



# 2019 Minnesota Student Survey Prevention Region Tables

October 2019

## **Minnesota Student Survey Interagency Team:**

Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

Minnesota Department of Public Safety

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## For more information:

### **Lisa Burton**

Special Projects and Evaluation Manager  
Minnesota Department of Education  
1500 Highway 36 West  
Roseville, MN 55113  
(651) 582-8488  
[lisa.burton@state.mn.us](mailto:lisa.burton@state.mn.us)  
[education.state.mn.us](http://education.state.mn.us)

### **Ann Kinney**

Senior Research Scientist  
Minnesota Department of Health  
P.O. Box 64882  
St. Paul, MN 55164-0882  
(651) 201-5946  
[ann.kinney@state.mn.us](mailto:ann.kinney@state.mn.us)  
[health.state.mn.us](http://health.state.mn.us)

## In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2019. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2019 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, Minnesota Youth Council members, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton, Megan Harms, and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Ann Kinney at the Department of Health; Phyllis Bengtson, Emma Boley, and Eunkyung Park at the Department of Human Services; and Valerie Clark and Kristine Coulter at the Department of Public Safety.

# 2019 Minnesota Student Survey

## Survey Participation

The 2019 Minnesota Student Survey (MSS) was administered in the first half of 2019 to students in grades 5, 8, 9, and 11 statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (81%) chose to participate. Across the state, approximately 66% of fifth graders, 68% of eighth graders, 66% of ninth graders, and 54% of eleventh graders participated in the 2019 Minnesota Student Survey. Overall participation across the four grades was approximately 64% of total enrollment.

Results from regular public school, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

## Mode of Administration

In 2019, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

## Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily in the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade 5 survey version was shorter than the grade 8 survey version, which in turn was shorter than the grade 9 and 11 version. The grade 5 and grade 8 versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

## New Questions and Year-to-Year Comparisons

While most MSS survey questions stayed the same between 2016 and 2019, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. **Caution must be used when making comparisons over time for any questions in which the wording has changed.**

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

## Validity of Responses

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 4% of cases were removed from the 2019 survey data.

## Online Access to MSS Data

Data from the 2019 Minnesota Student Survey (MSS) are available on the Minnesota Department of Education's [Data Reports and Analytics page](#).

(<http://w20.education.state.mn.us/MDEAnalytics/DataTopic.jsp?TOPICID=242>) This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

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TABLE 1A  
DEMOGRAPHIC DESCRIPTION

West Central

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
<b>Total number of surveys</b>		2,604	100%	2,455	100%	2,919	100%	2,305	100%
<b>What is your biological sex?*</b>	<b>Male</b>	1,326	51%	1,251	51%	1,426	49%	1,183	51%
	<b>Female</b>	1,262	48%	1,199	49%	1,485	51%	1,119	49%
	<b>No answer</b>	16	1%	5	0%	8	0%	3	0%
<b>Age</b>	<b>10 or younger</b>	980	38%	0	0%	0	0%	0	0%
	<b>11</b>	1,568	60%	0	0%	0	0%	0	0%
	<b>12</b>	38	1%	3	0%	0	0%	0	0%
	<b>13</b>	3	0%	965	39%	3	0%	0	0%
	<b>14</b>	0	0%	1,436	58%	1,167	40%	0	0%
	<b>15</b>	0	0%	44	2%	1,683	58%	6	0%
	<b>16</b>	0	0%	4	0%	59	2%	878	38%
	<b>17</b>	0	0%	0	0%	1	0%	1,364	59%
	<b>18</b>	0	0%	0	0%	0	0%	49	2%
<b>19-20</b>	0	0%	0	0%	0	0%	3	0%	
<b>How do you describe yourself? (Mark ALL that apply)</b>	<b>American Indian or Alaskan Native only</b>	142	5%	71	3%	84	3%	50	2%
	<b>Asian or Asian American only</b>	19	1%	28	1%	29	1%	20	1%
	<b>Black, African or African American only</b>	87	3%	64	3%	89	3%	75	3%
	<b>Hispanic or Latino/a only</b>	81	3%	105	4%	77	3%	65	3%
	<b>Native Hawaiian or Other Pacific Islander only</b>	7	0%	3	0%	9	0%	6	0%
	<b>White only</b>	1,976	76%	1,966	80%	2,384	82%	1,935	84%
	<b>Multiple races (checked more than one)</b>	156	6%	188	8%	232	8%	144	6%
	<b>No answer</b>	136	5%	30	1%	15	1%	10	0%

\* 5th grade surveys asked "Are you male or female?"

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TABLE 1B  
DEMOGRAPHIC DESCRIPTION^

West Central

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (If more than one describes you, mark ALL that apply)	Anishinaabe/Ojibwe	91	3%	99	4%	117	4%	79	3%
	Dakota/Lakota	59	2%	35	1%	33	1%	15	1%
	Other tribal affiliation	57	2%	51	2%	59	2%	23	1%
If you are Asian or Asian American, which group best describes you? (If more than one describes you, mark ALL that apply)	Asian Indian	7	0%	8	0%	2	0%	2	0%
	Burmese	1	0%	1	0%	0	0%	0	0%
	Chinese	10	0%	13	1%	13	0%	8	0%
	Filipino	4	0%	5	0%	10	0%	7	0%
	Hmong	1	0%	1	0%	0	0%	2	0%
	Karen	1	0%	1	0%	0	0%	0	0%
	Korean	9	0%	14	1%	15	1%	9	0%
	Lao	5	0%	1	0%	3	0%	2	0%
	Vietnamese	2	0%	4	0%	5	0%	8	0%
	Other Asian	12	0%	22	1%	20	1%	9	0%
If you are Black, African or African American, which group best describes you? (If more than one describes you, mark ALL that apply)	African American	61	2%	64	3%	75	3%	45	2%
	Ethiopian – Oromo	1	0%	1	0%	1	0%	1	0%
	Ethiopian – other	1	0%	1	0%	1	0%	3	0%
	Liberian	7	0%	1	0%	8	0%	6	0%
	Nigerian	1	0%	3	0%	1	0%	6	0%
	Somali	15	1%	16	1%	24	1%	35	2%
	Other Black, African or African American	27	1%	23	1%	33	1%	19	1%
If you are Hispanic or Latino/Latina, which group best describes you? (If more than one describes you, mark ALL that apply)	Colombian	10	0%	4	0%	7	0%	2	0%
	Ecuadoran	0	0%	0	0%	0	0%	1	0%
	Guatemalan	5	0%	4	0%	2	0%	6	0%
	Mexican	68	3%	122	5%	107	4%	83	4%
	Puerto Rican	16	1%	19	1%	13	0%	8	0%
	Salvadoran	0	0%	2	0%	1	0%	1	0%
	Spanish/Spanish-American	40	2%	45	2%	39	1%	20	1%
	Other Hispanic or Latino/Latina	12	0%	24	1%	21	1%	14	1%

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 2  
SEXUAL ORIENTATION; GENDER IDENTITY; GENDER EXPRESSION\***

**West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?*</b>	<b>Very or mostly feminine</b>			2%	46%	2%	52%
	<b>Somewhat feminine</b>			3%	31%	2%	31%
	<b>Equally feminine and masculine</b>			16%	18%	10%	14%
	<b>Somewhat masculine</b>			34%	4%	29%	2%
	<b>Very or mostly masculine</b>			46%	1%	57%	1%
<b>How do you describe yourself?***^</b>	<b>Heterosexual (straight)</b>			84%	75%	86%	77%
	<b>Bisexual</b>			1%	6%	2%	8%
	<b>Gay or lesbian</b>			1%	1%	2%	1%
	<b>Questioning/not sure</b>			1%	3%	1%	2%
	<b>Pansexual</b>			0%	4%	0%	3%
	<b>Queer</b>			0%	0%	0%	1%
	<b>I don't describe myself in any of these ways</b>			10%	10%	8%	8%
<b>Are you transgender, genderqueer, or genderfluid?^</b>	<b>Yes</b>	1%	3%	1%	2%	1%	2%
	<b>No</b>	90%	89%	92%	92%	94%	95%
	<b>I am not sure about my gender identity</b>	2%	2%	1%	2%	1%	2%
	<b>I am not sure what this question means</b>	8%	6%	6%	4%	5%	1%
<b>IF TRANSGENDER, GENDERQUEER OR GENDERFLUID: How do you describe yourself?^^</b>	<b>Male, trans male, trans man, or trans masculine</b>	30%	22%	50%	41%	33%	33%
	<b>Female, trans female, trans woman, or trans feminine</b>	10%	13%	17%	3%	0%	17%
	<b>Non-binary, genderqueer, or genderfluid</b>	50%	63%	17%	50%	50%	50%
	<b>I prefer to describe my gender as something else</b>	10%	3%	17%	6%	17%	0%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask these questions.

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 3  
SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC PERFORMANCE**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>What is the MAIN thing you plan to do right AFTER high school?*</b>	<b>I don't plan to graduate from high school</b>			1%	0%	1%	1%	0%	0%
	<b>Get my GED</b>			1%	2%	2%	2%	1%	1%
	<b>Go to a two-year community or technical college</b>			13%	7%	17%	8%	26%	15%
	<b>Go to a four-year college or university</b>			48%	64%	46%	68%	45%	68%
	<b>Get a license or certificate in a career field</b>			5%	9%	4%	6%	2%	4%
	<b>Attend an apprenticeship program</b>			0%	0%	0%	0%	1%	0%
	<b>Join the military</b>			9%	3%	9%	3%	8%	2%
	<b>Work at a job</b>			13%	7%	13%	6%	11%	6%
	<b>Other</b>			10%	8%	9%	6%	6%	3%
<b>Has an adult in your school helped you think about education options for after high school (college or other training program)?**</b>	<b>Yes</b>					70%	68%	78%	75%
	<b>No</b>					30%	32%	22%	25%
<b>Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**</b>	<b>Yes</b>					54%	43%	52%	41%
	<b>No</b>					46%	57%	48%	59%
<b>Do you receive special education services as part of an individual education plan or IEP?</b>	<b>Yes</b>	10%	6%	11%	7%	13%	9%	17%	10%
	<b>No</b>	56%	61%	69%	75%	62%	65%	69%	76%
	<b>Not sure</b>	34%	33%	20%	19%	25%	26%	15%	14%
<b>How would you describe your grades this school year?</b>	<b>Mostly A's</b>	38%	51%	37%	55%	35%	57%	32%	50%
	<b>Mostly B's</b>	36%	30%	36%	28%	38%	27%	39%	33%
	<b>Mostly C's</b>	13%	9%	19%	10%	18%	11%	21%	12%
	<b>Mostly D's</b>	3%	2%	4%	2%	6%	3%	5%	3%
	<b>Mostly F's</b>	1%	1%	1%	1%	2%	1%	2%	1%
	<b>Mostly Incompletes</b>	1%	1%	2%	2%	1%	1%	1%	1%
	<b>None of these letter grades</b>	8%	6%	1%	1%	0%	0%	1%	1%

\* 5th grade survey did not ask this question.

\*\*5th and 8th grade surveys did not ask these questions.

2019 Minnesota Student Survey

TABLE 4  
SCHOOL ATTENDANCE^

West Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	45%	45%	43%	41%	47%	44%	49%	42%
	Once or twice	34%	36%	38%	37%	38%	40%	37%	40%
	3 to 5 times	15%	14%	14%	16%	12%	12%	10%	14%
	6 to 9 times	3%	3%	3%	4%	3%	3%	2%	3%
	10 or more times	3%	2%	1%	2%	1%	1%	2%	2%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	49%	50%	46%	38%	52%	39%	44%	35%
	Once or twice	39%	38%	39%	45%	34%	43%	36%	41%
	3 to 5 times	9%	9%	11%	13%	10%	14%	13%	17%
	6 to 9 times	2%	1%	2%	3%	2%	3%	4%	5%
	10 or more times	2%	1%	1%	1%	1%	2%	3%	2%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Illness (feeling physically sick), including problems with breathing or your teeth	51%	52%	49%	56%	56%	61%	55%	60%
	Medical, dental or other health-related appointment	30%	41%	41%	56%	44%	61%	41%	59%
	Vacation or trip	17%	18%	15%	15%	17%	14%	14%	14%
	Felt very sad, hopeless, anxious, stressed or angry	4%	7%	4%	14%	7%	21%	9%	22%
	Didn't get enough sleep	9%	9%	9%	13%	11%	16%	15%	20%
	Didn't feel safe at school	2%	3%	1%	3%	1%	3%	2%	2%
	Missed your ride or didn't have a way to get to school	8%	7%	6%	8%	8%	8%	4%	5%
	Had to work	2%	1%	2%	1%	3%	1%	4%	3%
	Had to take care of or help a family member or friend	4%	5%	3%	4%	4%	5%	5%	5%
	Had no place to shower or wash clothes	0%	0%	0%	0%	1%	0%	1%	0%
	Wanted to use alcohol or drugs	0%	0%	1%	1%	1%	1%	3%	1%
	Behind in schoolwork or not prepared for a test or class assignment	1%	2%	2%	4%	4%	8%	7%	12%
	Bored with or not interested in school	4%	3%	4%	6%	5%	8%	11%	8%
	Suspended from school	1%	0%	2%	1%	1%	1%	1%	1%
	Other reason	26%	30%	21%	17%	21%	16%	20%	15%

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 5  
DISCIPLINE; FEELINGS ABOUT SCHOOL**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>During the last 30 days, how many times did you get sent out of the classroom for discipline?^</b>	<b>None</b>	73%	91%	82%	92%	88%	96%	94%	98%
	<b>Once or twice</b>	20%	6%	13%	6%	9%	3%	5%	2%
	<b>3 to 5 times</b>	5%	2%	3%	2%	2%	1%	1%	0%
	<b>6 to 9 times</b>	1%	0%	1%	0%	1%	0%	0%	0%
	<b>10 or more times</b>	1%	0%	1%	0%	1%	0%	0%	0%
<b>How often do you care about doing well in school?</b>	<b>All of the time</b>	40%	55%	35%	47%	34%	53%	33%	50%
	<b>Most of the time</b>	42%	36%	45%	40%	46%	36%	46%	41%
	<b>Some of the time</b>	15%	8%	18%	12%	18%	9%	18%	8%
	<b>None of the time</b>	2%	1%	2%	1%	2%	1%	3%	1%
<b>How often do you go to class unprepared?</b>	<b>All of the time</b>	5%	2%	3%	2%	3%	3%	4%	3%
	<b>Most of the time</b>	10%	6%	8%	5%	8%	3%	7%	4%
	<b>Some of the time</b>	46%	41%	45%	40%	44%	34%	43%	34%
	<b>None of the time</b>	39%	50%	45%	53%	44%	60%	46%	59%
<b>How often do you pay attention in class?</b>	<b>All of the time</b>	21%	35%	19%	23%	19%	23%	18%	20%
	<b>Most of the time</b>	62%	56%	67%	64%	64%	66%	64%	70%
	<b>Some of the time</b>	17%	9%	14%	12%	16%	10%	17%	10%
	<b>None of the time</b>	0%	0%	1%	0%	1%	0%	2%	1%

^ New question in 2019.

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**TABLE 6  
FEELINGS ABOUT SCHOOL**

**West Central**

<i>How much do you agree or disagree with each of the following statements?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>If something interests me, I try to learn more about it.</b>	<b>Strongly agree</b>	40%	40%	42%	44%	51%	50%	59%	55%
	<b>Agree</b>	54%	55%	55%	53%	47%	49%	39%	44%
	<b>Disagree</b>	5%	4%	3%	2%	2%	1%	1%	1%
	<b>Strongly disagree</b>	2%	1%	0%	0%	0%	0%	1%	0%
<b>I think things I learn at school are useful.</b>	<b>Strongly agree</b>	34%	39%	13%	12%	12%	11%	12%	9%
	<b>Agree</b>	51%	51%	60%	64%	57%	62%	56%	64%
	<b>Disagree</b>	11%	7%	21%	20%	25%	21%	25%	23%
	<b>Strongly disagree</b>	4%	3%	6%	3%	6%	5%	8%	4%
<b>Being a student is one of the most important parts of who I am.</b>	<b>Strongly agree</b>	22%	23%	13%	11%	11%	13%	12%	12%
	<b>Agree</b>	46%	50%	45%	46%	42%	42%	42%	47%
	<b>Disagree</b>	24%	24%	33%	37%	38%	38%	36%	33%
	<b>Strongly disagree</b>	8%	4%	8%	6%	9%	8%	10%	8%
<b>Overall, adults at my school treat students fairly.</b>	<b>Strongly agree</b>	38%	44%	22%	21%	22%	17%	23%	17%
	<b>Agree</b>	47%	42%	56%	55%	57%	58%	59%	62%
	<b>Disagree</b>	12%	11%	16%	19%	16%	19%	13%	18%
	<b>Strongly disagree</b>	3%	2%	6%	6%	6%	6%	5%	4%
<b>Adults at my school listen to the students.</b>	<b>Strongly agree</b>	33%	38%	17%	16%	17%	12%	17%	12%
	<b>Agree</b>	51%	48%	59%	56%	58%	58%	61%	59%
	<b>Disagree</b>	12%	12%	18%	24%	20%	25%	16%	24%
	<b>Strongly disagree</b>	4%	2%	5%	4%	5%	5%	6%	5%
<b>The school rules are fair.</b>	<b>Strongly agree</b>	33%	39%	16%	17%	17%	16%	16%	13%
	<b>Agree</b>	49%	47%	58%	57%	58%	58%	60%	61%
	<b>Disagree</b>	13%	12%	21%	23%	20%	22%	17%	22%
	<b>Strongly disagree</b>	5%	2%	5%	4%	5%	4%	6%	5%
<b>At my school, teachers care about students.</b>	<b>Strongly agree</b>	59%	63%	29%	28%	25%	24%	26%	20%
	<b>Agree</b>	36%	33%	57%	58%	62%	62%	63%	67%
	<b>Disagree</b>	4%	3%	11%	11%	10%	11%	8%	11%
	<b>Strongly disagree</b>	2%	1%	3%	3%	3%	3%	4%	2%
<b>Most teachers at my school are interested in me as a person.</b>	<b>Strongly agree</b>	28%	31%	13%	13%	12%	12%	16%	14%
	<b>Agree</b>	50%	53%	54%	51%	53%	52%	55%	51%
	<b>Disagree</b>	16%	13%	25%	28%	26%	29%	22%	30%
	<b>Strongly disagree</b>	6%	2%	8%	7%	8%	6%	7%	5%

**2019 Minnesota Student Survey**

**TABLE 7A  
PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER\***

***West Central***

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>Is there a police officer or School Resource Officer (SRO) at your school?</b>	<b>Yes</b>	59%	62%	71%	70%	68%	71%
	<b>No</b>	16%	13%	12%	11%	18%	15%
	<b>I don't know</b>	25%	26%	18%	20%	14%	14%

\* 5th grade survey did not ask this question.



2019 Minnesota Student Survey

**TABLE 7B  
INTERACTIONS WITH A SCHOOL RESOURCE/POLICE OFFICER\***

**West Central**

<b>INCLUDES ONLY THOSE WHO HAVE A SCHOOL RESOURCE (SRO) OR POLICE OFFICER AT THEIR SCHOOL</b>		<b>Grade</b>					
		<b>8th</b>		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.</b>	<b>Strongly agree</b>	32%	36%	24%	26%	21%	24%
	<b>Agree</b>	45%	44%	43%	48%	44%	46%
	<b>Disagree</b>	16%	18%	25%	22%	23%	26%
	<b>Strongly disagree</b>	7%	3%	8%	5%	12%	4%
<b>I would feel comfortable going to my school's SRO or police officer if I was having problems or needed help.</b>	<b>Strongly agree</b>	20%	17%	17%	17%	24%	21%
	<b>Agree</b>	46%	47%	48%	44%	46%	42%
	<b>Disagree</b>	26%	31%	27%	31%	22%	30%
	<b>Strongly disagree</b>	8%	5%	8%	7%	8%	7%
<b>I think it is a good idea to have an SRO or police officer at our school.</b>	<b>Strongly agree</b>	57%	59%	50%	58%	52%	51%
	<b>Agree</b>	38%	38%	43%	39%	40%	44%
	<b>Disagree</b>	3%	2%	5%	2%	5%	3%
	<b>Strongly disagree</b>	2%	1%	2%	0%	3%	1%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 8  
PERCEPTIONS OF SAFETY**

*West Central*

<i>How much do you agree or disagree with each of the following statements?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>I feel safe going to and from school.</b>	<b>Strongly agree</b>	54%	51%	55%	48%	57%	47%	61%	53%
	<b>Agree</b>	39%	43%	41%	46%	39%	48%	35%	44%
	<b>Disagree</b>	5%	6%	3%	5%	3%	5%	3%	3%
	<b>Strongly disagree</b>	2%	1%	1%	1%	1%	1%	2%	0%
<b>I feel safe at school.</b>	<b>Strongly agree</b>	54%	52%	48%	40%	47%	38%	51%	43%
	<b>Agree</b>	36%	41%	43%	50%	44%	51%	41%	48%
	<b>Disagree</b>	7%	6%	7%	9%	7%	8%	6%	7%
	<b>Strongly disagree</b>	2%	1%	1%	2%	2%	2%	2%	1%
<b>I feel safe in my neighborhood.</b>	<b>Strongly agree</b>	59%	54%	64%	56%	65%	54%	65%	56%
	<b>Agree</b>	32%	38%	32%	39%	31%	42%	33%	41%
	<b>Disagree</b>	7%	7%	3%	4%	3%	4%	2%	3%
	<b>Strongly disagree</b>	2%	2%	1%	1%	1%	1%	1%	1%
<b>I feel safe at home.</b>	<b>Strongly agree</b>	78%	73%	74%	68%	76%	65%	74%	68%
	<b>Agree</b>	19%	23%	23%	27%	22%	31%	24%	29%
	<b>Disagree</b>	2%	3%	2%	4%	2%	3%	1%	2%
	<b>Strongly disagree</b>	1%	0%	1%	1%	1%	1%	1%	1%

2019 Minnesota Student Survey

TABLE 9A  
AFTER SCHOOL SUPERVISION

West Central

During a typical week, how often do you go to the following places after school?		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
I stay at my school or go to another school	0 days	83%	79%	64%	58%	56%	49%	58%	57%
	1 day	6%	6%	7%	10%	7%	13%	7%	11%
	2 days	3%	5%	5%	7%	6%	9%	4%	6%
	3 to 4 days	3%	5%	8%	10%	9%	10%	7%	9%
	5 days	5%	5%	15%	15%	21%	19%	23%	17%
My home or another home such as a friend's, relative's or neighbor's	0 days	30%	25%	19%	13%	17%	13%	16%	14%
	1 day	15%	18%	12%	14%	13%	15%	12%	13%
	2 days	9%	9%	7%	11%	8%	11%	12%	13%
	3 to 4 days	8%	12%	10%	15%	12%	17%	13%	19%
	5 days	37%	36%	51%	47%	49%	44%	47%	40%
A rec, community or other youth center	0 days	87%	83%	81%	81%	84%	83%	84%	89%
	1 day	6%	9%	10%	11%	9%	10%	9%	5%
	2 days	4%	5%	4%	4%	3%	2%	3%	2%
	3 to 4 days	2%	2%	3%	3%	2%	3%	2%	2%
	5 days	1%	1%	3%	1%	2%	2%	2%	1%
A park or other outdoor space	0 days	72%	76%	71%	79%	75%	81%	74%	83%
	1 day	12%	11%	11%	11%	10%	10%	11%	8%
	2 days	6%	5%	7%	5%	7%	5%	6%	6%
	3 to 4 days	5%	4%	5%	4%	4%	3%	4%	1%
	5 days	5%	3%	5%	2%	4%	2%	4%	2%
A library	0 days	86%	84%	90%	89%	93%	90%	94%	91%
	1 day	9%	11%	7%	7%	6%	6%	4%	7%
	2 days	3%	2%	2%	3%	1%	2%	1%	1%
	3 to 4 days	1%	2%	1%	1%	1%	1%	1%	1%
	5 days	1%	1%	1%	0%	1%	1%	0%	0%
A church, synagogue, mosque, or other spiritual/religious place	0 days	76%	71%	58%	55%	67%	62%	72%	71%
	1 day	19%	23%	33%	37%	27%	31%	23%	25%
	2 days	3%	4%	6%	7%	4%	6%	3%	3%
	3 to 4 days	1%	1%	2%	1%	0%	1%	1%	1%
	5 days	2%	1%	1%	0%	1%	0%	1%	0%
A job*	0 days					79%	86%	53%	53%
	1 day					7%	5%	8%	9%
	2 days					6%	5%	14%	14%
	3 to 4 days					5%	4%	16%	18%
	5 days					4%	1%	10%	5%

\* 5th and 8th grade surveys did not ask this question.

2019 Minnesota Student Survey

**TABLE 9B  
AFTER SCHOOL SUPERVISION\***

*West Central*

		Grade	
		5th	
		Male	Female
		%	%
<b>During a typical week, how often are you home alone or somewhere unsupervised after school?</b>	<b>0 days</b>	43%	46%
	<b>1 day</b>	21%	19%
	<b>2 days</b>	11%	13%
	<b>3 days</b>	9%	10%
	<b>4 days</b>	5%	4%
	<b>5 days</b>	12%	9%

\* Only the 5th grade survey asked this question.

2019 Minnesota Student Survey

**TABLE 10A  
BEING BULLIED FOR SPECIFIC REASONS**

*West Central*

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>Your race, ethnicity or national origin</b>	<b>Never</b>	90%	92%	89%	92%	90%	91%	92%	94%
	<b>Once or twice</b>	7%	5%	8%	6%	6%	6%	5%	5%
	<b>About once a week</b>	1%	1%	1%	1%	2%	1%	1%	1%
	<b>Several times a week</b>	1%	1%	1%	1%	1%	0%	0%	1%
	<b>Every day</b>	1%	1%	1%	1%	1%	0%	1%	0%
<b>Your religion</b>	<b>Never</b>	93%	93%	93%	92%	94%	92%	93%	91%
	<b>Once or twice</b>	4%	5%	5%	6%	4%	7%	5%	7%
	<b>About once a week</b>	2%	1%	0%	1%	1%	1%	1%	1%
	<b>Several times a week</b>	0%	0%	1%	0%	0%	0%	0%	0%
	<b>Every day</b>	1%	1%	1%	0%	0%	0%	1%	1%
<b>Your gender (being male, female, transgender, etc.)<sup>^</sup></b>	<b>Never</b>	91%	86%	94%	90%	95%	92%	96%	93%
	<b>Once or twice</b>	6%	10%	3%	6%	3%	6%	2%	5%
	<b>About once a week</b>	1%	2%	1%	2%	1%	1%	1%	1%
	<b>Several times a week</b>	1%	1%	1%	1%	1%	1%	0%	0%
	<b>Every day</b>	1%	1%	1%	1%	1%	0%	1%	0%
<b>Your gender expression (your style, dress, or the way you walk or talk)<sup>*</sup></b>	<b>Never</b>					86%	75%	91%	85%
	<b>Once or twice</b>					9%	18%	6%	11%
	<b>About once a week</b>					2%	4%	1%	2%
	<b>Several times a week</b>					1%	2%	1%	1%
	<b>Every day</b>					1%	1%	1%	1%

\* 5th and 8th grade surveys did not ask this question.

<sup>^</sup> On the 5th grade survey, this item was worded "Your gender (being male or female)".

2019 Minnesota Student Survey

**TABLE 10B  
BEING BULLIED FOR SPECIFIC REASONS**

*West Central*

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Because you are gay, lesbian, or bisexual or because someone thought you were*</b>	Never					93%	91%	95%	94%
	Once or twice					3%	6%	3%	4%
	About once a week					1%	1%	1%	1%
	Several times a week					1%	1%	0%	1%
	Every day					2%	0%	1%	0%
<b>A physical or mental disability</b>	Never	91%	92%	91%	89%	92%	90%	93%	92%
	Once or twice	6%	6%	5%	7%	5%	7%	4%	5%
	About once a week	2%	1%	1%	2%	1%	2%	2%	1%
	Several times a week	1%	1%	1%	1%	1%	1%	1%	1%
	Every day	1%	1%	1%	1%	1%	1%	1%	1%
<b>Your size or weight</b>	Never	71%	78%	74%	72%	77%	73%	81%	79%
	Once or twice	17%	15%	16%	19%	14%	18%	13%	15%
	About once a week	5%	2%	4%	4%	4%	4%	4%	2%
	Several times a week	3%	3%	3%	3%	3%	3%	2%	2%
	Every day	3%	2%	3%	2%	2%	2%	1%	2%
<b>Your physical appearance</b>	Never	75%	77%	72%	63%	75%	68%	80%	76%
	Once or twice	15%	16%	17%	24%	16%	23%	14%	18%
	About once a week	4%	3%	4%	6%	4%	5%	3%	3%
	Several times a week	2%	3%	3%	4%	3%	2%	2%	2%
	Every day	3%	2%	4%	2%	2%	2%	1%	1%

\* 5th and 8th grade surveys did not ask this question.

2019 Minnesota Student Survey

**TABLE 11A  
BEING CYBERBULLIED**

**West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat or other social media)^</b>	<b>Never</b>	83%	81%	89%	78%	89%	79%	92%	84%
	<b>Once or twice</b>	13%	15%	9%	17%	8%	15%	7%	13%
	<b>About once a week</b>	2%	2%	2%	2%	2%	3%	1%	2%
	<b>Several times a week</b>	1%	1%	0%	2%	1%	2%	1%	1%
	<b>Every day</b>	1%	1%	1%	1%	0%	1%	1%	1%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 11B  
BEING BULLIED OR HARASSED AT SCHOOL**

**West Central**

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<i>During the last 30 days, on how many days have other students at school...</i>									
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	63%	74%	82%	86%	86%	90%	93%	95%
	Once or twice	27%	19%	13%	11%	9%	7%	5%	4%
	About once a week	4%	3%	2%	2%	2%	1%	1%	1%
	Several times a week	4%	2%	2%	1%	2%	1%	0%	0%
	Every day	2%	1%	1%	0%	1%	1%	1%	0%
...threatened to beat you up?	Never	70%	83%	79%	86%	83%	88%	91%	94%
	Once or twice	22%	12%	15%	10%	11%	9%	6%	5%
	About once a week	4%	2%	2%	2%	3%	2%	1%	0%
	Several times a week	2%	2%	2%	2%	2%	1%	0%	0%
	Every day	2%	1%	2%	1%	1%	0%	1%	0%
...spread mean rumors or lies about you?	Never	64%	59%	74%	60%	78%	58%	81%	70%
	Once or twice	24%	29%	19%	28%	16%	29%	14%	21%
	About once a week	5%	5%	4%	5%	3%	7%	2%	5%
	Several times a week	3%	4%	2%	4%	2%	3%	1%	2%
	Every day	3%	3%	2%	3%	2%	3%	2%	1%
...made sexual jokes, comments or gestures towards you?*	Never			81%	72%	82%	74%	85%	78%
	Once or twice			11%	18%	10%	15%	9%	17%
	About once a week			3%	5%	3%	5%	3%	3%
	Several times a week			3%	3%	2%	4%	2%	2%
	Every day			3%	3%	3%	2%	2%	1%
...excluded you from friends, other students or activities?	Never	69%	54%	79%	61%	82%	60%	84%	68%
	Once or twice	21%	31%	14%	25%	12%	26%	12%	20%
	About once a week	4%	7%	4%	7%	2%	6%	2%	5%
	Several times a week	3%	5%	2%	4%	1%	4%	1%	4%
	Every day	3%	4%	2%	3%	2%	3%	1%	3%
Bullied once or more in the last 30 days^	No	39%	36%	54%	39%	58%	40%	66%	49%
	Yes	61%	64%	46%	61%	42%	60%	34%	51%
Bullied weekly or more in the last 30 days^	No	77%	78%	81%	76%	84%	75%	89%	82%
	Yes	23%	22%	19%	24%	16%	25%	11%	18%
Bullied daily in the last 30 days^	No	94%	94%	94%	94%	95%	94%	96%	96%
	Yes	6%	6%	6%	6%	5%	6%	4%	4%

\* 5th grade survey did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.



2019 Minnesota Student Survey

**TABLE 12  
BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL**

**West Central**

<i>During the last 30 days, how many times at school have YOU...</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?	Never	81%	92%	86%	93%	90%	96%	93%	98%
	Once or twice	18%	7%	12%	6%	8%	3%	5%	2%
	About once a week	1%	1%	2%	0%	1%	0%	1%	0%
	Several times a week	0%	0%	1%	0%	1%	0%	0%	0%
	Every day	0%	0%	1%	0%	1%	0%	0%	0%
...threatened to beat someone up?	Never	91%	96%	87%	91%	87%	92%	88%	95%
	Once or twice	8%	4%	10%	7%	10%	7%	9%	4%
	About once a week	0%	0%	2%	1%	1%	1%	1%	0%
	Several times a week	0%	0%	1%	1%	1%	0%	1%	0%
	Every day	0%	0%	1%	0%	1%	0%	1%	0%
...spread mean rumors or lies about someone else?	Never	91%	92%	93%	90%	94%	89%	94%	94%
	Once or twice	9%	7%	6%	9%	5%	10%	4%	5%
	About once a week	1%	0%	1%	1%	1%	1%	1%	0%
	Several times a week	0%	0%	0%	0%	0%	0%	0%	0%
	Every day	0%	0%	0%	0%	1%	0%	1%	0%
...made sexual jokes, comments or gestures towards someone else?*	Never			85%	94%	84%	94%	85%	96%
	Once or twice			11%	5%	11%	5%	9%	3%
	About once a week			2%	1%	2%	1%	2%	1%
	Several times a week			1%	0%	2%	0%	1%	0%
	Every day			2%	0%	2%	0%	2%	0%
...excluded someone from friends, other students or activities?	Never	84%	85%	88%	84%	89%	84%	90%	92%
	Once or twice	14%	14%	10%	15%	9%	14%	8%	8%
	About once a week	1%	0%	1%	1%	1%	1%	1%	0%
	Several times a week	1%	0%	0%	0%	1%	0%	0%	0%
	Every day	1%	0%	1%	0%	1%	0%	1%	0%

\* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 13A  
AVAILABILITY OF COMMUNITY PROGRAMS**

**West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?</b>	<b>Yes</b>	57%	63%	72%	72%	68%	67%	70%	64%
	<b>No</b>	8%	7%	7%	6%	9%	8%	10%	11%
	<b>I don't know what programs are available in my community</b>	35%	29%	21%	22%	23%	25%	20%	24%

2019 Minnesota Student Survey

**TABLE 13B  
ENRICHMENT ACTIVITIES**

*West Central*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams</b>	<b>0 days</b>	49%	50%	37%	39%	44%	46%	45%	51%
	<b>1 day</b>	9%	12%	5%	5%	4%	4%	4%	3%
	<b>2 days</b>	19%	19%	6%	9%	5%	6%	5%	5%
	<b>3 to 4 days</b>	12%	12%	17%	15%	10%	11%	7%	10%
	<b>5 or more days</b>	11%	7%	35%	32%	36%	33%	40%	31%
<b>School sponsored activities or clubs that are not sports, such as drama, music, chess or science club</b>	<b>0 days</b>	85%	82%	82%	74%	81%	72%	78%	68%
	<b>1 day</b>	6%	7%	5%	7%	6%	10%	8%	12%
	<b>2 days</b>	5%	5%	4%	6%	5%	7%	6%	9%
	<b>3 to 4 days</b>	2%	3%	3%	5%	5%	4%	4%	6%
	<b>5 or more days</b>	2%	2%	5%	8%	3%	7%	5%	5%
<b>Tutoring, homework help or academic programs</b>	<b>0 days</b>	88%	90%	92%	92%	91%	93%	92%	91%
	<b>1 day</b>	6%	4%	4%	5%	4%	4%	4%	5%
	<b>2 days</b>	3%	4%	2%	2%	3%	2%	3%	2%
	<b>3 to 4 days</b>	1%	2%	1%	1%	1%	1%	1%	1%
	<b>5 or more days</b>	2%	2%	1%	1%	1%	1%	1%	1%
<b>Leadership activities such as student government, youth councils or committees</b>	<b>0 days</b>	93%	94%	94%	91%	94%	91%	90%	81%
	<b>1 day</b>	4%	4%	4%	7%	3%	7%	7%	13%
	<b>2 days</b>	1%	1%	2%	1%	2%	2%	2%	5%
	<b>3 to 4 days</b>	1%	1%	1%	1%	0%	1%	1%	1%
	<b>5 or more days</b>	1%	1%	0%	0%	1%	0%	0%	1%

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**TABLE 13C  
ENRICHMENT ACTIVITIES**

*West Central*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Artistic lessons, such as music or dance</b>	<b>0 days</b>	86%	66%	88%	76%	91%	79%	91%	82%
	<b>1 day</b>	7%	20%	6%	9%	4%	8%	4%	8%
	<b>2 days</b>	3%	8%	2%	6%	2%	3%	3%	4%
	<b>3 to 4 days</b>	2%	3%	2%	4%	2%	4%	1%	3%
	<b>5 or more days</b>	2%	3%	2%	5%	2%	5%	1%	3%
<b>Physical activity lessons, such as tennis or karate</b>	<b>0 days</b>	83%	84%	86%	84%	87%	86%	88%	88%
	<b>1 day</b>	5%	6%	4%	4%	2%	3%	2%	3%
	<b>2 days</b>	6%	6%	3%	4%	3%	4%	3%	3%
	<b>3 to 4 days</b>	3%	3%	3%	3%	4%	3%	3%	3%
	<b>5 or more days</b>	3%	2%	5%	4%	4%	4%	3%	3%
<b>Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed</b>	<b>0 days</b>	84%	85%	90%	89%	91%	89%	93%	92%
	<b>1 day</b>	11%	10%	6%	8%	5%	7%	4%	5%
	<b>2 days</b>	3%	2%	2%	2%	2%	2%	2%	2%
	<b>3 to 4 days</b>	1%	1%	1%	1%	1%	1%	1%	1%
	<b>5 or more days</b>	2%	2%	1%	1%	1%	1%	1%	1%
<b>Religious activities such as religious services, education or youth group</b>	<b>0 days</b>	79%	69%	60%	47%	64%	52%	69%	64%
	<b>1 day</b>	16%	25%	33%	43%	29%	38%	25%	28%
	<b>2 days</b>	3%	4%	6%	9%	5%	9%	5%	7%
	<b>3 to 4 days</b>	1%	1%	1%	1%	1%	1%	1%	1%
	<b>5 or more days</b>	1%	1%	0%	0%	1%	0%	0%	1%

2019 Minnesota Student Survey

TABLE 14  
QUALITY OF YOUTH ACTIVITIES^

West Central

When you spend time doing activities outside of the regular school day, how often do you...		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...feel safe?	Rarely or never	4%	4%	3%	1%	3%	2%	3%	2%
	Sometimes	11%	10%	6%	8%	5%	7%	4%	6%
	Often	27%	29%	26%	30%	26%	32%	21%	31%
	Very often	57%	58%	64%	60%	66%	58%	72%	61%
...learn skills like teamwork or leadership?	Rarely or never	16%	12%	11%	9%	11%	9%	10%	9%
	Sometimes	29%	26%	29%	28%	26%	27%	25%	26%
	Often	30%	34%	35%	35%	35%	37%	33%	35%
	Very often	26%	28%	25%	28%	27%	27%	31%	31%
...develop trusting relationships with peers your age?	Rarely or never	16%	15%	9%	10%	8%	10%	8%	9%
	Sometimes	25%	28%	22%	27%	22%	27%	19%	27%
	Often	30%	29%	42%	35%	38%	36%	38%	34%
	Very often	28%	28%	27%	28%	32%	27%	35%	30%
...develop trusting relationships with adults?	Rarely or never	20%	17%	12%	14%	12%	13%	9%	9%
	Sometimes	28%	29%	27%	30%	29%	31%	26%	29%
	Often	28%	26%	37%	33%	32%	33%	35%	34%
	Very often	24%	29%	24%	23%	27%	23%	30%	28%
...help make decisions?	Rarely or never	16%	14%	11%	12%	9%	9%	7%	8%
	Sometimes	33%	34%	29%	31%	27%	31%	26%	25%
	Often	31%	30%	37%	35%	38%	39%	38%	38%
	Very often	20%	22%	23%	22%	26%	22%	28%	29%
...do something that gives you joy and energy?	Rarely or never	7%	4%	6%	6%	6%	6%	6%	6%
	Sometimes	16%	15%	14%	16%	14%	18%	16%	19%
	Often	28%	27%	33%	33%	34%	33%	33%	35%
	Very often	49%	54%	47%	45%	45%	42%	45%	40%
...learn skills that you can use in a future job?	Rarely or never	15%	18%	12%	14%	12%	14%	10%	10%
	Sometimes	29%	30%	29%	35%	29%	33%	26%	33%
	Often	27%	25%	30%	28%	30%	31%	31%	30%
	Very often	30%	27%	29%	23%	29%	23%	32%	27%

^ These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2019 Minnesota Student Survey

**TABLE 15  
LIVING SITUATIONS**

**West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Have you ever been in foster care? (Mark ALL that apply)^	No	96%	95%	97%	95%	96%	95%	96%	95%
	Yes, during the last year	1%	1%	1%	1%	1%	2%	1%	2%
	Yes, more than a year ago	3%	4%	3%	4%	3%	4%	2%	4%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	No			94%	94%	94%	95%	96%	96%
	Yes, I was with my parents or adult family member			6%	5%	5%	4%	3%	2%
	Yes, I was on my own without any adult family members			1%	1%	1%	1%	1%	2%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)*	None of my parents or guardians has ever been in jail or prison			80%	80%	79%	75%	81%	80%
	Yes, I have a parent or guardian in jail or prison right now			3%	2%	3%	3%	2%	2%
	Yes, I have had a parent or guardian in jail or prison in the past			18%	19%	19%	23%	17%	19%
IF YOU HAVE OR HAVE HAD A PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?^*	Yes			55%	55%	52%	54%	48%	50%
	No			45%	45%	48%	46%	52%	50%

^ New question in 2019.

\* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 16  
COMMUNICATION WITH ADULTS**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Which of these adults can you talk to about problems you are having? (Mark ALL that apply)^</b>	<b>Parent or guardian</b>	92%	92%	87%	82%	85%	79%	84%	82%
	<b>Adult at school</b>	45%	50%	32%	32%	31%	29%	37%	34%
	<b>Some other adult</b>	15%	20%	25%	29%	27%	33%	37%	37%
	<b>I don't have any adults that I can talk to about problems I am having</b>	4%	5%	9%	12%	11%	12%	9%	8%

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 17  
PERCEPTIONS OF FAMILY AND OTHERS CARING**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
<i>How much do you feel ...</i>		%	%	%	%	%	%	%	%
...your parents care about you?	Not at all	1%	0%	1%	1%	1%	1%	1%	2%
	A little	1%	2%	2%	5%	3%	6%	3%	3%
	Some	4%	3%	4%	7%	5%	10%	5%	11%
	Quite a bit	10%	10%	13%	15%	16%	19%	18%	16%
	Very much	84%	84%	80%	71%	75%	64%	73%	68%
...other adult relatives care about you?	Not at all	2%	0%	2%	2%	1%	2%	2%	2%
	A little	2%	2%	2%	6%	3%	8%	4%	6%
	Some	9%	6%	8%	12%	10%	14%	11%	15%
	Quite a bit	24%	22%	27%	26%	29%	29%	28%	26%
	Very much	63%	68%	60%	54%	57%	47%	55%	51%
...friends care about you?	Not at all	2%	2%	2%	2%	2%	2%	2%	2%
	A little	6%	5%	6%	7%	6%	8%	5%	5%
	Some	17%	15%	17%	15%	17%	16%	17%	18%
	Quite a bit	39%	31%	43%	30%	41%	32%	36%	30%
	Very much	37%	47%	32%	46%	34%	42%	39%	45%
...teachers/other adults at school care about you?	Not at all	5%	3%	7%	8%	8%	9%	7%	6%
	A little	8%	7%	15%	17%	16%	19%	15%	17%
	Some	19%	16%	28%	30%	31%	34%	29%	35%
	Quite a bit	31%	34%	31%	28%	28%	25%	28%	27%
	Very much	36%	40%	19%	17%	17%	13%	22%	16%
...adults in your community care about you?	Not at all	9%	6%	9%	13%	11%	14%	11%	12%
	A little	14%	12%	19%	20%	19%	22%	16%	23%
	Some	26%	21%	28%	26%	28%	29%	29%	30%
	Quite a bit	27%	32%	26%	24%	26%	22%	24%	20%
	Very much	23%	29%	18%	17%	16%	12%	20%	16%



2019 Minnesota Student Survey

**TABLE 18  
ADVERSE CHILDHOOD EXPERIENCES\***

**West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	9%	11%	10%	12%	11%	13%
	No	91%	89%	90%	88%	89%	87%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	4%	5%	4%	6%	4%	5%
	No	96%	95%	96%	94%	96%	95%
Do you live with anyone who is depressed or has any other mental health issues? <sup>^</sup>	Yes	17%	30%	20%	36%	22%	35%
	No	83%	70%	80%	64%	78%	65%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	10%	19%	13%	20%	11%	16%
	No	90%	81%	87%	80%	89%	84%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	11%	13%	12%	12%	10%	11%
	No	89%	87%	88%	88%	90%	89%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	7%	10%	6%	10%	6%	9%
	No	93%	90%	94%	90%	94%	91%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes? <sup>^^</sup>	Yes	2%	6%	2%	7%	2%	9%
	No	98%	94%	98%	93%	98%	91%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you? <sup>^^</sup>	Yes	1%	5%	1%	5%	1%	5%
	No	99%	95%	99%	95%	99%	95%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else? <sup>^^*</sup>	Yes			1%	1%	2%	2%
	No			99%	99%	98%	98%
ACEs Score-short <sup>^^^</sup>	None	60%	49%	55%	43%	56%	45%
	One	21%	24%	22%	24%	24%	25%
	Two	10%	11%	11%	12%	10%	12%
	Three	5%	7%	5%	9%	5%	7%
	Four or more	4%	10%	6%	12%	5%	10%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

<sup>^</sup> New question in 2019.

<sup>^^</sup> Change in question wording from 2016.

<sup>^^^</sup> An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 15).

2019 Minnesota Student Survey

**TABLE 19  
RELATIONSHIP VIOLENCE\*^**

**West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	4%	2%	4%	4%	4%	6%
	No	96%	98%	96%	96%	96%	94%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	6%	11%	7%	14%	9%	22%
	No	94%	89%	93%	86%	91%	78%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?*	Yes			3%	9%	3%	15%
	No			97%	91%	97%	85%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?*	Yes			2%	1%	2%	2%
	No			95%	98%	95%	97%
	Not sure			4%	1%	4%	1%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 20  
GENERAL HEALTH AND HEALTH CONDITIONS**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
How would you describe your health in general?	Excellent	31%	31%	30%	22%	29%	19%	35%	18%
	Very good	38%	40%	43%	40%	39%	38%	36%	39%
	Good	26%	23%	21%	28%	24%	30%	21%	31%
	Fair	4%	4%	5%	8%	7%	11%	6%	11%
	Poor	1%	1%	1%	2%	1%	2%	2%	2%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	16%	14%	12%	16%	13%	19%	14%	17%
	No	84%	86%	88%	84%	87%	81%	86%	83%
Has a doctor or nurse ever told you that you have diabetes?^	Yes	1%	1%	2%	1%	1%	1%	2%	1%
	No	99%	99%	98%	99%	99%	99%	98%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?^	Yes	1%	0%	1%	1%	1%	1%	2%	2%
	No	99%	100%	99%	99%	99%	99%	98%	98%
Has a doctor or nurse ever told you that you have asthma?	Yes	12%	10%	12%	13%	14%	17%	14%	17%
	No	88%	90%	88%	87%	86%	83%	86%	83%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	4%	3%	4%	4%	4%	3%	3%	4%
	No	96%	97%	96%	96%	96%	97%	97%	96%
Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*	Yes			14%	26%	16%	31%	15%	34%
	No			86%	74%	84%	69%	85%	66%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight			70%	77%	67%	75%	69%	74%
	Overweight			17%	14%	18%	14%	14%	15%
	Obese			13%	9%	15%	10%	17%	11%

^ New question in 2019.

\* 5th grade survey did not ask this question.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile  
Overweight: 85th to less than the 95th percentile  
Obese: Equal to or greater than the 95th percentile

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**TABLE 21  
RECEIPT OF TREATMENT; ORAL HEALTH**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)*	No			82%	78%	81%	72%	81%	65%
	Yes, during the last year			10%	15%	9%	19%	10%	24%
	Yes, more than a year ago			10%	10%	12%	13%	12%	17%
Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*	No			98%	98%	97%	98%	97%	98%
	Yes, during the last year			1%	1%	2%	1%	2%	2%
	Yes, more than a year ago			1%	1%	1%	1%	1%	1%
When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?^	During the last year	80%	83%	83%	85%	81%	84%	81%	81%
	Between 1 and 2 years ago	12%	10%	11%	9%	10%	10%	11%	10%
	More than 2 years ago	5%	4%	5%	5%	7%	5%	6%	7%
	Never	3%	2%	1%	1%	2%	1%	2%	1%
Have you any of the following dental problems during the past 12 months? (Mark ALL that apply)^^	Toothaches or pain	20%	23%	20%	23%	20%	24%	21%	28%
	Decayed teeth or cavities	16%	15%	14%	13%	16%	16%	16%	18%
	Swollen, painful or bleeding gums	7%	8%	7%	8%	9%	7%	6%	9%
	Could not eat certain foods because of a dental problem	7%	8%	5%	7%	6%	7%	4%	7%
	Missed one or more school days because of a dental problem	10%	9%	9%	6%	7%	5%	5%	5%
	I have not had any of these dental health problems	62%	60%	65%	63%	64%	63%	66%	59%
IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?^^	Yes	68%	66%	72%	71%	70%	69%	69%	66%
	No, but I will see a dentist	24%	29%	22%	23%	26%	26%	25%	28%
	No, I am not able to get dental treatment	8%	5%	6%	6%	5%	6%	6%	6%

\* 5th grade survey did not ask this question.

^ Change in question wording from 2016.

^^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 22  
PHYSICAL ACTIVITY; SLEEP; USE OF INDOOR TANNING DEVICE**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	11%	10%	5%	5%	7%	7%	10%	14%
	1 day	8%	8%	4%	6%	5%	7%	5%	10%
	2 days	10%	11%	5%	8%	7%	12%	8%	12%
	3 days	10%	12%	10%	13%	10%	15%	10%	14%
	4 days	11%	12%	11%	17%	11%	15%	9%	14%
	5 days	15%	16%	21%	23%	19%	19%	20%	17%
	6 days	9%	9%	13%	15%	14%	14%	13%	11%
	7 days	26%	21%	31%	13%	27%	12%	25%	8%
During a typical school night, how many hours of sleep do you get?	4 hours or less	4%	3%	5%	5%	6%	6%	6%	5%
	5 hours	2%	3%	5%	7%	7%	10%	7%	12%
	6 hours	7%	4%	12%	14%	16%	20%	21%	25%
	7 hours	11%	10%	23%	26%	28%	29%	36%	31%
	8 hours	25%	22%	33%	32%	30%	24%	24%	22%
	9 hours	27%	30%	17%	12%	11%	8%	5%	4%
	10 or more hours	23%	28%	5%	4%	2%	2%	1%	1%
During the last 12 months, how many times did you use an indoor tanning device such as a sunlamp, sunbed or tanning booth?*	0 times			98%	98%	97%	97%	97%	91%
	1 or 2 times			1%	1%	1%	2%	1%	3%
	3 to 9 times			0%	0%	1%	1%	1%	4%
	10 to 19 times			0%	0%	0%	0%	1%	2%
	20 to 39 times			0%	0%	0%	0%	0%	1%
	40 or more times			0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 23  
EATING MEALS**

**West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	4%	3%	3%	4%	4%	5%	4%	6%
	No	96%	97%	97%	96%	96%	95%	96%	94%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	4%	3%	6%	13%	9%	17%	11%	14%
	Regular school lunch from the cafeteria	85%	83%	85%	71%	81%	64%	72%	60%
	The a la carte line (buy individual items)	4%	3%	11%	10%	15%	15%	13%	13%
	School store or vending machine	3%	1%	4%	1%	7%	5%	5%	3%
	Fast food restaurant, gas station or somewhere else outside of school	3%	2%	2%	2%	6%	4%	17%	13%
	I bring lunch from home.	21%	33%	14%	29%	16%	29%	16%	34%
Do you currently get free or reduced-price lunch at school?^	Yes	19%	23%	26%	25%	27%	28%	23%	26%
	No	39%	34%	53%	53%	55%	56%	66%	67%
	Not sure	42%	43%	21%	22%	17%	16%	11%	8%

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 24A  
NUTRITION

West Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 7 days, how many times did you drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)^	I did NOT eat or drink this	20%	23%	20%	23%	23%	27%	24%	27%
	1 to 3 times in the last 7 days	36%	39%	42%	44%	41%	43%	40%	45%
	4 to 6 times in the last 7 days	14%	12%	14%	15%	15%	13%	16%	12%
	1 time per day	12%	13%	12%	10%	12%	10%	10%	10%
	2 times per day	8%	6%	7%	4%	5%	3%	6%	4%
	3 times per day	3%	2%	2%	1%	2%	2%	2%	1%
	4 or more times per day	7%	5%	3%	2%	3%	1%	3%	1%
During the last 7 days, how many times did you eat fruit? (Do not count fruit juice)^	I did NOT eat or drink this	9%	4%	7%	6%	10%	8%	10%	8%
	1 to 3 times in the last 7 days	26%	24%	29%	30%	30%	29%	32%	31%
	4 to 6 times in the last 7 days	18%	20%	24%	22%	22%	23%	23%	20%
	1 time per day	14%	19%	17%	17%	16%	16%	18%	19%
	2 times per day	13%	13%	12%	15%	11%	15%	10%	14%
	3 times per day	7%	7%	6%	6%	4%	6%	3%	4%
	4 or more times per day	13%	13%	6%	4%	5%	4%	4%	3%
During the last 7 days, how many times did you eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	15%	9%	12%	7%	13%	8%	12%	8%
	1 to 3 times in the last 7 days	29%	28%	32%	30%	28%	28%	33%	29%
	4 to 6 times in the last 7 days	16%	19%	19%	23%	22%	22%	23%	22%
	1 time per day	15%	17%	18%	18%	21%	21%	17%	19%
	2 times per day	10%	12%	11%	12%	9%	12%	9%	14%
	3 times per day	6%	6%	4%	5%	3%	5%	3%	5%
	4 or more times per day	9%	9%	4%	4%	4%	4%	3%	2%
During the last 7 days, how many times did you eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	37%	40%	33%	32%	29%	29%	21%	24%
	1 to 3 times in the last 7 days	50%	48%	59%	60%	61%	62%	65%	64%
	4 to 6 times in the last 7 days	4%	3%	4%	4%	5%	6%	8%	7%
	1 time per day	5%	5%	3%	3%	2%	2%	3%	4%
	2 times per day	1%	1%	1%	1%	1%	1%	1%	0%
	3 times per day	1%	1%	0%	0%	0%	0%	0%	1%
	4 or more times per day	2%	1%	1%	0%	1%	0%	1%	0%
Servings of fruits, fruit juice and vegetables per day during the last 7 days^^	Less than five	77%	76%	85%	86%	87%	87%	89%	88%
	Five or more	23%	24%	15%	14%	13%	13%	11%	12%

^ Change in question wording from 2016.

^^ This is a computed variable based on combinations of responses to the first three questions on this table.

2019 Minnesota Student Survey

TABLE 24B  
NUTRITION<sup>^</sup>

West Central

During the last 7 days, how many times did you drink...		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
... a glass of milk?	I did NOT eat or drink this	9%	11%	7%	19%	9%	20%	9%	26%
	1 to 3 times in the last 7 days	17%	18%	13%	20%	16%	25%	16%	22%
	4 to 6 times in the last 7 days	16%	16%	14%	17%	16%	16%	17%	15%
	1 time per day	13%	14%	18%	15%	16%	15%	19%	15%
	2 times per day	18%	15%	19%	16%	21%	14%	19%	13%
	3 times per day	12%	12%	15%	8%	12%	6%	11%	6%
	4 or more times per day	16%	13%	13%	7%	10%	5%	9%	3%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite?	I did NOT eat or drink this	31%	41%	22%	35%	21%	38%	22%	39%
	1 to 3 times in the last 7 days	46%	42%	46%	46%	44%	43%	40%	42%
	4 to 6 times in the last 7 days	8%	5%	14%	10%	15%	9%	16%	9%
	1 time per day	8%	8%	10%	5%	10%	6%	11%	6%
	2 times per day	3%	2%	5%	2%	4%	2%	5%	3%
	3 times per day	1%	1%	1%	1%	2%	1%	2%	1%
	4 or more times per day	2%	1%	2%	1%	3%	1%	2%	1%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade?	I did NOT eat or drink this	43%	52%	37%	56%	36%	54%	34%	58%
	1 to 3 times in the last 7 days	35%	31%	37%	29%	37%	33%	36%	31%
	4 to 6 times in the last 7 days	9%	6%	12%	7%	13%	7%	16%	7%
	1 time per day	6%	5%	7%	4%	8%	3%	7%	3%
	2 times per day	2%	2%	3%	2%	3%	1%	3%	1%
	3 times per day	2%	1%	2%	1%	2%	1%	1%	0%
	4 or more times per day	3%	2%	1%	1%	1%	0%	1%	0%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	87%	93%	78%	88%	74%	85%	70%	83%
	1 to 3 times in the last 7 days	8%	4%	15%	8%	18%	10%	20%	12%
	4 to 6 times in the last 7 days	1%	1%	3%	2%	4%	2%	4%	2%
	1 time per day	1%	1%	2%	1%	2%	1%	3%	2%
	2 times per day	1%	1%	1%	1%	1%	0%	1%	1%
	3 times per day	1%	0%	0%	0%	1%	0%	0%	0%
	4 or more times per day	1%	0%	1%	0%	1%	0%	1%	0%
... a can, bottle or glass of coffee or tea that had sugar, syrups, or honey added to it?	I did NOT eat or drink this	68%	65%	63%	46%	58%	44%	56%	40%
	1 to 3 times in the last 7 days	22%	23%	22%	34%	24%	36%	25%	34%
	4 to 6 times in the last 7 days	3%	5%	7%	10%	7%	11%	8%	12%
	1 time per day	3%	4%	5%	6%	6%	6%	7%	9%
	2 times per day	1%	2%	2%	2%	2%	3%	3%	3%
	3 times per day	1%	1%	0%	0%	1%	1%	1%	1%
	4 or more times per day	1%	1%	1%	1%	2%	1%	1%	1%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun and lemonade?	I did NOT eat or drink this	42%	45%	47%	50%	50%	55%	48%	58%
	1 to 3 times in the last 7 days	36%	36%	34%	36%	33%	32%	34%	30%
	4 to 6 times in the last 7 days	8%	7%	9%	7%	9%	7%	9%	6%
	1 time per day	7%	6%	5%	4%	4%	3%	5%	3%
	2 times per day	3%	3%	2%	2%	2%	2%	2%	1%
	3 times per day	1%	1%	1%	1%	1%	1%	1%	1%
	4 or more times per day	3%	2%	2%	1%	1%	0%	1%	1%
... a bottle or glass of water?	I did NOT eat or drink this	3%	1%	1%	1%	1%	1%	3%	1%
	1 to 3 times in the last 7 days	8%	6%	6%	7%	8%	6%	6%	6%
	4 to 6 times in the last 7 days	12%	12%	9%	10%	10%	10%	11%	10%
	1 time per day	10%	7%	11%	12%	11%	9%	13%	12%
	2 times per day	11%	10%	16%	15%	16%	16%	16%	16%
	3 times per day	11%	13%	18%	17%	18%	19%	18%	20%
	4 or more times per day	46%	50%	38%	39%	36%	39%	34%	34%

<sup>^</sup> All questions on this table were new in 2019.



2019 Minnesota Student Survey

TABLE 25  
VEHICLE SAFETY<sup>^</sup>

West Central

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, truck or SUV, how often do you send or read text messages or emails?*	I don't drive a car, truck or SUV					61%	74%	13%	19%
	I never do this					29%	21%	31%	30%
	Rarely					5%	3%	25%	24%
	Sometimes					3%	1%	16%	17%
	Often					1%	1%	9%	8%
	Always					1%	1%	6%	2%
When driving a car, truck or SUV, how often do you make or answer a phone call?*	I don't drive a car, truck or SUV					62%	74%	13%	19%
	I never do this					24%	19%	16%	18%
	Rarely					6%	5%	26%	23%
	Sometimes					4%	2%	22%	23%
	Often					3%	0%	11%	12%
	Always					2%	0%	11%	4%
How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?***	I don't ride in a car, truck or SUV	2%	1%	1%	0%	22%	18%	6%	6%
	I never do this	1%	1%	1%	0%	1%	1%	2%	1%
	Rarely	1%	1%	3%	2%	2%	1%	2%	1%
	Sometimes	5%	2%	6%	4%	5%	3%	5%	2%
	Often	15%	12%	21%	20%	13%	12%	9%	6%
	Always	76%	83%	70%	73%	57%	65%	75%	85%

\* 5th and 8th grade surveys did not ask this question.

\*\* On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?"

<sup>^</sup> All questions on this table had wording changes from 2016.

2019 Minnesota Student Survey

TABLE 26A  
SELF DESCRIPTION<sup>^</sup>

West Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
I feel in control of my life and future.*	Not at all or rarely	15%	15%	4%	8%	5%	8%	6%	7%
	Somewhat or sometimes	34%	31%	16%	24%	19%	29%	21%	33%
	Very or often	35%	39%	44%	39%	44%	39%	41%	40%
	Extremely or almost always	15%	15%	36%	30%	33%	24%	32%	20%
I feel good about myself.	Not at all or rarely	5%	6%	4%	15%	6%	15%	6%	12%
	Somewhat or sometimes	15%	19%	17%	29%	18%	34%	21%	39%
	Very or often	39%	38%	43%	32%	44%	35%	40%	33%
	Extremely or almost always	42%	37%	37%	24%	32%	16%	32%	16%
I feel good about my future.	Not at all or rarely	6%	5%	4%	9%	6%	9%	6%	7%
	Somewhat or sometimes	16%	17%	16%	22%	20%	27%	22%	33%
	Very or often	36%	35%	42%	34%	39%	36%	40%	39%
	Extremely or almost always	42%	44%	38%	35%	35%	27%	31%	21%
I deal with disappointment without getting too upset.	Not at all or rarely	15%	14%	8%	12%	8%	13%	8%	11%
	Somewhat or sometimes	34%	30%	29%	36%	30%	35%	29%	43%
	Very or often	34%	36%	41%	35%	41%	39%	39%	33%
	Extremely or almost always	17%	20%	22%	17%	20%	13%	23%	13%
I find good ways to deal with things that are hard in my life.	Not at all or rarely	9%	9%	5%	11%	7%	12%	7%	9%
	Somewhat or sometimes	29%	27%	26%	32%	26%	35%	27%	39%
	Very or often	41%	38%	44%	37%	43%	36%	43%	37%
	Extremely or almost always	21%	26%	25%	20%	24%	17%	24%	14%
I am thinking about what my purpose is in life.**	Not at all or rarely	7%	6%	11%	8%	11%	10%	8%	5%
	Somewhat or sometimes	27%	26%	25%	26%	25%	26%	21%	24%
	Very or often	37%	40%	35%	31%	37%	34%	37%	39%
	Extremely or almost always	29%	28%	29%	35%	27%	30%	34%	32%

\* On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

\*\* On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26B  
SELF DESCRIPTION<sup>^</sup>

West Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
I say no to things that are dangerous or unhealthy.	Not at all or rarely	12%	10%	5%	6%	8%	6%	8%	7%
	Somewhat or sometimes	16%	10%	17%	16%	18%	21%	24%	22%
	Very or often	24%	18%	30%	23%	33%	28%	28%	29%
	Extremely or almost always	48%	62%	47%	55%	42%	45%	40%	42%
I build friendships with other people.	Not at all or rarely	8%	6%	5%	8%	4%	7%	6%	6%
	Somewhat or sometimes	25%	23%	19%	26%	23%	26%	22%	27%
	Very or often	37%	37%	46%	38%	44%	41%	44%	43%
	Extremely or almost always	30%	33%	30%	28%	28%	26%	29%	23%
I express my feelings in proper ways.	Not at all or rarely	13%	9%	9%	11%	11%	12%	11%	9%
	Somewhat or sometimes	30%	29%	29%	33%	27%	34%	27%	35%
	Very or often	37%	37%	42%	36%	42%	37%	40%	38%
	Extremely or almost always	20%	25%	20%	20%	19%	18%	23%	17%
I plan ahead and make good choices.	Not at all or rarely	6%	6%	6%	7%	8%	8%	7%	5%
	Somewhat or sometimes	27%	19%	28%	27%	28%	27%	31%	30%
	Very or often	39%	39%	42%	38%	42%	39%	38%	43%
	Extremely or almost always	28%	36%	24%	29%	23%	26%	24%	22%
I stay away from bad influences.	Not at all or rarely	6%	6%	6%	7%	7%	8%	9%	8%
	Somewhat or sometimes	17%	10%	21%	19%	24%	25%	25%	24%
	Very or often	30%	26%	34%	29%	33%	26%	29%	32%
	Extremely or almost always	46%	59%	38%	45%	36%	41%	37%	36%
I resolve conflicts without anyone getting hurt.	Not at all or rarely	8%	6%	5%	5%	6%	4%	5%	3%
	Somewhat or sometimes	25%	16%	26%	23%	25%	25%	23%	24%
	Very or often	37%	33%	42%	37%	42%	41%	40%	42%
	Extremely or almost always	30%	46%	28%	36%	27%	29%	32%	31%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 26C  
SELF DESCRIPTION<sup>^</sup>

West Central

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
I accept people who are different from me.	Not at all or rarely	3%	2%	2%	1%	4%	2%	4%	1%
	Somewhat or sometimes	11%	6%	12%	6%	15%	8%	15%	10%
	Very or often	32%	22%	42%	29%	41%	33%	42%	32%
	Extremely or almost always	54%	70%	44%	64%	40%	57%	39%	56%
I am sensitive to the needs and feelings of others.	Not at all or rarely	12%	7%	9%	4%	11%	4%	8%	3%
	Somewhat or sometimes	25%	16%	31%	19%	28%	17%	25%	17%
	Very or often	35%	37%	37%	38%	38%	38%	38%	39%
	Extremely or almost always	28%	40%	23%	39%	22%	41%	29%	41%
I feel valued and appreciated by others.	Not at all or rarely	8%	7%	6%	11%	7%	11%	6%	8%
	Somewhat or sometimes	22%	19%	22%	28%	24%	32%	26%	35%
	Very or often	40%	34%	45%	35%	44%	35%	41%	37%
	Extremely or almost always	31%	40%	27%	26%	25%	21%	27%	21%
I am included in family tasks and decisions.	Not at all or rarely	5%	4%	4%	7%	6%	9%	6%	8%
	Somewhat or sometimes	17%	15%	18%	21%	18%	24%	19%	24%
	Very or often	35%	36%	43%	35%	43%	34%	43%	37%
	Extremely or almost always	42%	45%	35%	37%	32%	34%	33%	31%
I am given useful roles and responsibilities.	Not at all or rarely	5%	3%	4%	5%	5%	5%	5%	3%
	Somewhat or sometimes	20%	15%	18%	20%	20%	22%	21%	22%
	Very or often	38%	36%	45%	38%	46%	40%	42%	43%
	Extremely or almost always	37%	46%	34%	37%	29%	33%	32%	32%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2019 Minnesota Student Survey

TABLE 27A  
EMOTIONAL WELL-BEING AND DISTRESS\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>Over the last two weeks, how often have you been bothered by...?</i>		%	%	%	%	%	%
...little interest or pleasure in doing things?	Not at all	59%	50%	59%	45%	56%	42%
	Several days	26%	32%	26%	33%	29%	36%
	More than half the days	9%	9%	9%	13%	8%	13%
	Nearly every day	5%	9%	7%	9%	7%	8%
...feeling down, depressed or hopeless?	Not at all	73%	53%	71%	49%	65%	46%
	Several days	17%	25%	18%	25%	23%	32%
	More than half the days	6%	10%	6%	13%	7%	13%
	Nearly every day	4%	13%	5%	13%	5%	9%
...feeling nervous, anxious or on edge?^	Not at all	60%	39%	58%	31%	56%	28%
	Several days	26%	32%	28%	34%	29%	38%
	More than half the days	9%	13%	8%	17%	8%	16%
	Nearly every day	5%	16%	6%	19%	7%	18%
...not being able to stop or control worrying?^	Not at all	73%	50%	72%	42%	67%	39%
	Several days	16%	26%	16%	28%	20%	31%
	More than half the days	5%	11%	7%	15%	7%	16%
	Nearly every day	5%	14%	5%	15%	5%	14%

\* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 27B  
EMOTIONAL WELL-BEING AND DISTRESS\*

*West Central*

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade	
		5th	
		Male	Female
		%	%
I worry a lot.	Strongly agree	11%	16%
	Agree	20%	24%
	Neither agree nor disagree	28%	28%
	Disagree	22%	21%
	Strongly disagree	19%	10%
I sometimes feel sad without knowing why. <sup>^</sup>	Strongly agree	13%	19%
	Agree	22%	27%
	Neither agree nor disagree	19%	17%
	Disagree	19%	18%
	Strongly disagree	27%	19%

\* Only the 5th grade survey asked these questions.

<sup>^</sup> Change in question wording from 2016

2019 Minnesota Student Survey

**TABLE 28  
SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\***

*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?</b>	<b>0 times</b>	88%	76%	88%	74%	90%	80%
	<b>1 or 2 times</b>	6%	10%	7%	12%	4%	9%
	<b>3 to 5 times</b>	3%	5%	3%	5%	3%	4%
	<b>6 to 9 times</b>	1%	3%	1%	3%	1%	3%
	<b>10 to 19 times</b>	0%	2%	1%	2%	1%	2%
	<b>20 or more times</b>	1%	3%	1%	3%	1%	2%
<b>Have you ever seriously considered attempting suicide? (Mark ALL that apply)</b>	<b>No</b>	86%	74%	86%	71%	83%	70%
	<b>Yes, during the last year</b>	9%	19%	9%	19%	10%	16%
	<b>Yes, more than a year ago</b>	7%	13%	8%	15%	9%	20%
<b>Have you ever actually attempted suicide? (Mark ALL that apply)</b>	<b>No</b>	95%	90%	94%	88%	94%	87%
	<b>Yes, during the last year</b>	3%	6%	3%	6%	3%	5%
	<b>Yes, more than a year ago</b>	3%	6%	4%	7%	3%	9%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 29  
PROBLEMATIC AND ANTISOCIAL BEHAVIOR**

*West Central*

<i>During the last 12 months, how often have you...</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>...run away from home?</b>	<b>Never</b>	95%	97%	95%	93%	96%	94%	96%	95%
	<b>Once or twice</b>	4%	3%	4%	6%	3%	5%	3%	4%
	<b>3 to 5 times</b>	1%	0%	0%	1%	1%	1%	1%	1%
	<b>6 to 9 times</b>	0%	0%	0%	0%	0%	0%	0%	0%
	<b>10 or more times</b>	0%	0%	0%	0%	0%	0%	0%	0%
<b>...damaged or destroyed property?</b>	<b>Never</b>	85%	94%	84%	90%	86%	92%	87%	94%
	<b>Once or twice</b>	12%	5%	14%	8%	11%	5%	10%	5%
	<b>3 to 5 times</b>	2%	0%	2%	1%	2%	2%	2%	1%
	<b>6 to 9 times</b>	0%	0%	0%	1%	0%	1%	0%	0%
	<b>10 or more times</b>	1%	0%	1%	0%	1%	0%	0%	0%
<b>...hit or beat up another person?</b>	<b>Never</b>	75%	89%	82%	89%	83%	91%	89%	95%
	<b>Once or twice</b>	19%	9%	14%	8%	12%	7%	8%	4%
	<b>3 to 5 times</b>	3%	2%	2%	1%	2%	2%	2%	0%
	<b>6 to 9 times</b>	1%	0%	1%	1%	1%	1%	1%	0%
	<b>10 or more times</b>	2%	0%	1%	1%	1%	0%	1%	0%
<b>...taken something from a store without paying for it?</b>	<b>Never</b>	96%	97%	93%	94%	93%	91%	91%	91%
	<b>Once or twice</b>	3%	2%	5%	4%	5%	6%	6%	6%
	<b>3 to 5 times</b>	0%	0%	1%	1%	1%	1%	2%	2%
	<b>6 to 9 times</b>	0%	0%	0%	0%	0%	1%	0%	1%
	<b>10 or more times</b>	0%	0%	0%	1%	1%	1%	1%	1%



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TABLE 30A  
GAMBLING BEHAVIOR\*

West Central

During the last 12 months, how often have you done the following gambling/betting activities?		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
Played cards, bet on sports teams or games of personal skill like video gaming, pool, golf or bowling	Not at all	65%	81%	65%	83%	63%	87%
	Less than once a month	19%	12%	18%	11%	19%	9%
	About once a month	7%	4%	8%	3%	9%	2%
	About once a week	4%	1%	3%	1%	4%	2%
	2 to 6 times a week	2%	1%	2%	1%	2%	0%
	Daily	3%	1%	3%	0%	2%	0%
Bought lottery tickets or scratch offs	Not at all	92%	93%	93%	94%	92%	93%
	Less than once a month	5%	5%	5%	4%	4%	5%
	About once a month	2%	1%	1%	1%	2%	1%
	About once a week	0%	1%	1%	0%	0%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	1%	0%	1%	0%
Gambled in a casino	Not at all	97%	99%	98%	100%	96%	98%
	Less than once a month	1%	1%	1%	0%	1%	1%
	About once a month	0%	0%	0%	0%	0%	0%
	About once a week	0%	0%	0%	0%	0%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	1%	0%	2%	0%
Gambled for money online	Not at all	97%	99%	96%	100%	96%	99%
	Less than once a month	1%	0%	2%	0%	2%	0%
	About once a month	1%	0%	1%	0%	1%	0%
	About once a week	1%	0%	0%	0%	1%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	0%	0%	1%	0%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 30B  
GAMBLING BEHAVIOR\***

*West Central*

<b>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS</b>		<b>Grade</b>					
		<b>8th</b>		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>...hidden your gambling/betting from your parents, other family members or teachers?</b>	<b>Never</b>	92%	97%	94%	99%	92%	93%
	<b>Sometimes</b>	5%	2%	4%	1%	5%	4%
	<b>Many times</b>	0%	1%	1%	0%	1%	2%
	<b>All of the time</b>	3%	1%	1%	1%	2%	1%
<b>...felt that you might have a problem with gambling/betting?</b>	<b>Never</b>	96%	97%	96%	99%	96%	94%
	<b>Sometimes</b>	2%	2%	3%	1%	2%	4%
	<b>Many times</b>	1%	0%	1%	0%	1%	1%
	<b>All of the time</b>	1%	1%	1%	0%	1%	1%
<b>...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?</b>	<b>Never</b>	97%	98%	97%	99%	96%	98%
	<b>Sometimes</b>	2%	0%	2%	1%	2%	1%
	<b>Many times</b>	1%	1%	0%	0%	1%	1%
	<b>All of the time</b>	0%	0%	0%	0%	1%	1%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 31  
SUMMARY OF SUBSTANCE USE\*\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	94%	96%	93%	95%	86%	92%
	Yes	6%	4%	7%	5%	14%	8%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days	No	88%	87%	83%	81%	72%	74%
	Yes	12%	13%	17%	19%	28%	26%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	99%	100%	99%	99%	95%	98%
	Yes	1%	0%	1%	1%	5%	2%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	76%	74%	73%	67%	60%	58%
	Used only alcohol in the past year	11%	11%	12%	16%	19%	21%
	Used alcohol and marijuana in past year, but not other drugs	2%	1%	2%	3%	9%	8%
	Used marijuana or other drugs but not alcohol in the past year	7%	6%	7%	6%	5%	4%
	Used alcohol and marijuana or other drugs in the past year	5%	7%	6%	8%	7%	9%

\*\* These are all computed variables based on combinations of responses to two or more survey items.

**2019 Minnesota Student Survey**

**TABLE 32  
SUBSTANCE ABUSE\***

***West Central***

		Grade	
		5th	
		Male	Female
		%	%
<b>During the last 30 days, have you smoked any cigarettes?</b>	<b>Yes</b>	1%	1%
	<b>No</b>	99%	99%
<b>During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers, and liquor?</b>	<b>Yes</b>	5%	4%
	<b>No</b>	95%	96%
<b>During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?</b>	<b>Yes</b>	1%	1%
	<b>No</b>	99%	99%
<b>During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?</b>	<b>Yes</b>	2%	3%
	<b>No</b>	98%	97%
<b>During the last 12 months, have you used prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^</b>	<b>Yes</b>	2%	1%
	<b>No</b>	98%	99%

\* Only the 5th grade survey asked these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33  
TOBACCO USE\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 30 days, on how many days did you ...</i>		%	%	%	%	%	%
...smoke a cigarette?	0 days	96%	96%	96%	96%	91%	93%
	1 to 2 days	2%	2%	2%	2%	4%	3%
	3 to 9 days	1%	1%	1%	1%	2%	1%
	10 to 19 days	1%	0%	0%	1%	1%	1%
	20 to 29 days	0%	0%	0%	0%	1%	1%
	All 30 days	0%	0%	0%	0%	1%	1%
...smoke cigars, cigarillos or little cigars?	0 days	98%	99%	98%	99%	93%	98%
	1 to 2 days	1%	1%	1%	1%	4%	1%
	3 to 9 days	1%	0%	1%	0%	1%	0%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	97%	99%	96%	99%	91%	99%
	1 to 2 days	1%	1%	2%	1%	4%	1%
	3 to 9 days	0%	0%	1%	0%	1%	0%
	10 to 19 days	0%	0%	1%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	2%	0%
...vape or use an e-cigarette like JUUL, suorin, blu, VUSE, or logic?^	0 days	90%	88%	84%	82%	74%	75%
	1 to 2 days	4%	5%	7%	9%	7%	10%
	3 to 9 days	2%	3%	3%	4%	5%	4%
	10 to 19 days	2%	2%	3%	2%	4%	3%
	20 to 29 days	1%	1%	2%	1%	2%	3%
	All 30 days	1%	1%	2%	2%	9%	6%
...use a hookah or a waterpipe to smoke tobacco?	0 days	99%	99%	99%	99%	97%	98%
	1 to 2 days	0%	1%	1%	0%	1%	1%
	3 to 9 days	0%	0%	0%	0%	0%	0%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
During the last 30 days, on how many days did you smoke cigarettes or use other tobacco products that were flavored to taste like mint or menthol?	0 days or no tobacco use	96%	97%	95%	94%	88%	89%
	1 to 2 days	2%	1%	2%	3%	4%	4%
	3 to 9 days	1%	1%	1%	1%	2%	3%
	10 to 19 days	1%	1%	1%	1%	3%	1%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	2%	2%
During the last 30 days, on how many days did you use any tobacco product that was some other flavor, like candy, fruit, chocolate, clove, spice or alcoholic drinks?	0 days or no tobacco use	95%	95%	94%	92%	87%	87%
	1 to 2 days	3%	3%	3%	3%	4%	5%
	3 to 9 days	1%	2%	1%	2%	4%	3%
	10 to 19 days	1%	1%	2%	1%	2%	2%
	20 to 29 days	0%	0%	1%	0%	1%	1%
	All 30 days	0%	0%	1%	1%	2%	2%

\* 5th grade survey did not ask these questions.  
^ Change in question wording from 2016.

2019 Minnesota Student Survey

TABLE 33A  
ACCESS TO E-CIGARETTES\*^

West Central

<i><b>INCLUDES ONLY THOSE WHO VAPED OR USED E-CIGARETTES IN THE LAST 30 DAYS</b></i>		<b>Grade</b>					
		<b>8th</b>		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)</b>	<b>I bought it at gas stations or convenience stores</b>	2%	2%	5%	3%	10%	8%
	<b>I bought it at grocery, discount or drug stores</b>	0%	1%	4%	0%	3%	1%
	<b>I bought it on the internet</b>	8%	7%	11%	6%	12%	6%
	<b>I bought it at vape shops or other stores that sell only e-cigarettes</b>	3%	3%	6%	4%	13%	9%
	<b>I got it from friends</b>	61%	71%	66%	79%	67%	74%
	<b>I got it from my parents</b>	2%	5%	4%	4%	3%	4%
	<b>I got it from other family members</b>	18%	25%	12%	13%	6%	9%
	<b>I got it from someone I didn't know</b>	6%	7%	7%	6%	3%	4%
	<b>I got it by getting someone else to buy it for me</b>	18%	23%	16%	17%	19%	27%
	<b>I took it from my home</b>	3%	9%	5%	2%	2%	2%
	<b>I took it from a friend's home</b>	3%	6%	3%	4%	1%	1%
	<b>I took it from stores</b>	1%	1%	2%	2%	0%	1%
<b>I got it some other way</b>	21%	20%	23%	12%	15%	11%	

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 34  
EXPOSURE TO SECONDHAND SMOKE\***

**West Central**

		Grade	
		5th	
		Male	Female
		%	%
<b>During the last 7 days, on how many days were you in the same room as someone who was smoking cigarettes?</b>	<b>0 days</b>	74%	76%
	<b>1 or 2 days</b>	14%	13%
	<b>3 or 4 days</b>	4%	4%
	<b>5 or 6 days</b>	2%	2%
	<b>All 7 days</b>	6%	4%
<b>During the last 7 days, on how many days did you ride in a car with someone who was smoking cigarettes?</b>	<b>0 days</b>	80%	82%
	<b>1 or 2 days</b>	10%	9%
	<b>3 or 4 days</b>	4%	2%
	<b>5 or 6 days</b>	1%	2%
	<b>All 7 days</b>	4%	4%

\* Only the 5th grade survey asked these questions.

2019 Minnesota Student Survey

TABLE 35  
ALCOHOL USE FREQUENCY AND QUANTITY\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	91%	89%	89%	86%	78%	79%
	1 to 2 days	6%	7%	6%	10%	11%	13%
	3 to 5 days	2%	1%	3%	3%	5%	4%
	6 to 9 days	0%	1%	1%	1%	3%	3%
	10 to 19 days	1%	1%	0%	1%	2%	1%
	20 to 29 days	0%	0%	0%	0%	1%	0%
	All 30 days	0%	0%	0%	0%	1%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	83%	82%	80%	74%	66%	63%
	1 to 2	10%	11%	11%	14%	13%	17%
	3 to 5	3%	3%	3%	6%	7%	8%
	6 to 9	2%	2%	2%	3%	4%	4%
	10 to 19	1%	1%	2%	2%	4%	4%
	20 to 39	0%	1%	1%	1%	3%	2%
	40 or more	1%	0%	1%	1%	3%	1%
If you drink beer/wine/wine coolers/liquor, generally how much do you drink at one time?	No alcohol use	85%	84%	82%	76%	67%	65%
	1 glass/can/drink	10%	11%	9%	16%	11%	16%
	2 glasses/cans/drinks	2%	3%	3%	4%	4%	6%
	3 glasses/cans/drinks	1%	2%	3%	2%	4%	7%
	4 glasses/cans/drinks	0%	0%	1%	1%	5%	3%
	5 or more glasses/cans/drinks	1%	1%	2%	2%	9%	3%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^	0 days	97%	97%	96%	95%	88%	90%
	1 day	2%	1%	2%	2%	4%	4%
	2 days	0%	1%	1%	1%	3%	3%
	3 to 5 days	1%	1%	0%	1%	2%	3%
	6 to 9 days	0%	0%	1%	0%	1%	1%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 or more days	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2016



2019 Minnesota Student Survey

TABLE 36  
ACCESS TO ALCOHOL \*^

West Central

<i>INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)	I bought alcohol at gas stations or convenience stores	2%	1%	0%	1%	2%	1%
	I bought alcohol at bars or restaurants	3%	0%	2%	0%	4%	1%
	I bought alcohol at stores	1%	1%	3%	0%	4%	3%
	I bought alcohol on the Internet	3%	0%	2%	0%	1%	0%
	I got alcohol from friends	30%	38%	28%	41%	43%	50%
	I got alcohol from my parents	27%	34%	20%	29%	21%	21%
	I got alcohol from other family members	17%	29%	16%	18%	14%	14%
	I got alcohol by getting someone else to buy for me	7%	10%	13%	10%	21%	24%
	I got alcohol at parties	20%	19%	21%	20%	24%	28%
	I took alcohol from my home	25%	37%	25%	37%	19%	24%
	I took alcohol from a friend's home	5%	5%	7%	10%	4%	5%
	I took alcohol from stores	3%	1%	2%	1%	1%	0%
	I got alcohol some other way	25%	16%	24%	15%	19%	15%

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2019.

2019 Minnesota Student Survey

**TABLE 37  
USE OF MARIJUANA AND PRESCRIPTION DRUGS\***

**West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0 days	96%	95%	94%	94%	88%	89%
	1 to 2 days	2%	2%	2%	2%	4%	4%
	3 to 5 days	1%	1%	1%	1%	2%	2%
	6 to 9 days	1%	0%	0%	1%	1%	1%
	10 to 19 days	1%	1%	1%	1%	2%	2%
	20 to 29 days	0%	0%	1%	1%	1%	2%
	All 30 days	0%	0%	1%	1%	2%	1%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0	95%	94%	92%	90%	83%	84%
	1 to 2	2%	2%	2%	4%	4%	4%
	3 to 5	1%	1%	1%	2%	3%	3%
	6 to 9	1%	2%	1%	1%	2%	1%
	10 to 19	1%	1%	1%	1%	2%	2%
	20 to 39	0%	0%	1%	1%	1%	1%
	40 or more	1%	1%	2%	2%	5%	4%
During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?^	0 days	97%	96%	97%	96%	97%	96%
	1 to 2 days	2%	2%	2%	2%	1%	2%
	3 to 5 days	0%	1%	0%	1%	1%	0%
	6 to 9 days	0%	0%	1%	1%	0%	0%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2016.

2019 Minnesota Student Survey

**TABLE 38  
PRESCRIPTION DRUG USE\***

**West Central**

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills</b>	<b>0</b>	99%	99%	99%	99%	99%	99%
	<b>1 to 2</b>	0%	1%	0%	0%	1%	0%
	<b>3 to 5</b>	0%	0%	0%	0%	0%	0%
	<b>6 to 9</b>	0%	0%	0%	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%	0%	0%
<b>ADHD or ADD drugs (Ritalin, Adderall, hyper pills)</b>	<b>0</b>	98%	98%	98%	99%	97%	97%
	<b>1 to 2</b>	1%	1%	1%	1%	1%	2%
	<b>3 to 5</b>	0%	0%	1%	1%	1%	1%
	<b>6 to 9</b>	0%	0%	0%	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	1%	0%
	<b>20 or more</b>	1%	0%	1%	0%	0%	0%
<b>Pain relievers such as OxyContin, Percocet, Vicodin or others</b>	<b>0</b>	97%	96%	97%	96%	96%	96%
	<b>1 to 2</b>	2%	3%	2%	2%	2%	3%
	<b>3 to 5</b>	1%	1%	1%	1%	1%	1%
	<b>6 to 9</b>	0%	0%	0%	1%	0%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%	0%	0%
<b>Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)</b>	<b>0</b>	99%	98%	98%	98%	98%	98%
	<b>1 to 2</b>	1%	1%	1%	1%	1%	1%
	<b>3 to 5</b>	0%	0%	1%	0%	0%	1%
	<b>6 to 9</b>	0%	0%	0%	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 39  
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\***

*West Central*

<i>During the last 12 months, on how many occasions (if any) have you used...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	99%	99%	98%	99%	97%	98%
	1 to 2	1%	0%	1%	1%	2%	1%
	3 to 5	0%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	99%	99%	99%	99%	99%	99%
	1 to 2	0%	0%	1%	0%	1%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used crack, coke or cocaine in any form?	0	99%	100%	99%	100%	99%	99%
	1 to 2	0%	0%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used heroin (smack, junk, China White)?	0	99%	100%	99%	100%	99%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 40  
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,  
SYNTHETIC DRUG AND INHALANT USE\***

**West Central**

During the last 12 months, on how many occasions (if any) have you ...		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	99%	99%	99%	100%	99%	99%
	1 to 2	0%	1%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	98%	97%	97%	97%	98%	97%
	1 to 2	1%	2%	1%	2%	1%	2%
	3 to 5	0%	0%	1%	1%	1%	1%
	6 to 9	0%	0%	0%	1%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	1%	0%	0%	0%	0%	0%
...used synthetic marijuana (K2, Gold) that you took only to get high?^	0	98%	97%	98%	97%	97%	97%
	1 to 2	1%	1%	1%	2%	2%	2%
	3 to 5	0%	0%	0%	1%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	1%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?^	0	99%	99%	100%	100%	99%	100%
	1 to 2	0%	1%	0%	0%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	97%	97%	98%	98%	98%	99%
	1 to 2	2%	2%	1%	1%	1%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ Change from 2016 from one question to two.

2019 Minnesota Student Survey

**TABLE 41  
PERCEIVED RISK OF HARM FROM SUBSTANCE USE\***

*West Central*

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...smoke one or more packs of cigarettes per day?	No risk	13%	8%	13%	8%	12%	8%
	Slight risk	9%	8%	8%	10%	8%	10%
	Moderate risk	20%	20%	21%	21%	18%	18%
	Great risk	58%	64%	58%	60%	61%	65%
...have five or more drinks of an alcoholic beverage once or twice per week?	No risk	15%	8%	14%	7%	14%	7%
	Slight risk	22%	17%	21%	17%	22%	16%
	Moderate risk	30%	36%	30%	33%	32%	35%
	Great risk	34%	38%	36%	43%	32%	41%
...use marijuana once or twice per week?	No risk	23%	15%	25%	18%	34%	23%
	Slight risk	20%	15%	24%	22%	23%	25%
	Moderate risk	21%	29%	23%	25%	19%	26%
	Great risk	36%	42%	28%	35%	25%	26%
...use prescription drugs not prescribed for them?	No risk	13%	7%	12%	7%	11%	5%
	Slight risk	9%	9%	9%	9%	9%	9%
	Moderate risk	22%	24%	26%	30%	26%	27%
	Great risk	57%	60%	53%	55%	54%	58%
...vape or use e-cigarettes?^	No risk	18%	12%	18%	12%	19%	11%
	Slight risk	25%	22%	29%	27%	32%	29%
	Moderate risk	27%	30%	27%	29%	26%	31%
	Great risk	31%	36%	26%	31%	23%	29%

\* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 42A  
PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How wrong do your parents feel it would be for you to smoke cigarettes?	Not at all wrong	4%	3%	5%	2%	6%	4%
	A little bit wrong	2%	3%	3%	3%	5%	4%
	Wrong	10%	10%	12%	12%	13%	14%
	Very wrong	84%	84%	80%	83%	76%	78%
How wrong do your parents feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	5%	3%	6%	3%	7%	4%
	A little bit wrong	5%	5%	6%	5%	8%	7%
	Wrong	12%	11%	14%	11%	18%	15%
	Very wrong	79%	82%	74%	81%	68%	74%
How wrong do your parents feel it would be for you to use marijuana?	Not at all wrong	5%	5%	6%	4%	9%	7%
	A little bit wrong	4%	4%	6%	6%	7%	7%
	Wrong	8%	7%	11%	9%	13%	14%
	Very wrong	82%	84%	76%	81%	71%	72%
How wrong do your parents feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	4%	3%	5%	2%	6%	3%
	A little bit wrong	2%	2%	2%	1%	2%	3%
	Wrong	7%	7%	10%	8%	8%	12%
	Very wrong	87%	88%	83%	88%	85%	83%
How wrong do your parents feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	5%	5%	7%	4%	8%	5%
	A little bit wrong	6%	5%	8%	6%	10%	7%
	Wrong	12%	13%	15%	15%	17%	21%
	Very wrong	78%	78%	70%	75%	65%	66%

\* 5th grade survey did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

TABLE 42B  
PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How wrong do your friends feel it would be for you to smoke cigarettes?	Not at all wrong	7%	6%	9%	6%	14%	10%
	A little bit wrong	10%	8%	12%	10%	15%	13%
	Wrong	24%	19%	28%	24%	24%	24%
	Very wrong	59%	67%	51%	60%	46%	53%
How wrong do your friends feel it would be for you to have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	8%	7%	12%	7%	18%	12%
	A little bit wrong	11%	7%	15%	14%	19%	15%
	Wrong	25%	17%	26%	25%	24%	27%
	Very wrong	55%	68%	47%	54%	38%	46%
How wrong do your friends feel it would be for you to use marijuana?	Not at all wrong	10%	10%	16%	13%	26%	21%
	A little bit wrong	10%	8%	14%	13%	17%	17%
	Wrong	22%	15%	24%	18%	19%	21%
	Very wrong	58%	68%	46%	57%	37%	42%
How wrong do your friends feel it would be for you to use prescription drugs not prescribed for you?	Not at all wrong	6%	5%	8%	5%	11%	6%
	A little bit wrong	6%	5%	9%	7%	9%	9%
	Wrong	22%	17%	26%	22%	24%	23%
	Very wrong	65%	72%	58%	66%	56%	62%
How wrong do your friends feel it would be for you to vape or use e-cigarettes?^	Not at all wrong	14%	15%	22%	18%	33%	28%
	A little bit wrong	14%	12%	19%	18%	19%	19%
	Wrong	25%	18%	22%	21%	19%	21%
	Very wrong	48%	55%	37%	42%	30%	33%

\* 5th grade survey did not ask these questions.

^ New question in 2019.



2019 Minnesota Student Survey

TABLE 43  
PERCEPTIONS ABOUT ALCOHOL USE\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	65%	63%	56%	58%	52%	53%
	Agree	22%	23%	27%	30%	28%	33%
	Neither agree nor disagree	8%	9%	12%	9%	15%	11%
	Disagree	1%	1%	2%	1%	2%	1%
	Strongly disagree	3%	3%	3%	2%	2%	2%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	65%	68%	54%	57%	46%	45%
	Agree	18%	17%	22%	24%	23%	29%
	Neither agree nor disagree	10%	10%	16%	13%	19%	20%
	Disagree	2%	2%	4%	3%	8%	4%
	Strongly disagree	4%	3%	4%	3%	4%	3%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	38%	22%	26%	19%	28%	17%
	Agree	39%	45%	40%	41%	37%	41%
	Neither agree nor disagree	18%	25%	25%	30%	27%	29%
	Disagree	3%	4%	6%	9%	7%	9%
	Strongly disagree	3%	3%	3%	2%	2%	3%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	38%	24%	25%	16%	24%	13%
	Agree	33%	38%	35%	31%	28%	28%
	Neither agree nor disagree	20%	26%	28%	33%	29%	33%
	Disagree	4%	8%	8%	14%	14%	19%
	Strongly disagree	5%	3%	4%	5%	5%	7%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

**TABLE 44  
USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-CIGARETTES\***

*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>How often do you use each of the following?</i>		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	93%	94%	89%	94%	81%	89%
	Tried once or twice	4%	3%	5%	3%	7%	5%
	Once or twice a year	1%	1%	2%	1%	2%	1%
	Once a month	0%	1%	1%	1%	3%	1%
	Twice a month	1%	0%	0%	0%	1%	1%
	Once a week	0%	1%	1%	1%	1%	1%
	Daily	1%	0%	1%	1%	4%	2%
Alcohol (beer, wine, liquor)	Never	80%	78%	75%	74%	63%	63%
	Tried once or twice	12%	12%	13%	13%	12%	15%
	Once or twice a year	4%	5%	6%	7%	9%	11%
	Once a month	2%	2%	3%	4%	7%	5%
	Twice a month	1%	2%	1%	2%	6%	4%
	Once a week	1%	1%	2%	1%	3%	2%
	Daily	0%	0%	0%	0%	1%	0%
Marijuana (pot, hash, hash oil)	Never	93%	92%	89%	89%	79%	81%
	Tried once or twice	2%	4%	4%	4%	7%	8%
	Once or twice a year	1%	2%	2%	2%	4%	2%
	Once a month	1%	0%	2%	1%	2%	2%
	Twice a month	1%	1%	1%	1%	2%	2%
	Once a week	1%	1%	1%	1%	3%	3%
	Daily	1%	1%	2%	2%	4%	2%
Vaping device or e-cigarette <sup>^</sup>	Never	85%	84%	76%	76%	66%	65%
	Tried once or twice	8%	7%	12%	12%	11%	14%
	Once or twice a year	2%	1%	2%	2%	2%	3%
	Once a month	1%	1%	1%	2%	3%	3%
	Twice a month	2%	2%	3%	2%	2%	3%
	Once a week	1%	3%	2%	2%	6%	4%
	Daily	2%	2%	4%	3%	10%	8%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 45**  
**PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL, MARIJUANA AND E-**  
**CIGARETTES\***

*West Central*

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Tobacco (cigarettes, chew)	Never	53%	37%	37%	20%	27%	16%
	Tried once or twice	24%	30%	23%	23%	21%	20%
	Once or twice a year	5%	7%	6%	9%	7%	7%
	Once a month	5%	8%	7%	10%	10%	11%
	Twice a month	2%	4%	5%	7%	5%	9%
	Once a week	6%	7%	10%	16%	12%	17%
	Daily	5%	8%	12%	15%	18%	20%
Alcohol (beer, wine, liquor)	Never	41%	23%	27%	13%	20%	9%
	Tried once or twice	26%	29%	20%	15%	14%	9%
	Once or twice a year	9%	12%	9%	9%	7%	6%
	Once a month	8%	12%	10%	13%	13%	13%
	Twice a month	5%	9%	8%	13%	13%	16%
	Once a week	6%	11%	15%	23%	21%	31%
	Daily	4%	6%	10%	13%	12%	15%
Marijuana (pot, hash, hash oil)	Never	57%	43%	35%	19%	25%	14%
	Tried once or twice	18%	22%	20%	17%	15%	12%
	Once or twice a year	5%	7%	6%	8%	8%	6%
	Once a month	6%	7%	8%	10%	9%	11%
	Twice a month	3%	5%	6%	10%	7%	10%
	Once a week	5%	7%	12%	18%	18%	22%
	Daily	6%	8%	13%	19%	17%	24%
Vaping device or e-cigarette <sup>^</sup>	Never	34%	18%	21%	10%	18%	8%
	Tried once or twice	22%	21%	18%	10%	11%	9%
	Once or twice a year	6%	7%	4%	3%	3%	2%
	Once a month	6%	7%	6%	6%	6%	6%
	Twice a month	4%	5%	4%	6%	5%	5%
	Once a week	11%	14%	12%	15%	15%	15%
	Daily	18%	28%	35%	49%	43%	55%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2019.

2019 Minnesota Student Survey

**TABLE 46A  
CONSEQUENCES OF SUBSTANCE USE\***

*West Central*

		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
<i>During the last 12 months ...</i>							
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	76%	75%	74%	68%	61%	59%
	Yes	2%	3%	4%	4%	7%	5%
	No	21%	22%	22%	29%	32%	36%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	Yes	2%	2%	2%	2%	4%	4%
	No	21%	23%	23%	30%	35%	38%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	76%	75%	74%	68%	61%	59%
	Yes	2%	3%	2%	3%	5%	4%
	No	21%	21%	24%	29%	34%	37%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	Yes	3%	4%	3%	6%	5%	7%
	No	20%	21%	23%	26%	34%	35%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	0 times	21%	21%	22%	28%	31%	35%
	1 time	1%	1%	2%	2%	3%	2%
	2 times	0%	0%	0%	1%	2%	2%
	3 or more times	1%	1%	1%	1%	4%	2%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	0 times	22%	22%	24%	30%	36%	39%
	1 time	1%	1%	1%	1%	1%	1%
	2 times	0%	0%	0%	1%	0%	1%
	3 or more times	0%	1%	1%	0%	1%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	0 times	22%	23%	24%	30%	36%	38%
	1 time	1%	1%	1%	1%	1%	2%
	2 times	0%	0%	0%	0%	1%	0%
	3 or more times	0%	1%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

2019 Minnesota Student Survey

TABLE 46B  
CONSEQUENCES OF SUBSTANCE USE\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months, how many times...</i>		%	%	%	%	%	%
...how many times have you driven a motor vehicle after using alcohol or drugs?*	Did not use past 12 months			74%	68%	61%	59%
	0 times			24%	31%	30%	35%
	1 time			1%	0%	3%	3%
	2 times			0%	0%	1%	1%
	3 or more times			0%	0%	4%	2%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	77%	75%	75%	68%	61%	59%
	0 times	22%	24%	24%	31%	37%	40%
	1 time	0%	0%	1%	1%	1%	1%
	2 times	0%	0%	0%	0%	0%	0%
	3 or more times	0%	0%	0%	0%	0%	0%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	0 times	21%	21%	22%	28%	31%	34%
	1 time	1%	1%	2%	2%	3%	3%
	2 times	1%	1%	1%	1%	2%	2%
	3 or more times	0%	1%	1%	1%	3%	2%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	77%	75%	74%	68%	61%	59%
	0 times	21%	21%	23%	27%	32%	34%
	1 time	1%	2%	2%	3%	2%	4%
	2 times	0%	1%	0%	1%	1%	2%
	3 or more times	1%	1%	1%	1%	3%	2%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	76%	75%	74%	68%	61%	59%
	0 times	22%	20%	22%	26%	34%	33%
	1 time	1%	2%	2%	3%	2%	3%
	2 times	1%	1%	1%	2%	1%	2%
	3 or more times	0%	2%	1%	2%	2%	3%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

2019 Minnesota Student Survey

**TABLE 47A  
SEXUAL BEHAVIOR\***

**West Central**

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Have you ever had sexual intercourse ('had sex')?</b>	<b>Yes</b>	14%	12%	36%	37%
	<b>No</b>	86%	88%	64%	63%
<b>During the last 12 months, with how many different people have you had sexual intercourse?^</b>	<b>None</b>	89%	89%	67%	65%
	<b>1 person</b>	7%	7%	20%	21%
	<b>2 persons</b>	2%	2%	7%	7%
	<b>3 persons</b>	1%	1%	3%	3%
	<b>4 persons</b>	0%	0%	1%	1%
	<b>5 persons</b>	0%	0%	0%	0%
	<b>6 or more persons</b>	1%	1%	3%	2%

\* 5th and 8th grade surveys did not ask these questions.

^ New question in 2019.

2019 Minnesota Student Survey

**TABLE 47B  
SEXUAL BEHAVIOR\***

**West Central**

<b>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEXUAL INTERCOURSE</b>		<b>Grade</b>			
		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?</b>	<b>Never</b>	33%	29%	28%	20%
	<b>Not with every partner</b>	14%	14%	10%	14%
	<b>At least once with every partner</b>	52%	57%	62%	66%
<b>Have you talked with your partner(s) about preventing pregnancy?</b>	<b>Never</b>	28%	20%	22%	14%
	<b>Not with every partner</b>	11%	13%	9%	12%
	<b>At least once with every partner</b>	61%	67%	68%	73%
<b>The LAST time you had sexual intercourse, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^</b>	<b>No method was used to prevent pregnancy</b>	8%	8%	5%	4%
	<b>Birth control pills</b>	35%	25%	47%	45%
	<b>Condoms</b>	67%	58%	64%	61%
	<b>Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring), Implanon (or any implant) or any IUD</b>	8%	14%	13%	19%
	<b>Withdrawal (pull-out)</b>	35%	39%	41%	45%
	<b>Some other method</b>	5%	3%	3%	3%
	<b>Not sure</b>	12%	6%	5%	1%
<b>The LAST time you had sexual intercourse, did you or your partner use a condom?</b>	<b>Yes</b>	67%	56%	65%	60%
	<b>No</b>	33%	44%	35%	40%
<b>Did you drink alcohol or use drugs before you had sexual intercourse the LAST time?</b>	<b>Yes</b>	10%	17%	14%	13%
	<b>No</b>	90%	83%	86%	87%

\* 5th and 8th grade surveys did not ask these questions.

^ Change in question from 2016 from "Mark only one" to "Mark ALL that apply".