%	
	Some of the time	43%	37%	44%	32%	43%	32%	43%	34%	
	None of the time	44%	54%	45%	62%	48%	63%	46%	59%	
How often do you pay attention in class?	All of the time	27%	40%	24%	29%	22%	26%	17%	22%	
	Most of the time	59%	53%	60%	59%	62%	62%	59%	63%	
	Some of the time	13%	6%	15%	12%	15%	12%	23%	14%	
	None of the time	1%	0%	1%	1%	1%	1%	1%	0%	
How much do you agree or disagree with each of the following statements?	If something interests me, I try to learn more about it.	Strongly agree	43%	43%	52%	46%	55%	50%	63%	57%
		Agree	53%	54%	45%	51%	43%	48%	35%	41%
		Disagree	3%	2%	2%	2%	2%	1%	1%	1%
		Strongly disagree	1%	0%	0%	0%	0%	0%	0%	0%
	I think things I learn in school are useful.	Strongly agree	43%	46%	20%	17%	16%	12%	13%	10%
		Agree	49%	47%	59%	64%	60%	66%	54%	62%
		Disagree	6%	5%	17%	17%	19%	18%	25%	24%
		Strongly disagree	2%	2%	4%	3%	5%	4%	8%	5%
	Being a student is one of the most important parts of who I am.	Strongly agree	28%	30%	18%	17%	16%	16%	14%	15%
		Agree	48%	52%	48%	50%	48%	49%	42%	47%
		Disagree	19%	16%	27%	28%	29%	29%	34%	31%
		Strongly disagree	5%	2%	8%	6%	7%	6%	10%	7%

2016 Minnesota Student Survey

**TABLE 5
FEELINGS ABOUT SCHOOL; SKIPPING SCHOOL**

East Central

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
How much do you agree or disagree with each of the following statements?	Overall, adults at my school treat students fairly.	Strongly agree	43%	48%	27%	25%	27%	22%	24%	19%
		Agree	42%	40%	51%	55%	55%	59%	56%	59%
		Disagree	10%	9%	15%	16%	13%	15%	15%	17%
		Strongly disagree	4%	2%	7%	4%	4%	4%	4%	4%
	Adults at my school listen to the students.	Strongly agree	38%	40%	23%	18%	22%	15%	20%	13%
		Agree	50%	50%	56%	62%	59%	62%	57%	61%
		Disagree	9%	8%	16%	18%	16%	20%	19%	21%
		Strongly disagree	3%	2%	4%	2%	3%	3%	4%	4%
	The school rules are fair.	Strongly agree	35%	42%	20%	18%	21%	17%	15%	13%
		Agree	46%	46%	55%	57%	58%	59%	55%	57%
		Disagree	15%	10%	20%	21%	17%	20%	23%	24%
		Strongly disagree	5%	2%	5%	4%	5%	4%	7%	5%
	At my school, teachers care about students.	Strongly agree	60%	64%	31%	30%	28%	24%	24%	22%
		Agree	35%	32%	55%	59%	59%	62%	61%	62%
		Disagree	3%	3%	11%	10%	10%	12%	12%	14%
		Strongly disagree	1%	1%	3%	2%	2%	2%	3%	2%
	Most teachers at my school are interested in me as a person.	Strongly agree	30%	38%	19%	18%	17%	14%	17%	16%
		Agree	52%	48%	51%	51%	52%	49%	51%	50%
		Disagree	13%	12%	24%	26%	25%	30%	25%	28%
		Strongly disagree	4%	2%	6%	5%	6%	7%	6%	6%
During the last 30 days, how many times have you skipped school or cut classes, but NOT a full day of school, without being excused?*	None			87%	89%	87%	88%	80%	81%	
	Once or twice			10%	8%	10%	9%	13%	13%	
	3 to 5 times			2%	2%	2%	2%	5%	3%	
	6 to 9 times			0%	0%	1%	1%	2%	1%	
	10 or more times			1%	0%	1%	0%	1%	1%	
During the last 30 days, how many times have you skipped school or cut a FULL day of school or classes without being excused?*	None			90%	91%	91%	92%	88%	89%	
	Once or twice			8%	6%	6%	6%	9%	8%	
	3 to 5 times			1%	2%	1%	1%	2%	2%	
	6 to 9 times			0%	0%	1%	0%	1%	1%	
	10 or more times			1%	0%	0%	0%	1%	1%	

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 6
TIME AWAY FROM CLASS**

East Central

<i>During the last 30 days, how many times have you...</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
...gone to the nurses office?	None	52%	49%	71%	62%	79%	70%	81%	69%
	Once or twice	33%	36%	24%	30%	18%	24%	16%	26%
	3 to 5 times	9%	10%	3%	6%	2%	3%	2%	4%
	6 to 9 times	2%	2%	1%	1%	0%	1%	1%	0%
	10 or more times	3%	3%	1%	1%	1%	1%	1%	1%
...stayed home because you were sick?	None	53%	51%	62%	56%	66%	57%	61%	51%
	Once or twice	33%	36%	30%	35%	28%	34%	32%	38%
	3 to 5 times	10%	10%	6%	7%	5%	7%	5%	9%
	6 to 9 times	2%	2%	1%	1%	1%	1%	1%	2%
	10 or more times	1%	1%	0%	1%	0%	0%	0%	1%
...been sent to the office for discipline?	None	83%	94%	83%	94%	88%	95%	89%	95%
	Once or twice	13%	5%	14%	5%	9%	4%	9%	4%
	3 to 5 times	3%	1%	2%	1%	2%	1%	1%	1%
	6 to 9 times	1%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	1%	0%	1%	0%	0%	0%	0%	0%
...had in-school suspension (ISS)?	None	96%	98%	95%	98%	96%	98%	96%	99%
	Once or twice	4%	1%	4%	1%	3%	1%	3%	1%
	3 to 5 times	1%	0%	1%	0%	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%
...been suspended from school (out-of-school suspension/ OSS)?	None	99%	99%	98%	99%	98%	100%	98%	99%
	Once or twice	1%	0%	2%	1%	1%	0%	1%	0%
	3 to 5 times	0%	0%	0%	0%	0%	0%	0%	0%
	6 to 9 times	0%	0%	0%	0%	0%	0%	0%	0%
	10 or more times	0%	0%	0%	0%	0%	0%	0%	0%

2016 Minnesota Student Survey

**TABLE 7
INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER*^**

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Is there a police officer or School Resource Officer (SRO) at your school?	Yes	75%	71%	76%	76%	80%	82%
	No	6%	5%	8%	6%	10%	8%
	I don't know	18%	24%	17%	19%	10%	11%

East Central

<i>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE OR POLICE OFFICER (SRO) AT THEIR SCHOOL</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer	Strongly agree	39%	40%	28%	29%	21%	24%
	Agree	42%	43%	42%	46%	39%	43%
	Disagree	14%	15%	21%	21%	28%	27%
	Strongly disagree	5%	2%	8%	4%	12%	6%
I would feel comfortable going to my school's police officer/SRO if I was having problems or needed help	Strongly agree	24%	20%	22%	20%	21%	21%
	Agree	45%	46%	44%	44%	41%	43%
	Disagree	25%	28%	26%	30%	27%	29%
	Strongly disagree	7%	6%	8%	6%	10%	7%
I think it is a good idea to have an SRO or police officer at our school	Strongly agree	56%	59%	54%	56%	43%	48%
	Agree	38%	38%	38%	41%	46%	45%
	Disagree	4%	3%	5%	2%	7%	5%
	Strongly disagree	2%	1%	3%	1%	4%	1%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2016.

2016 Minnesota Student Survey

**TABLE 8
PERCEPTIONS OF SAFETY**

East Central

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
How much do you agree or disagree with each of the following statements?	I feel safe going to and from school.	Strongly agree	59%	61%	57%	52%	58%	49%	62%	56%
		Agree	35%	35%	38%	44%	38%	46%	35%	40%
		Disagree	4%	4%	3%	4%	2%	4%	2%	3%
		Strongly disagree	1%	1%	1%	1%	1%	1%	1%	1%
	I feel safe at school.	Strongly agree	59%	63%	52%	47%	51%	44%	55%	50%
		Agree	35%	31%	41%	45%	42%	48%	38%	45%
		Disagree	5%	4%	6%	7%	5%	7%	5%	5%
		Strongly disagree	2%	1%	2%	1%	1%	1%	2%	1%
	I feel safe in my neighborhood.	Strongly agree	61%	60%	62%	56%	64%	53%	67%	59%
		Agree	32%	33%	35%	39%	32%	42%	31%	38%
		Disagree	6%	6%	2%	4%	3%	4%	2%	2%
		Strongly disagree	2%	2%	1%	1%	1%	0%	1%	1%
	I feel safe at home.	Strongly agree	78%	77%	72%	66%	74%	65%	73%	69%
		Agree	19%	20%	25%	31%	23%	31%	24%	28%
		Disagree	2%	2%	2%	3%	2%	3%	2%	2%
		Strongly disagree	1%	1%	1%	1%	1%	1%	1%	0%

2016 Minnesota Student Survey

TABLE 9A
AFTER SCHOOL SUPERVISION

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
<i>During a typical week, how often do you go to the following places after school?</i>		%	%	%	%	%	%	%	%
I stay at my school or go to another school	0 days	83%	80%	73%	65%	60%	55%	64%	60%
	1 day	4%	6%	6%	10%	9%	13%	8%	12%
	2 days	5%	5%	4%	5%	6%	9%	6%	7%
	3 to 4 days	2%	2%	5%	7%	8%	7%	7%	6%
	5 days	6%	6%	11%	13%	16%	15%	17%	15%
My home or another home such as a friend's, relative's or neighbor's	0 days	25%	21%	15%	13%	18%	13%	15%	11%
	1 day	12%	16%	12%	13%	12%	12%	9%	12%
	2 days	10%	10%	9%	10%	10%	10%	12%	13%
	3 to 4 days	11%	13%	11%	13%	11%	16%	16%	20%
	5 days	43%	41%	53%	50%	49%	49%	48%	44%
A rec, community or other youth center	0 days	85%	85%	83%	85%	85%	87%	87%	88%
	1 day	6%	7%	8%	8%	8%	7%	6%	6%
	2 days	4%	4%	4%	3%	3%	3%	3%	3%
	3 to 4 days	2%	2%	3%	2%	2%	1%	2%	1%
	5 days	2%	2%	2%	2%	2%	2%	2%	1%
A park or other outdoor space	0 days	61%	60%	66%	68%	68%	74%	74%	78%
	1 day	14%	15%	13%	15%	12%	13%	11%	12%
	2 days	10%	10%	8%	8%	9%	6%	8%	5%
	3 to 4 days	7%	8%	7%	5%	5%	3%	4%	3%
	5 days	9%	7%	6%	4%	5%	4%	4%	2%
A library	0 days	84%	81%	92%	90%	93%	89%	94%	91%
	1 day	11%	13%	6%	7%	5%	7%	4%	6%
	2 days	3%	4%	1%	2%	2%	2%	1%	2%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 days	1%	1%	1%	0%	1%	1%	0%	1%
A church, synagogue, mosque, or other spiritual/religious place	0 days	75%	73%	70%	67%	73%	69%	80%	74%
	1 day	18%	19%	24%	26%	21%	24%	16%	20%
	2 days	4%	5%	5%	6%	4%	5%	4%	5%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 days	2%	2%	1%	1%	1%	1%	1%	1%
A job*	0 days					85%	89%	49%	43%
	1 day					4%	4%	7%	7%
	2 days					5%	4%	14%	18%
	3 to 4 days					3%	2%	20%	24%
	5 days					3%	1%	11%	7%

* 5th and 8th grade surveys did not ask this question.

2016 Minnesota Student Survey

**TABLE 9B
AFTER SCHOOL SUPERVISION***

East Central

		Grade	
		5th	
		Male	Female
		%	%
During a typical week, how often are you home alone or somewhere unsupervised after school?	0 days	44%	46%
	1 day	20%	18%
	2 days	12%	12%
	3 days	9%	8%
	4 days	4%	5%
	5 days	12%	11%

* Only 5th grade survey asked this question.

2016 Minnesota Student Survey

**TABLE 10A
BEING BULLIED FOR SPECIFIC REASONS**

East Central

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Your race, ethnicity or national origin	Never	93%	94%	91%	93%	92%	93%	93%	95%
	Once or twice	4%	4%	5%	5%	5%	5%	4%	4%
	About once a week	1%	1%	1%	1%	1%	1%	1%	0%
	Several times a week	1%	1%	1%	1%	1%	1%	1%	0%
	Every day	1%	1%	1%	0%	2%	0%	2%	0%
Your religion	Never	93%	93%	94%	92%	93%	93%	95%	93%
	Once or twice	4%	5%	4%	6%	4%	6%	3%	6%
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%
	Several times a week	0%	0%	1%	0%	1%	0%	0%	0%
	Every day	1%	1%	0%	0%	1%	0%	1%	0%
Your gender (being male, female, transgender, etc.)[^]	Never	92%	87%	96%	88%	96%	90%	97%	93%
	Once or twice	5%	10%	3%	9%	2%	7%	2%	5%
	About once a week	1%	1%	1%	2%	1%	2%	1%	1%
	Several times a week	1%	1%	0%	1%	0%	1%	0%	0%
	Every day	1%	2%	1%	0%	1%	0%	1%	0%
Your gender expression (your style, dress, or the way you walk or talk)^{^^}	Never					85%	77%	88%	84%
	Once or twice					10%	16%	8%	12%
	About once a week					2%	5%	2%	2%
	Several times a week					1%	2%	1%	1%
	Every day					1%	1%	1%	1%

* 5th and 8th grade surveys did not ask this question.

[^] Change in question wording from 2013 for 9th-11th grade survey to include "transgender, etc." 5th and 8th grade surveys did not include this change.

^{^^} New question in 2016.

2016 Minnesota Student Survey

**TABLE 10B
BEING BULLIED FOR SPECIFIC REASONS**

East Central

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Because you are gay, lesbian or bisexual, or because someone thought you were*	Never			91%	91%	94%	92%	95%	95%
	Once or twice			5%	6%	3%	5%	3%	3%
	About once a week			1%	2%	1%	1%	1%	1%
	Several times a week			1%	1%	1%	1%	1%	1%
	Every day			1%	1%	1%	1%	1%	0%
A physical or mental disability	Never	92%	94%	94%	93%	95%	93%	94%	94%
	Once or twice	5%	4%	3%	5%	3%	4%	4%	4%
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%
	Several times a week	1%	0%	1%	1%	0%	1%	1%	1%
	Every day	1%	1%	1%	0%	1%	1%	1%	0%
Your size or weight^	Never	79%	79%	81%	76%	82%	76%	85%	84%
	Once or twice	14%	16%	12%	16%	11%	16%	10%	11%
	About once a week	3%	2%	3%	4%	3%	4%	2%	3%
	Several times a week	2%	2%	2%	2%	2%	2%	1%	1%
	Every day	2%	2%	2%	2%	2%	2%	2%	1%
Your physical appearance^	Never	80%	78%	76%	67%	79%	70%	82%	78%
	Once or twice	14%	15%	15%	23%	14%	20%	11%	16%
	About once a week	2%	3%	4%	5%	4%	4%	3%	4%
	Several times a week	2%	2%	3%	3%	2%	3%	2%	1%
	Every day	2%	2%	2%	2%	2%	2%	2%	1%

* 5th grade survey did not ask this question.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

TABLE 11
BEING BULLIED OR HARASSED AT SCHOOL; BEING CYBERBULLIED

East Central

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
During the last 30 days, on how many days have other students at school...	...pushed, shoved slapped, hit or kicked you when they weren't kidding around?	Never	72%	79%	84%	88%	86%	90%	91%	94%
		Once or twice	21%	17%	11%	9%	10%	8%	6%	5%
		About once a week	4%	2%	3%	1%	2%	2%	1%	1%
		Several times a week	2%	1%	2%	1%	1%	0%	1%	0%
		Every day	1%	1%	1%	1%	1%	1%	1%	0%
	...threatened to beat you up?	Never	79%	87%	85%	90%	85%	91%	91%	95%
		Once or twice	16%	10%	10%	7%	10%	7%	5%	4%
		About once a week	3%	2%	2%	1%	3%	1%	1%	1%
		Several times a week	2%	1%	1%	1%	1%	0%	1%	0%
		Every day	1%	1%	1%	0%	1%	0%	1%	0%
	...spread mean rumors or lies about you?	Never	69%	62%	79%	65%	83%	67%	85%	73%
		Once or twice	23%	28%	15%	25%	12%	23%	11%	20%
		About once a week	4%	5%	3%	5%	2%	5%	2%	4%
		Several times a week	3%	3%	2%	3%	1%	3%	1%	2%
		Every day	2%	2%	1%	2%	1%	2%	1%	1%
	...made sexual jokes, comments or gestures towards you?*	Never			82%	76%	82%	73%	83%	77%
		Once or twice			11%	15%	10%	17%	9%	15%
		About once a week			3%	4%	2%	4%	2%	4%
		Several times a week			2%	3%	2%	4%	2%	2%
		Every day			3%	2%	2%	2%	4%	2%
...excluded you from friends, other students or activities?	Never	72%	56%	81%	62%	84%	64%	86%	70%	
	Once or twice	20%	31%	12%	26%	11%	24%	10%	20%	
	About once a week	4%	6%	3%	6%	3%	6%	2%	5%	
	Several times a week	2%	4%	2%	3%	1%	3%	2%	2%	
	Every day	2%	3%	2%	3%	1%	3%	1%	2%	
During the last 30 days, how often have you been bullied through e-mail, chat rooms, instant messaging, websites or texting?	Never	89%	82%	90%	78%	90%	80%	92%	85%	
	Once or twice	8%	14%	8%	17%	7%	15%	6%	12%	
	About once a week	1%	2%	1%	3%	1%	2%	1%	1%	
	Several times a week	1%	2%	1%	2%	1%	2%	1%	1%	
	Every day	1%	1%	1%	0%	1%	1%	1%	0%	

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

TABLE 12
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL

East Central

			Grade							
			5th		8th		9th		11th	
			Male	Female	Male	Female	Male	Female	Male	Female
			%	%	%	%	%	%	%	%
During the last 30 days, how many times at school have YOU...	...pushed, shoved slapped, hit or kicked someone when you weren't kidding around?	Never	86%	92%	89%	94%	90%	96%	92%	97%
		Once or twice	12%	6%	9%	5%	7%	3%	6%	2%
		About once a week	1%	1%	1%	0%	1%	0%	1%	0%
		Several times a week	1%	0%	1%	0%	1%	0%	0%	0%
		Every day	0%	0%	1%	0%	1%	0%	1%	0%
	...threatened or beat someone up?	Never	92%	95%	90%	94%	87%	93%	90%	95%
		Once or twice	7%	4%	8%	5%	10%	5%	7%	4%
		About once a week	1%	0%	1%	1%	1%	1%	1%	1%
		Several times a week	0%	0%	1%	0%	1%	0%	1%	0%
		Every day	0%	0%	1%	0%	1%	0%	1%	0%
	...spread mean rumors or lies about someone else?	Never	91%	87%	94%	90%	94%	91%	95%	92%
		Once or twice	8%	11%	5%	9%	5%	8%	4%	7%
		About once a week	1%	1%	1%	1%	1%	1%	1%	1%
		Several times a week	0%	1%	0%	0%	0%	0%	0%	0%
		Every day	0%	0%	0%	0%	0%	0%	1%	0%
	...made sexual jokes, comments or gestures towards someone else?*	Never			88%	93%	86%	92%	84%	93%
		Once or twice			8%	5%	9%	6%	9%	5%
		About once a week			2%	1%	2%	1%	3%	1%
		Several times a week			1%	0%	1%	1%	1%	0%
		Every day			1%	1%	2%	1%	3%	1%
...excluded someone from friends, other students or activities?	Never	85%	83%	89%	84%	90%	86%	92%	89%	
	Once or twice	12%	15%	9%	14%	9%	13%	7%	10%	
	About once a week	1%	1%	1%	1%	1%	1%	1%	1%	
	Several times a week	0%	1%	0%	0%	0%	0%	0%	0%	
	Every day	1%	1%	0%	1%	0%	0%	1%	0%	

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 13A
ENRICHMENT ACTIVITIES**

East Central

		Grade								
		5th		8th		9th		11th		
		Male	Female	Male	Female	Male	Female	Male	Female	
		%	%	%	%	%	%	%	%	
Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?	Yes	60%	65%	75%	76%	76%	75%	74%	73%	
	No	12%	10%	7%	6%	7%	6%	9%	9%	
	I don't know what programs are available in my community	28%	25%	18%	18%	17%	19%	16%	18%	
During a typical week, how often do you participate in the following activities outside of the regular school day?	Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams[^]	0 days	42%	44%	39%	36%	44%	43%	49%	54%
		1 day	8%	13%	4%	6%	4%	5%	4%	4%
		2 days	18%	20%	8%	9%	5%	8%	5%	6%
		3 to 4 days	17%	15%	19%	18%	11%	11%	8%	9%
		5 or more days	14%	8%	29%	31%	37%	33%	34%	26%
	School sponsored activities or clubs that are not sports, such as drama, music, chess or science club	0 days	86%	79%	83%	74%	81%	72%	79%	67%
		1 day	7%	11%	6%	9%	7%	10%	7%	11%
		2 days	4%	5%	4%	5%	5%	6%	5%	9%
		3 to 4 days	2%	2%	3%	6%	3%	5%	4%	6%
		5 or more days	2%	2%	4%	6%	5%	7%	5%	7%
	Tutoring, homework help or academic programs	0 days	86%	87%	90%	91%	91%	91%	92%	89%
		1 day	6%	5%	4%	5%	4%	6%	4%	7%
		2 days	4%	4%	3%	2%	3%	3%	3%	3%
		3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
		5 or more days	2%	2%	1%	1%	1%	1%	1%	1%

[^] Change in question wording from 2013.

2016 Minnesota Student Survey

**TABLE 13B
ENRICHMENT ACTIVITIES**

East Central

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>									
Leadership activities such as student government, youth councils or committees	0 days	93%	91%	92%	89%	93%	90%	88%	78%
	1 day	4%	6%	6%	8%	4%	7%	7%	13%
	2 days	1%	2%	1%	2%	2%	2%	3%	6%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	2%
	5 or more days	1%	1%	1%	1%	1%	1%	1%	1%
Artistic lessons, such as music or dance[^]	0 days	88%	64%	89%	71%	90%	75%	90%	81%
	1 day	6%	18%	5%	11%	5%	10%	4%	8%
	2 days	3%	8%	3%	6%	2%	5%	2%	5%
	3 to 4 days	1%	6%	2%	5%	1%	4%	1%	3%
	5 or more days	2%	4%	2%	7%	2%	6%	3%	4%
Physical activity lessons, such as tennis or karate[^]	0 days	72%	72%	76%	69%	81%	77%	84%	81%
	1 day	6%	8%	4%	5%	3%	5%	3%	3%
	2 days	11%	10%	5%	7%	4%	6%	4%	5%
	3 to 4 days	8%	7%	6%	9%	4%	5%	4%	4%
	5 or more days	5%	3%	8%	10%	8%	8%	6%	7%
Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed	0 days	86%	82%	91%	89%	90%	89%	93%	90%
	1 day	8%	11%	5%	6%	6%	6%	4%	6%
	2 days	3%	4%	2%	2%	2%	3%	1%	2%
	3 to 4 days	2%	2%	1%	1%	1%	0%	1%	1%
	5 or more days	1%	2%	1%	1%	1%	1%	1%	1%
Religious activities such as religious services, education or youth group	0 days	76%	71%	62%	53%	66%	55%	75%	63%
	1 day	19%	22%	31%	36%	26%	36%	19%	27%
	2 days	3%	5%	6%	9%	6%	8%	4%	8%
	3 to 4 days	1%	1%	1%	1%	1%	1%	1%	1%
	5 or more days	2%	1%	1%	0%	1%	0%	1%	1%

[^] Change in question wording from 2013.

2016 Minnesota Student Survey

TABLE 14
QUALITY OF YOUTH ACTIVITIES^

East Central

When you spend time doing activities outside of the regular school day, how often do you...		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...feel safe?	Rarely or never	5%	3%	4%	1%	4%	2%	4%	2%
	Sometimes	9%	9%	5%	6%	5%	6%	4%	5%
	Often	27%	27%	26%	32%	25%	30%	24%	28%
	Very often	59%	61%	66%	61%	67%	63%	68%	65%
...learn skills like teamwork or leadership?	Rarely or never	13%	10%	12%	9%	13%	10%	12%	9%
	Sometimes	26%	24%	26%	24%	25%	25%	25%	23%
	Often	31%	31%	33%	33%	33%	35%	33%	36%
	Very often	30%	34%	30%	34%	29%	30%	30%	33%
...develop trusting relationships with peers your age?	Rarely or never	15%	12%	11%	9%	9%	11%	9%	8%
	Sometimes	21%	22%	20%	23%	19%	24%	19%	23%
	Often	30%	29%	35%	33%	38%	33%	37%	35%
	Very often	34%	36%	34%	35%	33%	32%	34%	34%
...develop trusting relationships with adults?	Rarely or never	17%	13%	14%	13%	13%	13%	11%	10%
	Sometimes	25%	24%	24%	27%	25%	29%	23%	25%
	Often	27%	27%	32%	33%	33%	32%	35%	36%
	Very often	31%	35%	30%	28%	29%	26%	30%	29%
...help make decisions?	Rarely or never	18%	14%	12%	9%	11%	9%	10%	7%
	Sometimes	38%	37%	32%	35%	31%	33%	27%	27%
	Often	31%	33%	37%	38%	36%	39%	40%	41%
	Very often	13%	16%	19%	19%	21%	19%	23%	25%
...do something that gives you joy and energy?	Rarely or never	7%	4%	7%	4%	6%	5%	7%	5%
	Sometimes	15%	12%	15%	17%	15%	17%	16%	19%
	Often	30%	30%	35%	33%	35%	36%	37%	38%
	Very often	48%	54%	43%	46%	45%	41%	41%	38%
...learn skills that you can use in a future job?	Rarely or never	17%	18%	13%	15%	11%	14%	12%	11%
	Sometimes	29%	31%	30%	34%	30%	35%	26%	32%
	Often	26%	25%	32%	30%	31%	30%	35%	32%
	Very often	28%	26%	26%	22%	28%	22%	28%	25%

^ All questions on this table were new in 2016. These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2016 Minnesota Student Survey

**TABLE 15
FAMILY COMPOSITION AND SITUATIONS**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Which adults do you live with?	Both biological parents	68%	67%	67%	66%	67%	65%	67%	66%
	Both adoptive parents	2%	1%	2%	2%	2%	1%	1%	2%
	Mother and stepfather	4%	4%	5%	6%	6%	6%	6%	7%
	Father and stepmother	1%	1%	1%	1%	2%	1%	2%	2%
	Mother and partner	1%	1%	1%	2%	1%	2%	1%	2%
	Father and partner	0%	0%	0%	0%	0%	0%	0%	0%
	Mother only	9%	8%	9%	8%	9%	9%	10%	10%
	Father only	1%	1%	2%	1%	2%	3%	3%	3%
	Sometimes with mother, sometimes with father	10%	12%	9%	10%	8%	9%	5%	6%
	Other (relatives, foster care, etc)	3%	2%	2%	2%	3%	2%	3%	3%
	No adults	2%	1%	1%	1%	1%	0%	1%	0%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay?*	No			92%	94%	94%	96%	96%	96%
	Yes, with my parents or an adult family member			7%	5%	5%	4%	3%	3%
	Yes, on my own without any adult family members			1%	1%	1%	1%	1%	1%
Have any of your parents or guardians ever been in jail or prison?*	None of my parents or guardians has ever been in jail or prison			82%	81%	81%	81%	83%	83%
	Yes, I have a parent or guardian in jail or prison right now			2%	2%	2%	2%	2%	1%
	Yes, I have had a parent or guardian in jail or prison in the past			17%	18%	17%	18%	15%	17%

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 16
PARENTAL COMMUNICATION**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Can you talk to your father about problems you are having?	Yes, most of the time	55%	40%	54%	37%	52%	34%	51%	37%
	Yes, some of the time	25%	33%	26%	32%	26%	31%	25%	31%
	No, not very often	11%	16%	10%	16%	10%	19%	11%	16%
	No, not at all	4%	5%	4%	6%	6%	8%	6%	9%
	My father is not around	5%	7%	6%	9%	6%	9%	8%	8%
Can you talk to your mother about problems you are having?	Yes, most of the time	68%	74%	62%	62%	59%	60%	58%	60%
	Yes, some of the time	21%	17%	26%	24%	26%	24%	25%	25%
	No, not very often	7%	5%	8%	9%	9%	10%	9%	9%
	No, not at all	2%	2%	3%	3%	4%	3%	4%	4%
	My mother is not around	1%	2%	2%	2%	2%	3%	3%	2%

2016 Minnesota Student Survey

**TABLE 17
PERCEPTIONS OF FAMILY AND OTHERS CARING**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<i>How much do you feel ...</i> ... your parents care about you?	Not at all	1%	1%	2%	1%	2%	1%	2%	2%
	A little	1%	2%	2%	4%	2%	4%	3%	4%
	Some	3%	4%	4%	7%	5%	8%	5%	8%
	Quite a bit	8%	9%	14%	15%	16%	19%	20%	18%
	Very much	87%	85%	78%	72%	75%	68%	70%	69%
... other adult relatives care about you?	Not at all	1%	1%	2%	2%	2%	2%	2%	3%
	A little	3%	2%	2%	5%	3%	6%	4%	6%
	Some	6%	5%	8%	11%	9%	12%	11%	13%
	Quite a bit	23%	20%	25%	25%	27%	27%	31%	28%
	Very much	67%	71%	63%	58%	58%	53%	52%	51%
... friends care about you?	Not at all	2%	1%	2%	2%	2%	2%	2%	2%
	A little	5%	4%	5%	6%	5%	7%	5%	5%
	Some	16%	10%	18%	12%	18%	15%	18%	19%
	Quite a bit	38%	30%	38%	31%	40%	30%	38%	32%
	Very much	39%	54%	37%	49%	36%	47%	37%	43%
... teachers/ other adults at school care about you?	Not at all	5%	2%	9%	8%	8%	8%	8%	7%
	A little	9%	7%	14%	14%	15%	19%	17%	18%
	Some	17%	17%	27%	29%	30%	30%	31%	33%
	Quite a bit	33%	33%	29%	32%	28%	28%	26%	28%
	Very much	37%	41%	21%	18%	19%	15%	19%	14%
... adults in your community care about you?	Not at all	9%	5%	12%	12%	12%	15%	14%	15%
	A little	13%	11%	16%	18%	19%	21%	21%	22%
	Some	24%	22%	28%	28%	29%	28%	27%	29%
	Quite a bit	28%	32%	25%	25%	22%	21%	20%	20%
	Very much	27%	29%	19%	17%	18%	14%	17%	13%

2016 Minnesota Student Survey

**TABLE 18
FAMILY SUBSTANCE ABUSE; PHYSICAL AND SEXUAL VIOLENCE***

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	8%	10%	9%	12%	11%	12%
	No	92%	90%	91%	88%	89%	88%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	3%	4%	6%	5%	5%	5%
	No	97%	96%	94%	95%	95%	95%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	13%	17%	12%	18%	12%	15%
	No	87%	83%	88%	82%	88%	85%
Has a parent or other adult in your household ever hit, beat, kicked or physically hurt you in any way?	Yes	13%	12%	12%	12%	10%	11%
	No	87%	88%	88%	88%	90%	89%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	6%	8%	6%	8%	5%	8%
	No	94%	92%	94%	92%	95%	92%
Has any adult or other person outside of the family ever touched you sexually against your wishes or forced you to touch them sexually?	Yes	2%	5%	2%	6%	2%	7%
	No	98%	95%	98%	94%	98%	93%
Has any older or stronger member of your family ever touched you or had you touch them sexually?	Yes	2%	3%	2%	4%	2%	4%
	No	98%	97%	98%	96%	98%	96%

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 19
RELATIONSHIP VIOLENCE***

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who called you names or put you down verbally?	Yes	6%	7%	5%	11%	9%	18%
	No	94%	93%	95%	89%	91%	82%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who hit, slapped or physically hurt you on purpose?	Yes	3%	2%	4%	4%	6%	7%
	No	97%	98%	96%	96%	94%	93%
Have you ever had a boyfriend or girlfriend in a dating or serious relationship who pressured you into having sex when you did not want to?***	Yes			3%	7%	5%	16%
	No			97%	93%	95%	84%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: called him/her names or put him/her down verbally?	Yes	2%	2%	3%	4%	5%	8%
	No	98%	98%	97%	96%	95%	92%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: hit, slapped or physically hurt him/her on purpose?	Yes	1%	1%	1%	1%	1%	3%
	No	99%	99%	99%	99%	99%	97%
Have YOU ever done any of the following to a boyfriend or girlfriend in a dating or serious relationship: pressured him/her into having sex when he/she did not want to?***	Yes			2%	0%	3%	1%
	No			98%	100%	97%	99%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 20
GENERAL HEALTH AND HEALTH CONDITIONS**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
How would you describe your health in general?	Excellent	36%	35%	34%	24%	32%	23%	32%	18%
	Very good	38%	41%	39%	43%	38%	41%	36%	41%
	Good	22%	20%	22%	26%	23%	27%	24%	30%
	Fair	4%	3%	5%	6%	5%	8%	7%	8%
	Poor	1%	1%	1%	1%	1%	2%	1%	1%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	15%	14%	15%	17%	15%	19%	15%	17%
	No	85%	86%	85%	83%	85%	81%	85%	83%
Has a doctor or nurse ever told you that you have asthma?	Yes	14%	10%	17%	15%	17%	19%	17%	18%
	No	86%	90%	83%	85%	83%	81%	83%	82%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	5%	4%	5%	3%	4%	3%	4%	3%
	No	95%	96%	95%	97%	96%	97%	96%	97%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*	Yes			14%	20%	11%	24%	13%	26%
	No			86%	80%	89%	76%	87%	74%
Weight status* according to Body Mass Index (BMI)**	Not overweight			75%	79%	72%	78%	71%	78%
	Overweight			15%	14%	15%	14%	14%	15%
	Obese			10%	7%	13%	8%	15%	7%

* 5th grade survey did not ask this question.

** Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile
 Overweight: 85th to less than the 95th percentile
 Obese: Equal to or greater than the 95th percentile

2016 Minnesota Student Survey

TABLE 21
HEALTH CARE ACCESS

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When was the last time you saw a doctor or nurse for a check-up or physical exam when you were not sick or injured?	During the last year	69%	69%	70%	69%	62%	62%	56%	62%
	Between 1 and 2 years ago	17%	18%	23%	26%	26%	28%	29%	26%
	More than 2 years ago	7%	8%	4%	4%	9%	7%	11%	10%
	Never	7%	6%	3%	2%	4%	2%	4%	2%
When was the last time you saw a dentist or dental hygienist for a regular check-up, exam or teeth cleaning or other dental work?	During the last year	80%	81%	82%	84%	81%	84%	79%	82%
	Between 1 and 2 years ago	13%	11%	10%	9%	11%	10%	14%	11%
	More than 2 years ago	4%	5%	5%	5%	6%	5%	6%	7%
	Never	3%	2%	2%	1%	2%	1%	2%	1%
Have you ever been treated for a mental health, emotional or behavioral problem?* (Mark ALL that apply)	No			86%	84%	87%	79%	85%	75%
	Yes, during the last year			8%	11%	7%	15%	8%	17%
	Yes, more than a year ago			8%	8%	9%	11%	9%	13%
Have you ever been treated for an alcohol or drug problem?* (Mark ALL that apply)	No			98%	99%	98%	98%	97%	98%
	Yes, during the last year			1%	1%	2%	1%	2%	2%
	Yes, more than a year ago			1%	0%	1%	0%	1%	1%

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

TABLE 22
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	9%	8%	6%	6%	7%	7%	12%	16%
	1 day	7%	6%	4%	6%	4%	7%	5%	12%
	2 days	9%	10%	7%	9%	6%	10%	9%	16%
	3 days	10%	15%	11%	15%	9%	14%	10%	15%
	4 days	12%	15%	12%	15%	10%	13%	9%	12%
	5 days	14%	16%	18%	22%	21%	23%	19%	14%
	6 days	9%	9%	12%	12%	15%	13%	12%	7%
	7 days	30%	20%	29%	16%	28%	13%	24%	8%
During a typical school week, on how many days do you go to physical education (PE or gym) classes?	0 days	4%	3%	12%	11%	35%	34%	71%	88%
	1 day	9%	7%	3%	2%	2%	1%	1%	1%
	2 days	37%	37%	25%	24%	5%	4%	1%	1%
	3 days	31%	36%	32%	35%	12%	14%	2%	1%
	4 days	11%	10%	2%	1%	2%	2%	1%	1%
	5 days	8%	6%	28%	26%	45%	45%	24%	8%
During a typical school night, how many hours of sleep do you get?	4 hours or less	2%	2%	4%	5%	4%	6%	5%	6%
	5 hours	3%	2%	5%	7%	6%	9%	9%	13%
	6 hours	6%	5%	12%	14%	17%	20%	23%	28%
	7 hours	12%	9%	23%	27%	28%	31%	33%	31%
	8 hours	22%	24%	34%	32%	30%	25%	23%	17%
	9 hours	29%	30%	17%	12%	11%	8%	5%	3%
	10 or more hours	26%	29%	6%	4%	3%	2%	1%	1%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times			97%	98%	97%	97%	97%	91%
	1 or 2 times			1%	2%	1%	1%	1%	3%
	3 to 9 times			1%	0%	1%	1%	1%	3%
	10 to 19 times			0%	0%	1%	0%	0%	2%
	20 to 39 times			0%	0%	0%	0%	0%	1%
	40 or more times			1%	0%	1%	0%	0%	0%

* 5th grade survey did not ask this question.

2016 Minnesota Student Survey

**TABLE 23
EATING MEALS**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?^	Yes	3%	5%	4%	5%	5%	5%	5%	5%
	No	97%	95%	96%	95%	95%	95%	95%	95%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch	4%	3%	7%	12%	7%	13%	8%	11%
	Regular school lunch from the cafeteria	81%	81%	80%	70%	80%	66%	77%	63%
	The a la carte line (buy individual items)	6%	4%	16%	14%	18%	19%	19%	20%
	School store or vending machine	2%	1%	2%	2%	4%	2%	3%	2%
	Fast food restaurant, gas station or somewhere else outside of school	5%	4%	2%	1%	2%	2%	5%	4%
	I bring lunch from home	32%	44%	22%	35%	16%	31%	15%	34%
Do you currently get free or reduced-price lunch at school?	Yes	25%	27%	25%	27%	26%	25%	21%	22%
	No	75%	73%	75%	73%	74%	75%	79%	78%

2016 Minnesota Student Survey

**TABLE 24A
NUTRITION**

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice?	I did NOT eat or drink this	22%	19%	23%	25%	22%	27%	24%	26%
	1 to 3 times in the last 7 days	39%	42%	40%	45%	40%	42%	36%	43%
	4 to 6 times in the last 7 days	14%	15%	15%	13%	15%	12%	16%	13%
	1 time per day	11%	11%	9%	9%	11%	9%	11%	10%
	2 times per day	5%	6%	6%	5%	5%	5%	6%	4%
	3 times per day	3%	2%	2%	1%	2%	2%	2%	2%
	4 or more times per day	7%	5%	4%	2%	4%	3%	4%	2%
During the last 7 days, how many times did you eat fruit?	I did NOT eat or drink this	8%	4%	9%	5%	8%	5%	10%	6%
	1 to 3 times in the last 7 days	28%	24%	27%	27%	28%	26%	29%	27%
	4 to 6 times in the last 7 days	20%	19%	22%	22%	20%	20%	20%	20%
	1 time per day	15%	17%	17%	17%	19%	18%	18%	17%
	2 times per day	12%	15%	11%	15%	13%	16%	12%	17%
	3 times per day	6%	8%	6%	7%	5%	8%	5%	7%
	4 or more times per day	12%	14%	8%	7%	7%	7%	6%	6%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables (Do not count French fries, fried potatoes or potato chips)?	I did NOT eat or drink this	15%	9%	14%	9%	13%	8%	13%	7%
	1 to 3 times in the last 7 days	31%	28%	30%	29%	30%	27%	29%	27%
	4 to 6 times in the last 7 days	18%	19%	20%	21%	21%	20%	22%	21%
	1 time per day	15%	17%	18%	19%	18%	21%	19%	20%
	2 times per day	9%	11%	9%	13%	10%	13%	11%	15%
	3 times per day	4%	6%	4%	5%	3%	5%	3%	5%
	4 or more times per day	8%	9%	5%	5%	5%	6%	4%	5%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	37%	38%	34%	32%	29%	31%	22%	25%
	1 to 3 times in the last 7 days	52%	52%	57%	60%	60%	60%	61%	61%
	4 to 6 times in the last 7 days	5%	4%	5%	5%	6%	6%	10%	9%
	1 time per day	4%	4%	2%	2%	3%	2%	4%	3%
	2 times per day	1%	1%	1%	1%	1%	1%	2%	1%
	3 times per day	0%	0%	0%	0%	0%	0%	1%	1%
	4 or more times per day	1%	1%	1%	1%	1%	1%	1%	1%

2016 Minnesota Student Survey

TABLE 24B
NUTRITION

East Central

How many cans, bottles or glasses of each of the following did you drink yesterday?		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Milk	0	17%	21%	15%	29%	16%	29%	16%	32%
	1 to 2	48%	52%	48%	49%	47%	49%	48%	48%
	3 to 4	22%	19%	24%	15%	23%	16%	24%	15%
	5 to 6	6%	4%	7%	4%	8%	4%	7%	3%
	7 or more	8%	4%	6%	2%	6%	2%	6%	2%
Pop or soda	0	60%	67%	51%	66%	49%	67%	44%	65%
	1 to 2	33%	29%	39%	30%	39%	28%	40%	28%
	3 to 4	4%	2%	7%	3%	8%	4%	10%	5%
	5 to 6	1%	1%	2%	1%	2%	1%	3%	1%
	7 or more	2%	1%	1%	1%	2%	1%	2%	1%
Sports drinks, such as Gatorade or Powerade	0	62%	73%	66%	77%	61%	77%	63%	79%
	1 to 2	26%	21%	26%	18%	28%	18%	26%	17%
	3 to 4	6%	4%	5%	3%	6%	4%	7%	3%
	5 to 6	3%	1%	2%	1%	2%	1%	2%	1%
	7 or more	3%	1%	2%	1%	1%	0%	2%	0%
Energy drinks, such as Red Bull or Jolt	0	91%	97%	91%	95%	89%	95%	88%	93%
	1 to 2	6%	2%	6%	4%	8%	4%	9%	5%
	3 to 4	1%	0%	1%	1%	2%	1%	1%	1%
	5 to 6	0%	0%	1%	0%	1%	0%	1%	0%
	7 or more	1%	0%	1%	0%	1%	0%	1%	0%
Other sugar-sweetened drinks, such as sweet tea, lemonade, coffee drinks or juice drinks	0	46%	41%	52%	46%	50%	48%	53%	47%
	1 to 2	41%	48%	36%	45%	38%	43%	34%	42%
	3 to 4	8%	7%	8%	7%	8%	7%	8%	9%
	5 to 6	2%	2%	2%	1%	2%	2%	3%	2%
	7 or more	3%	2%	1%	1%	1%	1%	1%	1%
Water	0	4%	3%	4%	4%	4%	3%	6%	4%
	1 to 2	15%	17%	18%	21%	18%	23%	21%	22%
	3 to 4	23%	23%	27%	30%	27%	30%	28%	31%
	5 to 6	17%	18%	21%	21%	22%	20%	21%	23%
	7 or more	40%	39%	31%	25%	30%	24%	25%	21%

2016 Minnesota Student Survey

TABLE 25
VEHICLE SAFETY

East Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, how often do you wear a seat belt?*	I don't drive a car					49%	56%	9%	9%
	I never do this					1%	0%	2%	1%
	Sometimes					3%	2%	4%	2%
	Often					5%	4%	7%	4%
	Always					42%	39%	79%	85%
When driving a car, how often do you send or read incoming text messages or emails?^	I don't drive a car					57%	66%	12%	12%
	I never do this					33%	26%	43%	42%
	Sometimes					5%	3%	31%	35%
	Often					2%	2%	9%	8%
	Always					3%	3%	5%	3%
When driving a car, how often do you make or answer a phone call?*	I don't drive a car					57%	66%	12%	11%
	I never do this					28%	23%	25%	28%
	Sometimes					10%	7%	43%	44%
	Often					3%	2%	14%	13%
	Always					3%	2%	7%	4%
How often do you wear a seat belt when you ride in the FRONT seat of a car?	I don't ride in the front seat	18%	20%	1%	1%	1%	1%	1%	0%
	Always	72%	74%	83%	87%	84%	87%	86%	91%
	Often	6%	4%	10%	9%	9%	8%	7%	6%
	Sometimes	4%	2%	4%	3%	5%	3%	5%	2%
	I never wear a seatbelt	1%	0%	1%	1%	1%	0%	2%	1%
How often do you wear a seat belt when you ride in the BACK seat of a car?	I don't ride in the back seat	7%	5%	5%	3%	4%	2%	4%	2%
	Always	79%	85%	72%	74%	72%	72%	74%	77%
	Often	8%	7%	13%	14%	13%	15%	11%	12%
	Sometimes	5%	3%	7%	7%	8%	9%	7%	8%
	I never wear a seatbelt	2%	1%	3%	2%	3%	2%	3%	2%

* 5th and 8th grade surveys did not ask this question.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

TABLE 26A
SELF DESCRIPTION[^]

East Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I feel in control of my life and future.*	Not at all or rarely	11%	9%	4%	7%	4%	8%	6%	7%
	Somewhat or sometimes	29%	27%	16%	23%	18%	27%	22%	32%
	Very or often	39%	39%	39%	37%	41%	40%	39%	37%
	Extremely or almost always	21%	25%	40%	33%	37%	26%	32%	24%
I feel good about myself.	Not at all or rarely	4%	4%	5%	11%	4%	14%	5%	12%
	Somewhat or sometimes	13%	15%	16%	28%	16%	31%	19%	33%
	Very or often	36%	35%	38%	33%	41%	34%	43%	37%
	Extremely or almost always	47%	46%	42%	28%	39%	22%	33%	18%
I feel good about my future.	Not at all or rarely	4%	4%	4%	6%	5%	7%	7%	8%
	Somewhat or sometimes	13%	14%	16%	21%	18%	25%	21%	30%
	Very or often	35%	34%	38%	36%	38%	37%	41%	36%
	Extremely or almost always	48%	49%	41%	37%	39%	31%	31%	26%
I deal with disappointment without getting too upset.	Not at all or rarely	12%	10%	9%	12%	10%	13%	8%	13%
	Somewhat or sometimes	31%	31%	27%	33%	27%	36%	29%	39%
	Very or often	38%	38%	40%	37%	40%	37%	41%	35%
	Extremely or almost always	19%	21%	24%	18%	23%	15%	22%	13%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	7%	7%	7%	11%	8%	12%	7%	10%
	Somewhat or sometimes	23%	23%	22%	32%	24%	32%	27%	37%
	Very or often	41%	38%	43%	35%	42%	37%	42%	37%
	Extremely or almost always	30%	32%	29%	22%	26%	19%	23%	16%
I am thinking about what my purpose is in life.**	Not at all or rarely	5%	4%	9%	7%	10%	7%	7%	6%
	Somewhat or sometimes	16%	13%	21%	21%	22%	23%	21%	19%
	Very or often	30%	31%	36%	35%	36%	36%	39%	39%
	Extremely or almost always	50%	51%	34%	36%	32%	35%	33%	37%

* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

** On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2016 Minnesota Student Survey

TABLE 26B
SELF DESCRIPTION[^]

East Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I say no to things that are dangerous or unhealthy.	Not at all or rarely	11%	8%	6%	5%	7%	5%	8%	6%
	Somewhat or sometimes	14%	10%	16%	13%	20%	17%	24%	24%
	Very or often	23%	19%	26%	24%	27%	26%	31%	28%
	Extremely or almost always	52%	63%	52%	58%	46%	52%	37%	42%
I build friendships with other people.	Not at all or rarely	6%	4%	5%	6%	5%	7%	5%	6%
	Somewhat or sometimes	20%	17%	20%	21%	21%	25%	22%	26%
	Very or often	38%	36%	39%	36%	41%	37%	41%	41%
	Extremely or almost always	36%	42%	36%	37%	33%	31%	32%	28%
I express my feelings in proper ways.	Not at all or rarely	10%	7%	10%	10%	10%	10%	11%	10%
	Somewhat or sometimes	29%	25%	27%	30%	29%	31%	31%	34%
	Very or often	41%	43%	43%	40%	41%	40%	40%	39%
	Extremely or almost always	20%	26%	20%	20%	21%	18%	19%	18%
I plan ahead and make good choices.	Not at all or rarely	6%	3%	6%	4%	6%	5%	7%	5%
	Somewhat or sometimes	24%	19%	24%	25%	27%	27%	30%	28%
	Very or often	44%	41%	44%	40%	42%	39%	41%	41%
	Extremely or almost always	27%	37%	26%	31%	24%	28%	22%	26%
I stay away from bad influences.	Not at all or rarely	6%	4%	6%	6%	7%	6%	9%	9%
	Somewhat or sometimes	16%	11%	18%	17%	21%	21%	28%	27%
	Very or often	30%	25%	32%	29%	32%	28%	33%	29%
	Extremely or almost always	48%	60%	43%	48%	41%	45%	31%	36%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	7%	3%	7%	4%	7%	5%	6%	4%
	Somewhat or sometimes	20%	14%	23%	22%	25%	24%	26%	26%
	Very or often	38%	34%	40%	39%	40%	40%	41%	43%
	Extremely or almost always	35%	48%	31%	35%	28%	32%	28%	27%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2016 Minnesota Student Survey

TABLE 26C
SELF DESCRIPTION[^]

East Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
I accept people who are different from me.	Not at all or rarely	3%	2%	3%	1%	4%	1%	4%	1%
	Somewhat or sometimes	9%	5%	13%	6%	16%	7%	17%	7%
	Very or often	34%	25%	40%	33%	41%	35%	42%	37%
	Extremely or almost always	53%	68%	44%	60%	39%	57%	37%	55%
I am sensitive to the needs and feelings of others.	Not at all or rarely	10%	5%	9%	4%	9%	4%	7%	3%
	Somewhat or sometimes	23%	15%	25%	17%	26%	15%	23%	14%
	Very or often	37%	35%	38%	36%	39%	38%	41%	41%
	Extremely or almost always	30%	45%	28%	43%	27%	42%	29%	42%
I feel valued and appreciated by others.	Not at all or rarely	7%	5%	7%	11%	7%	11%	8%	9%
	Somewhat or sometimes	18%	18%	21%	27%	24%	30%	26%	33%
	Very or often	37%	33%	41%	34%	41%	35%	41%	36%
	Extremely or almost always	38%	44%	31%	29%	28%	25%	25%	21%
I am included in family tasks and decisions.	Not at all or rarely	6%	5%	6%	7%	6%	7%	7%	8%
	Somewhat or sometimes	18%	15%	18%	22%	20%	22%	21%	22%
	Very or often	38%	34%	40%	33%	41%	36%	42%	37%
	Extremely or almost always	39%	46%	36%	38%	32%	36%	30%	33%
I am given useful roles and responsibilities.	Not at all or rarely	5%	5%	5%	5%	5%	5%	5%	5%
	Somewhat or sometimes	16%	13%	18%	20%	20%	20%	20%	20%
	Very or often	39%	33%	41%	35%	45%	38%	46%	41%
	Extremely or almost always	39%	49%	36%	40%	30%	37%	29%	34%

[^] These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2016 Minnesota Student Survey

**TABLE 27A
EMOTIONAL WELL-BEING AND DISTRESS*^**

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Over the last 2 weeks, how often have you been bothered by little interest or pleasure in doing things?	Not at all	57%	51%	57%	47%	55%	42%
	Several days	26%	31%	28%	32%	28%	35%
	More than half the days	9%	10%	9%	12%	11%	14%
	Nearly every day	7%	8%	7%	9%	6%	9%
Over the last 2 weeks, how often have you been bothered by feeling down, depressed or hopeless?	Not at all	73%	53%	71%	50%	65%	46%
	Several days	17%	26%	19%	27%	22%	32%
	More than half the days	5%	10%	5%	11%	8%	12%
	Nearly every day	5%	11%	4%	12%	5%	10%

* 5th grade survey did not ask these questions.

^ Both questions on this table were new in 2016.

2016 Minnesota Student Survey

TABLE 27B
EMOTIONAL WELL-BEING AND DISTRESS*

East Central

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade	
		5th	
		Male	Female
		%	%
I worry a lot	Strongly agree	10%	13%
	Agree	19%	26%
	Neither agree nor disagree	30%	30%
	Disagree	23%	19%
	Strongly disagree	17%	12%
I sometimes feel bad without knowing why	Strongly agree	12%	18%
	Agree	26%	32%
	Neither agree nor disagree	22%	19%
	Disagree	18%	16%
	Strongly disagree	22%	15%

* Only 5th grade survey asked these questions.

2016 Minnesota Student Survey

**TABLE 28
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR***

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	90%	79%	90%	76%	91%	79%
	1 or 2 times	5%	9%	5%	10%	4%	9%
	3 to 5 times	2%	4%	2%	4%	1%	4%
	6 to 9 times	1%	3%	1%	3%	1%	3%
	10 to 19 times	1%	1%	1%	3%	1%	2%
	20 or more times	1%	4%	1%	4%	1%	3%
Have you ever seriously considered attempting suicide? (Mark all that apply)	No	87%	78%	87%	73%	83%	70%
	Yes, during the last year	8%	16%	7%	17%	8%	16%
	Yes, more than a year ago	7%	11%	8%	16%	11%	20%
Have you ever actually attempted suicide? (Mark all that apply)	No	95%	93%	95%	88%	94%	88%
	Yes, during the last year	3%	5%	2%	6%	3%	5%
	Yes, more than a year ago	3%	4%	3%	7%	4%	9%

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 29
PROBLEMATIC AND ANTISOCIAL BEHAVIOR**

East Central

			Grade								
			5th		8th		9th		11th		
			Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %	
<i>During the last 12 months...</i>											
...did you do any of the following TWO OR MORE TIMES?*	Lie or con to get things you wanted or to avoid having to do something	Yes			48%	50%	52%	50%	51%	49%	
		No			52%	50%	48%	50%	49%	51%	
	Have a hard time paying attention at school, work or home	Yes			57%	61%	60%	64%	66%	71%	
		No			43%	39%	40%	36%	34%	29%	
	Have a hard time listening to instructions at school, work or home	Yes			45%	46%	49%	47%	50%	51%	
		No			55%	54%	51%	53%	50%	49%	
	Be a bully or threaten other people	Yes			10%	7%	10%	6%	9%	6%	
		No			90%	93%	90%	94%	91%	94%	
	Start fights with other people	Yes			11%	8%	10%	7%	9%	6%	
		No			89%	92%	90%	93%	91%	94%	
	...how often have you run away from home?	Never		95%	96%	96%	94%	95%	93%	94%	94%
		Once or twice		4%	3%	3%	5%	4%	5%	4%	5%
		3 to 5 times		0%	0%	0%	0%	1%	1%	1%	1%
		6 to 9 times		0%	0%	0%	0%	0%	0%	0%	0%
10 or more times			0%	0%	0%	0%	0%	0%	0%	0%	
...how often have you damaged or destroyed property?	Never		82%	92%	85%	90%	83%	91%	82%	92%	
	Once or twice		15%	7%	12%	8%	14%	7%	14%	7%	
	3 to 5 times		2%	1%	2%	1%	2%	1%	3%	1%	
	6 to 9 times		0%	0%	1%	0%	0%	0%	1%	0%	
	10 or more times		1%	0%	0%	0%	1%	0%	1%	0%	
...how often have you hit or beat up another person?	Never		77%	89%	85%	92%	86%	93%	89%	95%	
	Once or twice		17%	8%	12%	6%	11%	6%	8%	4%	
	3 to 5 times		3%	1%	2%	1%	2%	1%	2%	1%	
	6 to 9 times		1%	0%	0%	0%	1%	0%	0%	0%	
	10 or more times		2%	1%	1%	0%	1%	0%	0%	0%	
...how often have you taken something from a store without paying for it?	Never		96%	98%	93%	94%	91%	92%	90%	90%	
	Once or twice		3%	2%	5%	4%	6%	6%	7%	6%	
	3 to 5 times		0%	0%	1%	1%	2%	1%	2%	2%	
	6 to 9 times		0%	0%	0%	0%	1%	1%	1%	1%	
	10 or more times		0%	0%	1%	0%	1%	1%	1%	1%	

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

TABLE 30A
GAMBLING BEHAVIOR*^

East Central

		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>							
Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling	Not at all	60%	79%	59%	81%	58%	82%
	Less than once a month	21%	14%	21%	11%	19%	11%
	About once a month	8%	4%	10%	4%	11%	4%
	About once a week	5%	1%	4%	2%	6%	2%
	2 to 6 times a week	3%	1%	3%	1%	4%	1%
	Daily	3%	1%	3%	1%	3%	1%
Bought lottery tickets or scratch offs	Not at all	89%	91%	88%	92%	86%	92%
	Less than once a month	7%	6%	7%	6%	8%	5%
	About once a month	2%	2%	3%	1%	3%	2%
	About once a week	1%	0%	1%	0%	2%	1%
	2 to 6 times a week	0%	0%	0%	0%	1%	0%
	Daily	1%	0%	1%	0%	1%	0%
Gambled in a casino	Not at all	97%	99%	97%	99%	95%	98%
	Less than once a month	2%	1%	1%	1%	2%	1%
	About once a month	0%	0%	1%	0%	2%	0%
	About once a week	0%	0%	0%	0%	0%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	1%	0%	1%	0%
Gambled for money online	Not at all	94%	99%	95%	99%	94%	99%
	Less than once a month	3%	0%	2%	0%	3%	0%
	About once a month	1%	0%	1%	0%	1%	0%
	About once a week	1%	0%	1%	0%	1%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	1%	0%	1%	0%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2016.

2016 Minnesota Student Survey

TABLE 30B
GAMBLING BEHAVIOR*^

East Central

INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES IN THE LAST 12 MONTHS		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...hidden your gambling/betting from your parents, other family members or teachers?	Never	91%	97%	93%	95%	90%	96%
	Sometimes	5%	2%	5%	2%	6%	2%
	Many times	1%	1%	1%	1%	2%	1%
	All of the time	2%	1%	2%	1%	3%	1%
...felt that you might have a problem with gambling/betting?	Never	95%	98%	94%	96%	93%	97%
	Sometimes	3%	1%	4%	3%	5%	2%
	Many times	0%	0%	1%	1%	1%	0%
	All of the time	1%	0%	1%	1%	1%	1%
...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?	Never	97%	98%	96%	96%	94%	98%
	Sometimes	2%	1%	2%	2%	4%	1%
	Many times	0%	0%	1%	1%	1%	0%
	All of the time	1%	0%	1%	1%	1%	0%

* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2016.

2016 Minnesota Student Survey

**TABLE 30C
GAMBLING BEHAVIOR*^**

East Central

		Grade	
		5th	
		Male	Female
		%	%
During the last 12 months, have you done any gambling, such as playing cards, betting on sports teams or games of personal skill like video gaming, pool, golf or bowling, or buying lottery tickets/scratch offs?	Yes	30%	15%
	No	70%	85%

* Only 5th grade survey asked this question.

^ The question on this table was new in 2016.

2016 Minnesota Student Survey

TABLE 31
SUMMARY OF SUBSTANCE USE**

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	95%	96%	91%	94%	80%	87%
	Yes	5%	4%	9%	6%	20%	13%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days [^]	No	92%	92%	86%	87%	72%	78%
	Yes	8%	8%	14%	13%	28%	22%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	99%	100%	98%	99%	92%	96%
	Yes	1%	0%	2%	1%	8%	4%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	76%	78%	70%	68%	50%	48%
	Used only alcohol in the past year	12%	12%	14%	16%	23%	24%
	Used alcohol and marijuana in past year, but not other drugs	1%	2%	4%	5%	11%	13%
	Used marijuana or other drugs but not alcohol in the past year	5%	4%	5%	4%	5%	4%
	Used alcohol and marijuana or other drugs in the past year	5%	5%	7%	7%	10%	11%

** These are all computed variables based on combinations of responses to two or more survey items.

[^] New computed variable in 2016.

2016 Minnesota Student Survey

**TABLE 32
SUBSTANCE ABUSE***

East Central

		Grade	
		5th	
		Male	Female
		%	%
During the last 30 days, have you smoked any cigarettes?	Yes	1%	0%
	No	99%	100%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers and liquor?	Yes	5%	3%
	No	95%	97%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	1%	1%
	No	99%	99%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	Yes	2%	2%
	No	98%	98%
During the last 12 months, have you used prescription drugs that were not prescribed for you by a doctor or that you took to get high?^	Yes	1%	1%
	No	99%	99%

* Only 5th grade survey asked these questions.

^ New question in 2016.

2016 Minnesota Student Survey

TABLE 33
TOBACCO USE*

East Central

		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
<i>During the last 30 days, on how many days did you ...</i>							
...smoke a cigarette?	0 days	97%	97%	95%	94%	88%	89%
	1 to 2 days	2%	2%	2%	2%	4%	5%
	3 to 9 days	0%	1%	1%	1%	3%	2%
	10 to 19 days	0%	0%	0%	1%	1%	2%
	20 to 29 days	0%	0%	0%	1%	1%	1%
	All 30 days	0%	0%	1%	1%	2%	1%
...smoke cigars, cigarillos or little cigars?	0 days	98%	99%	96%	98%	88%	95%
	1 to 2 days	1%	0%	2%	1%	7%	3%
	3 to 9 days	0%	0%	1%	0%	3%	1%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	97%	99%	94%	99%	88%	98%
	1 to 2 days	2%	1%	3%	1%	4%	1%
	3 to 9 days	0%	0%	1%	0%	2%	1%
	10 to 19 days	0%	0%	1%	0%	2%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	1%	0%	3%	0%
...use an electronic cigarette (e-cigarette, e-hookah, vaping pen)?^	0 days	93%	93%	89%	89%	79%	83%
	1 to 2 days	3%	4%	4%	6%	7%	8%
	3 to 9 days	2%	1%	2%	3%	5%	3%
	10 to 19 days	1%	1%	2%	1%	3%	2%
	20 to 29 days	0%	0%	1%	1%	2%	1%
	All 30 days	1%	0%	2%	1%	4%	1%
...use a hookah or a waterpipe to smoke tobacco?^	0 days	98%	99%	97%	98%	95%	97%
	1 to 2 days	1%	1%	1%	1%	2%	2%
	3 to 9 days	0%	0%	0%	0%	1%	1%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
During the last 30 days, on how many days did you smoke cigarettes or other tobacco products that were flavored to taste like mint or menthol?^	0 days	96%	97%	95%	95%	89%	91%
	1 to 2 days	2%	2%	2%	3%	4%	4%
	3 to 9 days	1%	1%	1%	1%	2%	2%
	10 to 19 days	0%	0%	1%	1%	2%	1%
	20 to 29 days	0%	0%	0%	0%	1%	1%
	All 30 days	1%	0%	1%	0%	2%	1%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?^	0 days	96%	95%	93%	94%	87%	89%
	1 to 2 days	2%	3%	3%	4%	5%	6%
	3 to 9 days	1%	1%	1%	1%	3%	3%
	10 to 19 days	1%	0%	1%	1%	2%	1%
	20 to 29 days	0%	0%	1%	0%	1%	1%
	All 30 days	0%	0%	1%	0%	3%	0%

* 5th grade survey did not ask these questions.

^ New questions in 2016.

2016 Minnesota Student Survey*

**TABLE 34
EXPOSURE TO SECONDHAND SMOKE**

East Central

		Grade	
		5th	
		Male	Female
		%	%
During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?	0 days	73%	73%
	1 or 2 days	17%	16%
	3 or 4 days	4%	4%
	5 or 6 days	2%	2%
	All 7 days	5%	5%
During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?	0 days	80%	83%
	1 or 2 days	10%	9%
	3 or 4 days	4%	3%
	5 or 6 days	2%	2%
	All 7 days	4%	4%

* Only 5th grade survey asked these questions.

2016 Minnesota Student Survey

**TABLE 35
ALCOHOL USE FREQUENCY AND QUANTITY***

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	91%	91%	87%	86%	71%	72%
	1 or 2 days	6%	6%	8%	10%	14%	16%
	3 to 5 days	1%	2%	3%	3%	7%	7%
	6 to 9 days	1%	0%	1%	1%	5%	3%
	10 to 19 days	0%	0%	1%	1%	2%	2%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	83%	83%	76%	73%	57%	53%
	1-2	11%	11%	11%	14%	15%	17%
	3-5	3%	3%	6%	7%	9%	11%
	6-9	2%	2%	3%	3%	6%	7%
	10-19	1%	1%	2%	2%	6%	6%
	20-39	0%	0%	1%	1%	4%	4%
	40+	1%	0%	1%	1%	5%	2%
If you drink beer/wine/wine coolers/liquor, generally how much (if any) do you drink at one time?	I don't drink beer/wine/wine coolers/liquor	89%	90%	81%	79%	62%	58%
	1 glass/can/drink	7%	7%	8%	11%	9%	13%
	2 glasses/cans/drinks	1%	2%	4%	5%	6%	8%
	3 glasses/cans/drinks	1%	1%	2%	3%	6%	8%
	4 glasses/cans/drinks	0%	0%	1%	1%	4%	5%
	5 or more glasses/cans/drinks	1%	1%	3%	2%	13%	7%
During the past 30 days, on how many days did you have 5 or more drinks in a row, that is, within a couple of hours?	0 days	97%	98%	94%	95%	83%	86%
	1 day	1%	1%	2%	3%	6%	6%
	2 days	1%	1%	2%	1%	4%	4%
	3 to 5 days	0%	0%	1%	1%	4%	3%
	6 to 9 days	0%	0%	1%	0%	2%	1%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 or more days	0%	0%	0%	0%	1%	0%

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 36
AGE OF FIRST USE OF ALCOHOL AND MARIJUANA***

East Central

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
How old were you when you had your first drink of an alcoholic beverage, such as beer, wine, wine coolers and liquor, other than a few sips?	I have never had a drink of alcohol other than a few sips	64%	65%	45%	42%
	10 years old or younger	9%	6%	7%	4%
	11 years old	3%	3%	2%	2%
	12 years old	6%	5%	5%	4%
	13 years old	5%	8%	5%	6%
	14 years old	9%	11%	9%	9%
	15 years old	4%	3%	11%	16%
	16 years old	0%	0%	12%	13%
	17 years old or older	0%	0%	4%	3%
How old were you when you tried marijuana (pot, weed) or hashish (hash, hash oil) for the first time? (Do NOT count medical marijuana prescribed for you by a doctor)^	I have never tried marijuana or hashish	86%	88%	71%	70%
	10 years old or younger	1%	1%	1%	1%
	11 years old	1%	1%	1%	0%
	12 years old	2%	2%	3%	2%
	13 years old	3%	3%	3%	3%
	14 years old	4%	5%	5%	5%
	15 years old	2%	2%	7%	8%
	16 years old	0%	0%	8%	9%
	17 years old or older	0%	0%	2%	2%

* 5th and 8th grade surveys did not ask these questions.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

**TABLE 37
USE OF MARIJUANA AND PRESCRIPTION DRUGS***

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)^	0 days	95%	96%	92%	93%	83%	85%
	1 to 2 days	2%	2%	3%	3%	5%	6%
	3 to 5 days	1%	1%	1%	1%	2%	3%
	6 to 9 days	1%	0%	1%	1%	3%	2%
	10 to 19 days	0%	0%	1%	1%	3%	2%
	20 to 29 days	0%	0%	1%	0%	2%	1%
	All 30 days	1%	0%	1%	1%	3%	1%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)^	0	94%	95%	89%	90%	78%	76%
	1-2	2%	2%	3%	4%	5%	7%
	3-5	1%	1%	2%	2%	3%	4%
	6-9	0%	0%	1%	1%	2%	3%
	10-19	1%	1%	1%	1%	3%	3%
	20-39	1%	0%	1%	1%	2%	3%
	40+	1%	1%	3%	2%	8%	4%
During the last 30 days, on how many days did you use prescription drugs not prescribed for you?	0 days	96%	95%	95%	95%	94%	94%
	1 to 2 days	2%	3%	2%	3%	3%	4%
	3 to 5 days	0%	1%	1%	1%	1%	1%
	6 to 9 days	0%	0%	0%	1%	1%	0%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	1%	0%	1%	0%

* 5th grade survey did not ask these questions.

^ Change in question wording from 2013.

2016 Minnesota Student Survey

TABLE 38
PRESCRIPTION DRUG USE*^

East Central

<i>During the last 12 months, on how many occasions have you used any of the following prescription drugs that were NOT prescribed for you or that you took ONLY to get high?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Stimulants such as Benzedrine (bennies, speed, uppers, pep pills) or diet pills	0	99%	99%	99%	99%	98%	99%
	1 to 2	0%	0%	0%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
ADHD or ADD drugs like Ritalin (hyper pills)	0	98%	99%	97%	98%	95%	96%
	1 to 2	1%	1%	1%	1%	2%	2%
	3 to 5	0%	0%	1%	1%	1%	1%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	1%	0%	1%	0%
Pain relievers such as Oxycodone, OxyContin (oxy), Percocet, Percodan, Vicodin or others	0	98%	98%	97%	96%	95%	95%
	1 to 2	2%	2%	1%	2%	2%	3%
	3 to 5	0%	0%	1%	1%	2%	1%
	6 to 9	0%	0%	1%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	1%	0%
Tranquilizers such as Valium, Xanax, nerve pills or sedatives or barbiturates (downers)	0	99%	99%	98%	98%	97%	98%
	1 to 2	0%	1%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Due to methodological issues, results for these questions cannot be compared to the results from 2013.

2016 Minnesota Student Survey

**TABLE 39
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE*[^]**

East Central

		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
...LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	99%	99%	97%	99%	96%	97%
	1 to 2	1%	0%	1%	1%	2%	2%
	3 to 5	0%	0%	1%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...MDMA (E, X, ecstasy), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	99%	100%	98%	99%	98%	98%
	1 to 2	0%	0%	1%	0%	1%	1%
	3 to 5	0%	0%	1%	0%	0%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...crack, coke or cocaine in any other form?	0	99%	99%	98%	99%	97%	99%
	1 to 2	0%	0%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	1%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...heroin?	0	99%	100%	99%	100%	99%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

[^] Due to methodological issues, results for these questions cannot be compared to the results from 2013.

2016 Minnesota Student Survey

TABLE 40
METHAMPHETAMINE, OVER-THE-COUNTER DRUG, SYNTHETIC DRUG AND INHALANT USE*^

East Central

<i>During the last 12 months, on how many occasions (if any) have you ...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	99%	100%	99%	99%	99%	99%
	1 to 2	0%	0%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	97%	97%	96%	97%	96%	96%
	1 to 2	2%	2%	2%	2%	2%	2%
	3 to 5	1%	1%	1%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	1%	0%	0%	0%
...used synthetic drugs such as bath salts (Ivory Wave, White Lightning) or synthetic marijuana (K2, Gold) that you took only to get high?	0	99%	99%	98%	98%	98%	99%
	1 to 2	1%	1%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	98%	98%	98%	98%	98%	99%
	1 to 2	1%	1%	1%	1%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

* 5th grade survey did not ask these questions.

^ Due to methodological issues, results for these questions cannot be compared to the results from 2013.

2016 Minnesota Student Survey

**TABLE 41
PERCEIVED RISK OF HARM FROM SUBSTANCE USE**

East Central

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
... smoke one or more packs of cigarettes per day?	No risk	17%	16%	17%	11%	16%	10%	16%	10%
	Slight risk	7%	7%	7%	9%	9%	11%	10%	9%
	Moderate risk	15%	15%	18%	17%	19%	19%	18%	16%
	Great risk	60%	63%	58%	63%	57%	61%	56%	65%
... have five or more drinks of an alcoholic beverage once or twice per week?	No risk	20%	16%	19%	11%	17%	9%	18%	9%
	Slight risk	16%	12%	18%	16%	17%	14%	22%	16%
	Moderate risk	25%	27%	26%	29%	29%	32%	27%	33%
	Great risk	39%	44%	38%	44%	37%	44%	33%	42%
... smoke marijuana once or twice per week?	No risk	19%	17%	24%	15%	27%	17%	35%	23%
	Slight risk	8%	8%	14%	15%	17%	19%	24%	24%
	Moderate risk	19%	21%	19%	23%	20%	24%	17%	22%
	Great risk	54%	54%	43%	47%	37%	40%	24%	31%
... use prescription drugs not prescribed for them?	No risk	19%	17%	17%	10%	15%	9%	15%	8%
	Slight risk	5%	5%	7%	9%	8%	10%	9%	8%
	Moderate risk	15%	15%	20%	21%	25%	24%	24%	24%
	Great risk	61%	62%	56%	60%	52%	57%	52%	60%

2016 Minnesota Student Survey

**TABLE 42
PERCEPTIONS OF OTHERS' DISAPPROVAL OF SUBSTANCE USE**

East Central

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	5%	4%	7%	3%	6%	3%	6%	3%
	A little bit wrong	1%	1%	2%	2%	3%	2%	6%	5%
	Wrong	6%	6%	9%	9%	13%	12%	17%	15%
	Very wrong	88%	89%	83%	86%	79%	83%	71%	77%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	6%	5%	8%	3%	7%	3%	9%	5%
	A little bit wrong	5%	3%	4%	3%	5%	3%	10%	8%
	Wrong	10%	9%	11%	11%	16%	13%	19%	16%
	Very wrong	79%	84%	77%	83%	72%	80%	62%	71%
How wrong do your parents feel it would be for you to smoke marijuana?	Not at all wrong	5%	4%	7%	3%	8%	4%	9%	6%
	A little bit wrong	0%	0%	3%	3%	4%	4%	8%	7%
	Wrong	2%	3%	6%	6%	10%	9%	13%	12%
	Very wrong	92%	93%	84%	87%	79%	84%	70%	75%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	5%	4%	6%	3%	6%	3%	5%	3%
	A little bit wrong	1%	0%	1%	2%	2%	2%	2%	3%
	Wrong	4%	4%	6%	7%	9%	8%	10%	11%
	Very wrong	89%	91%	86%	88%	83%	87%	82%	84%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	6%	4%	8%	4%	11%	5%	16%	12%
	A little bit wrong	3%	2%	7%	6%	10%	8%	18%	13%
	Wrong	14%	9%	20%	15%	25%	19%	26%	21%
	Very wrong	77%	85%	65%	75%	54%	67%	40%	54%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	6%	4%	10%	4%	13%	6%	22%	14%
	A little bit wrong	5%	3%	9%	6%	14%	10%	22%	16%
	Wrong	16%	10%	20%	17%	25%	22%	24%	24%
	Very wrong	72%	83%	61%	73%	48%	62%	32%	47%
How wrong do your friends feel it would be for you to smoke marijuana?	Not at all wrong	6%	4%	11%	7%	16%	11%	29%	23%
	A little bit wrong	2%	1%	7%	6%	11%	9%	18%	16%
	Wrong	10%	5%	16%	11%	20%	16%	19%	16%
	Very wrong	83%	90%	66%	76%	53%	64%	34%	45%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	6%	4%	8%	4%	9%	4%	11%	7%
	A little bit wrong	2%	1%	5%	5%	7%	6%	11%	10%
	Wrong	12%	7%	17%	13%	23%	18%	23%	21%
	Very wrong	80%	88%	70%	78%	60%	72%	54%	62%

2016 Minnesota Student Survey

TABLE 43
PERCEPTIONS ABOUT ALCOHOL USE*

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	63%	64%	54%	55%	44%	46%
	Agree	22%	23%	27%	28%	29%	33%
	Neither agree nor disagree	9%	8%	13%	11%	18%	15%
	Disagree	1%	1%	2%	1%	3%	2%
	Strongly disagree	5%	4%	5%	5%	5%	4%
How do you feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	67%	69%	54%	54%	36%	39%
	Agree	17%	16%	23%	23%	23%	24%
	Neither agree nor disagree	8%	8%	14%	14%	25%	24%
	Disagree	2%	2%	4%	4%	9%	7%
	Strongly disagree	6%	4%	5%	5%	7%	6%
How do you think MOST STUDENTS in your school feel about each of the following statements: Parents and other adults should clearly communicate with their children about the importance of not using alcohol?	Strongly agree	39%	29%	28%	18%	20%	14%
	Agree	36%	41%	37%	41%	34%	36%
	Neither agree nor disagree	18%	23%	25%	30%	30%	33%
	Disagree	3%	5%	6%	8%	10%	13%
	Strongly disagree	4%	3%	4%	3%	6%	5%
How do you think MOST STUDENTS in your school feel about each of the following statements: Drinking alcohol is never a good thing for anyone my age to do?	Strongly agree	42%	30%	27%	16%	18%	11%
	Agree	32%	36%	31%	31%	22%	20%
	Neither agree nor disagree	17%	23%	27%	32%	34%	34%
	Disagree	4%	7%	10%	14%	17%	24%
	Strongly disagree	4%	4%	5%	6%	9%	10%

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 44
USE OF TOBACCO, ALCOHOL AND MARIJUANA***

East Central

<i>How often do you use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	93%	95%	89%	92%	75%	85%
	Tried once or twice	4%	3%	5%	3%	7%	5%
	Once or twice a year	1%	1%	1%	1%	3%	2%
	Once a month	1%	0%	1%	1%	3%	2%
	Twice a month	0%	0%	1%	1%	2%	1%
	Once a week	1%	0%	1%	1%	3%	2%
	Daily	1%	0%	2%	1%	8%	3%
Alcohol (beer, wine, liquor)	Never	80%	81%	73%	72%	53%	52%
	Tried once or twice	11%	12%	12%	13%	12%	14%
	Once or twice a year	5%	4%	7%	6%	11%	12%
	Once a month	2%	2%	4%	4%	8%	9%
	Twice a month	1%	1%	2%	3%	7%	8%
	Once a week	1%	0%	1%	1%	7%	5%
	Daily	1%	0%	0%	0%	2%	0%
Marijuana (pot, hash, hash oil)	Never	93%	94%	89%	89%	74%	74%
	Tried once or twice	2%	2%	3%	3%	6%	8%
	Once or twice a year	1%	1%	2%	2%	4%	4%
	Once a month	1%	1%	1%	1%	3%	4%
	Twice a month	1%	0%	1%	2%	3%	3%
	Once a week	1%	1%	2%	1%	4%	4%
	Daily	1%	1%	2%	1%	5%	3%

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

**TABLE 45
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL AND MARIJUANA***

East Central

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	52%	36%	31%	17%	20%	11%
	Tried once or twice	24%	30%	22%	22%	16%	16%
	Once or twice a year	5%	7%	8%	8%	6%	6%
	Once a month	5%	8%	9%	11%	10%	12%
	Twice a month	3%	4%	5%	8%	7%	9%
	Once a week	5%	7%	12%	15%	16%	18%
	Daily	6%	8%	13%	18%	25%	29%
Alcohol (beer, wine, liquor)	Never	44%	28%	24%	12%	14%	6%
	Tried once or twice	28%	32%	21%	16%	12%	8%
	Once or twice a year	8%	10%	9%	10%	7%	6%
	Once a month	7%	10%	12%	12%	13%	12%
	Twice a month	4%	7%	10%	13%	13%	15%
	Once a week	5%	8%	15%	24%	29%	36%
	Daily	4%	5%	9%	12%	13%	16%
Marijuana (pot, hash, hash oil)	Never	55%	41%	32%	18%	18%	10%
	Tried once or twice	19%	23%	19%	18%	13%	12%
	Once or twice a year	5%	7%	7%	8%	7%	6%
	Once a month	5%	7%	9%	9%	10%	10%
	Twice a month	4%	5%	7%	9%	10%	10%
	Once a week	5%	8%	13%	18%	20%	23%
	Daily	6%	9%	13%	21%	23%	29%

* 5th grade survey did not ask these questions.

2016 Minnesota Student Survey

TABLE 46A
CONSEQUENCES OF SUBSTANCE USE*

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months ...</i>		%	%	%	%	%	%
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	No or no use	98%	98%	97%	97%	92%	93%
	Yes	2%	2%	3%	3%	8%	7%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	No or no use	98%	99%	98%	98%	97%	98%
	Yes	2%	1%	2%	2%	3%	2%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	No or no use	99%	99%	97%	97%	96%	95%
	Yes	1%	1%	3%	3%	4%	5%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?^	No or no use	97%	96%	95%	93%	92%	90%
	Yes	3%	4%	5%	7%	8%	10%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	0 times or no use	97%	97%	95%	95%	89%	91%
	1 time	1%	1%	2%	2%	4%	4%
	2 times	1%	0%	1%	1%	2%	2%
	3 or more times	1%	1%	2%	2%	5%	3%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	0 times or no use	99%	99%	97%	98%	95%	96%
	1 time	1%	0%	1%	1%	3%	2%
	2 times	0%	0%	1%	0%	1%	1%
	3 or more times	0%	0%	1%	1%	1%	2%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	0 times or no use	99%	99%	98%	98%	97%	96%
	1 time	0%	0%	1%	1%	2%	2%
	2 times	0%	0%	1%	0%	1%	1%
	3 or more times	0%	0%	0%	1%	1%	1%

* 5th grade survey did not ask these questions.

^ New question in 2016.

2016 Minnesota Student Survey

TABLE 46B
CONSEQUENCES OF SUBSTANCE USE*

East Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months, how many times...</i>		%	%	%	%	%	%
...have you driven a motor vehicle after using alcohol or drugs?*	0 times or no use			98%	99%	89%	92%
	1 time			1%	1%	4%	4%
	2 times			1%	0%	2%	2%
	3 or more times			0%	0%	5%	2%
...have you hit someone or become violent while using alcohol or drugs?	0 times or no use	99%	100%	98%	99%	97%	98%
	1 time	0%	0%	1%	1%	2%	1%
	2 times	0%	0%	1%	0%	1%	0%
	3 or more times	0%	0%	0%	0%	0%	1%
...have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	0 times or no use	98%	98%	96%	95%	90%	88%
	1 time	1%	1%	2%	3%	5%	5%
	2 times	0%	0%	1%	1%	2%	3%
	3 or more times	1%	1%	1%	1%	3%	4%
...have you used more alcohol or drugs than you intended to?	0 times or no use	98%	98%	96%	95%	92%	87%
	1 time	1%	1%	2%	3%	4%	6%
	2 times	0%	0%	1%	1%	1%	3%
	3 or more times	1%	1%	1%	1%	3%	4%
...has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	0 times or no use	97%	97%	96%	95%	93%	90%
	1 time	2%	1%	2%	2%	3%	4%
	2 times	1%	1%	1%	1%	2%	3%
	3 or more times	1%	1%	1%	2%	2%	3%
...has alcohol or drug use caused you problems with the law?	0 times or no use	98%	99%	97%	98%	95%	97%
	1 time	1%	1%	1%	1%	3%	2%
	2 times	0%	0%	1%	0%	1%	1%
	3 or more times	0%	0%	1%	0%	1%	0%

* 5th grade survey did not ask these questions.

** 8th grade survey did not ask this question.

2016 Minnesota Student Survey

TABLE 47A SEXUAL BEHAVIOR*

East Central

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you ever had sexual intercourse ('had sex')?	Yes	14%	9%	37%	38%
	No	86%	91%	63%	62%
During the last 12 months, with how many different male partners have you had sexual intercourse?	None	98%	92%	96%	65%
	1 person	1%	6%	2%	23%
	2 persons	0%	1%	1%	6%
	3 persons	0%	0%	0%	3%
	4 persons	0%	0%	0%	1%
	5 persons	0%	0%	0%	1%
	6 or more persons	0%	0%	1%	1%
During the last 12 months, with how many different female partners have you had sexual intercourse?	None	89%	99%	67%	96%
	1 person	7%	1%	20%	3%
	2 persons	2%	0%	5%	1%
	3 persons	1%	0%	3%	0%
	4 persons	0%	0%	1%	0%
	5 persons	0%	0%	1%	0%
	6 or more persons	1%	0%	3%	0%
How many times have you been pregnant or gotten someone pregnant?	0 times	98%	99%	97%	98%
	1 time	0%	0%	1%	2%
	2 or more times	0%	0%	1%	0%
	Not sure	1%	0%	1%	0%

* 5th and 8th grade surveys did not ask these questions.

2016 Minnesota Student Survey

**TABLE 47B
SEXUAL BEHAVIOR***

East Central

INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	44%	40%	36%	25%
	Not with every partner	8%	10%	10%	12%
	At least once with every partner	49%	50%	54%	63%
Have you talked with your partner(s) about preventing pregnancy?	Never	39%	30%	28%	16%
	Not with every partner	8%	9%	9%	10%
	At least once with every partner	54%	61%	63%	74%
The LAST time you had sexual intercourse, what ONE method did you or your partner use to prevent pregnancy?	No method was used to prevent pregnancy	13%	12%	10%	7%
	Birth control pills	8%	11%	17%	28%
	Condoms	53%	44%	48%	39%
	Depo-Provera/any birth control shot, Nuva Ring/any birth control ring, Implanon/any implant or any IUD	3%	9%	6%	12%
	Withdrawal (pull-out)	12%	17%	14%	11%
	Some other method	1%	2%	1%	1%
	Not sure	9%	5%	4%	1%
The LAST time you had sexual intercourse, did you or your partner use a condom?	Yes	64%	55%	63%	59%
	No	36%	45%	37%	41%
Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?	Yes	16%	18%	19%	16%
	No	84%	82%	81%	84%

* 5th and 8th grade surveys did not ask these questions.