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# 2022 Minnesota Student Survey Regional Tables

December 2022

**Minnesota Student Survey Interagency Team:**

Minnesota Department of Corrections

Minnesota Department of Education

Minnesota Department of Health

Minnesota Department of Human Services

Minnesota Department of Public Safety

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## **For more information:**

Data Practices and Analytics  
Minnesota Department of Education (MDE)  
400 NE Stinson Blvd.  
Minneapolis, MN 55413  
[Minnesota Student Survey](#)  
[MDE Website](#)

## In Appreciation

The Minnesota Student Survey (MSS) Interagency Team is indebted to the students, parents, teachers, district assessment coordinators, school and district administrators, principals, and superintendents across the state that agreed to participate in and supported the MSS when it was administered in the first half of 2022. These data are made available as a result of their interest and time, and we are grateful for their efforts.

The planning and implementation of the 2022 Minnesota Student Survey administration resulted from an important collaborative effort among members of the MSS Interagency team, local educators and health professionals, researchers, and community members throughout the state of Minnesota – all of whom encouraged and supported school participation in the MSS.

Members of the MSS Interagency Team include: Lisa Burton and Maira Rosas-Lee at the Department of Education; Sharrilyn Helgertz and Bob Kuziej at the Department of Health; Phyllis Bengtson, Megan Loew, Michele Maruska and Marin Phelps at the Department of Human Services; and Valerie Clark at the Department of Corrections.

We also thank Kerri Sawyer, Dan Fernandez-Baca and Ann Kinney (retired) at Department of Health, Tricia Hummel at Department of Public Safety, Jacquelyn Freund of EpiCog, and Wilder Research for their contributions to the successful collection of 2022 MSS data.

## 2022 Minnesota Student Survey

### Survey Participation

The 2022 Minnesota Student Survey (MSS) was administered in the first half of 2022 to students in grades five, eight, nine, and eleven statewide. The survey was voluntary at all levels; districts, schools, parents, and students could all choose to opt out. Most public school districts (70%) chose to participate. Across the state, approximately 56% of fifth graders, 56% of eighth graders, 51% of ninth graders, and 41% of eleventh graders participated in the 2022 MSS. Overall participation across the four grades was approximately 51% of total enrollment.

Results from regular public schools, charter schools, and online schools are included in these tables. Results from nonpublic schools, alternative learning centers, and juvenile correctional facilities are released separately.

All schools and districts that participated in the survey followed federal laws regarding parental notification as required by the Protection of Pupil Rights Amendment (PPRA). PPRA requires that schools that participate in the survey notify parents of the survey administration, provide parents the opportunity to review the survey instrument, and allow parents to opt their child out of participating (Juvenile Correctional Facilities are exempt from this requirement).

### Mode of Administration

In 2022, all levels of the MSS were administered online. Only Juvenile Correctional Facilities could choose to administer the MSS on paper.

### Items on the Tables

The tables in this report include the responses for all survey items. Items are ordered within the tables by an overarching subject area; the order that items appear on the tables is not necessarily the order that they appeared on the survey.

The table of contents is provided on pages v-vi. The grade five survey version was shorter than the grade eight survey version, which in turn was shorter than the grade nine and eleven version. The grade five and grade eight versions did not include items appropriate only for older students. Items found on some versions of the survey but not on others are identified on the tables.

### Gender Breakdowns in Reports

This report comes in two formats: by grade and grade-and-gender. Fifth grade surveys asked “are you a boy or girl” while all other grades were asked about their sex assigned at birth (as on original birth certificate). The grade-and-gender breakdowns are available when counts for sex assigned at birth are at least 25 male and 25 female respondents in each grade level cell.

## **New Questions and Year-to-Year Comparisons**

While most MSS survey questions stayed the same as previous administrations, other questions were updated with changes to the question or response options. Some entirely new questions were added, and some questions were dropped. New questions are noted on each table. Caution must be used when making comparisons over time for any questions in which the wording has changed.

Please note that although these surveys are given repeatedly over time, the student populations change between administrations of the survey.

## **Validity of Responses**

Caution was taken to identify invalid responses and remove them from the survey results. Surveys were removed when responses were highly inconsistent, when there was a pattern of likely exaggeration, when the survey was completed outside of school hours (this did not apply to online students), or when the survey was clearly a test of the online system. In addition, surveys were removed when only the background section of the survey was answered. In total, approximately 3% of cases were removed from the 2022 survey data.

## **Online Access to MSS Data**

Data from the 2022 MSS are available on the Minnesota Department of Education's [Data Reports and Analytics, MSS Report's page](#). This web report provides access to all state, county and district-level data and provides options for filtering the data in multiple ways.

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**TABLE 1A  
DEMOGRAPHIC DESCRIPTION  
West Central**

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
<b>Total number of surveys</b>		1,854	100%	2,090	100%	2,117	100%	1,545	100%
<b>What is your biological sex?^</b>	<b>Male</b>	930	50%	1,053	50%	1,046	49%	798	52%
	<b>Female</b>	912	49%	1,029	49%	1,063	50%	745	48%
	<b>No answer</b>	12	1%	8	0%	8	0%	2	0%
<b>Age^^</b>	<b>10 years old</b>	552	30%	0	0%	0	0%	0	0%
	<b>11 years old</b>	1,259	68%	0	0%	0	0%	0	0%
	<b>12 years old</b>	33	2%	1	0%	0	0%	0	0%
	<b>13 years old</b>	1	0%	671	32%	3	0%	0	0%
	<b>14 years old</b>	1	0%	1,379	66%	731	35%	0	0%
	<b>15 years old</b>	0	0%	32	2%	1,335	63%	2	0%
	<b>16 years old</b>	0	0%	1	0%	41	2%	569	37%
	<b>17 years old</b>	0	0%	0	0%	2	0%	952	62%
	<b>18 years old</b>	0	0%	0	0%	0	0%	20	1%
	<b>19-20 years old</b>	0	0%	0	0%	0	0%	1	0%
<b>How do you describe yourself? (Mark ALL that apply)</b>	<b>American Indian or Alaskan Native only</b>	105	6%	58	3%	72	3%	30	2%
	<b>Asian or Asian American only</b>	13	1%	24	1%	23	1%	9	1%
	<b>Black, African or African American only</b>	59	3%	60	3%	63	3%	29	2%
	<b>Hispanic or Latino/a only</b>	45	2%	46	2%	71	3%	49	3%
	<b>Middle Eastern / North African only^^^</b>	18	1%	24	1%	19	1%	14	1%
	<b>Native Hawaiian or Other Pacific Islander only</b>	11	1%	1	0%	2	0%	7	0%
	<b>White only</b>	1,318	71%	1,657	79%	1,682	79%	1,279	83%
	<b>Multiple Races (checked more than one)</b>	158	9%	183	9%	162	8%	118	8%
	<b>No answer</b>	127	7%	37	2%	23	1%	10	1%

^ 5th grade surveys asked "Are you male or female?"

^^ Students who selected "9 years old or younger" or "21 years old or older" were excluded from this report.

^^^ New response option in 2022.



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**TABLE 1B**  
**DEMOGRAPHIC DESCRIPTION**  
*West Central*

		Grade							
		5th		8th		9th		11th	
		N	%	N	%	N	%	N	%
If you are American Indian or Alaskan Native, which group best describes you? (Mark ALL that apply)	Anishinaabe/Ojibwe	76	4%	85	4%	69	3%	63	4%
	Dakota/Lakota	52	3%	27	1%	37	2%	12	1%
	Other tribal affiliation	64	3%	27	1%	49	2%	19	1%
If you are Asian or Asian American, which group best describes you? (Mark ALL that apply)	Bangladeshi <sup>^</sup>	0	0%	1	0%	0	0%	1	0%
	Burmese	1	0%	0	0%	0	0%	0	0%
	Chinese	5	0%	13	1%	9	0%	7	0%
	Filipino	6	0%	6	0%	8	0%	4	0%
	Hmong	2	0%	3	0%	1	0%	0	0%
	Indian	5	0%	4	0%	1	0%	1	0%
	Karen	0	0%	1	0%	1	0%	1	0%
	Korean	2	0%	17	1%	12	1%	9	1%
	Lao	0	0%	1	0%	2	0%	0	0%
	Nepali <sup>^</sup>	0	0%	1	0%	0	0%	1	0%
	Pakistani <sup>^</sup>	0	0%	0	0%	0	0%	2	0%
	Vietnamese	2	0%	4	0%	12	1%	0	0%
	Other Asian	10	1%	9	0%	10	0%	7	0%
If you are Black, African or African American, which group best describes you? (Mark ALL that apply)	African American	47	3%	63	3%	69	3%	36	2%
	Ethiopian – Oromo	3	0%	0	0%	1	0%	1	0%
	Ethiopian – other	5	0%	1	0%	2	0%	0	0%
	Liberian	6	0%	11	1%	11	1%	2	0%
	Nigerian	6	0%	7	0%	6	0%	3	0%
	Somali	13	1%	10	0%	18	1%	6	0%
	Other Black, African or African American	23	1%	33	2%	17	1%	13	1%
If you are Hispanic or Latino/Latina, which group best describes you? (Mark ALL that apply)	Colombian	5	0%	4	0%	2	0%	3	0%
	Ecuadoran	0	0%	3	0%	3	0%	1	0%
	Guatemalan	2	0%	3	0%	9	0%	4	0%
	Mexican	51	3%	80	4%	91	4%	62	4%
	Puerto Rican	3	0%	4	0%	6	0%	7	0%
	Salvadoran	0	0%	2	0%	4	0%	0	0%
	Spanish/Spanish-American	30	2%	23	1%	19	1%	20	1%
	Other Hispanic or Latino/Latina	7	0%	16	1%	15	1%	8	1%
If you are Middle Eastern or North African, which group best describes you? (Mark ALL that apply) <sup>^^</sup>	Egyptian	1	0%	0	0%	2	0%	1	0%
	Iranian	5	0%	3	0%	0	0%	1	0%
	Iraqi	12	1%	17	1%	13	1%	9	1%
	Lebanese	2	0%	1	0%	2	0%	1	0%
	Palestinian	0	0%	2	0%	1	0%	0	0%
	Other Middle Eastern or North African	24	1%	13	1%	15	1%	12	1%

<sup>^</sup> New response option in 2022.

<sup>^^</sup> New question in 2022.

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**TABLE 2**  
**GENDER EXPRESSION; SEXUAL ORIENTATION; GENDER IDENTITY\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
<b>A person's appearance, style, dress, or the way they walk or talk may affect how people describe them. How do you think other people at school would describe you?</b>	Very or mostly feminine	4%	46%	2%	45%	2%	45%
	Somewhat feminine	5%	25%	3%	30%	3%	33%
	Equally feminine and masculine	12%	23%	9%	20%	9%	17%
	Somewhat masculine	27%	5%	24%	4%	26%	4%
	Very or mostly masculine	52%	2%	62%	1%	60%	1%
<b>How do you describe your sexual orientation?^</b>	Straight (heterosexual)^	87%	70%	90%	71%	88%	69%
	Asexual^^	1%	2%	1%	1%	1%	3%
	Bisexual	3%	12%	3%	11%	4%	12%
	Gay or Lesbian	2%	3%	1%	5%	2%	3%
	Questioning/Not sure	1%	3%	1%	3%	2%	5%
	Pansexual	1%	6%	1%	4%	1%	4%
	Queer	1%	1%	1%	2%	1%	2%
	I don't describe myself in any of these ways	1%	2%	1%	2%	1%	2%
	I am not sure what this question means	3%	2%	2%	1%	1%	1%
<b>What is your gender identity? (Mark ALL that apply)^^^</b>	Agender	2%	1%	1%	2%	1%	1%
	Boy/man (cisgender, which means your gender identity matches your sex assigned at birth)	95%	0%	96%	1%	94%	1%
	Boy/man (transgender, which means your gender identity does not match your sex assigned at birth)	0%	3%	1%	3%	1%	3%
	Genderfluid, gender non-conforming, or genderqueer	0%	5%	1%	3%	1%	3%
	Girl/woman (cisgender, which means your gender identity matches your sex assigned at birth)	0%	87%	0%	89%	0%	91%
	Girl/woman (transgender, which means your gender identity does not match your sex assigned at birth)	0%	1%	0%	1%	1%	1%
	Nonbinary	1%	5%	1%	5%	0%	4%
	Two spirit	0%	0%	0%	1%	1%	0%
	Questioning/unsure	1%	4%	1%	3%	1%	2%
	Identity not listed	2%	1%	1%	1%	2%	1%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2019.

^^ Change in response option wording from 2019.

^^^ New response option in 2022.

^^^^ New question in 2022.

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**TABLE 3**  
**SCHOOL PLANS; ACADEMIC ADVISING; IEP; ACADEMIC PERFORMANCE**  
**West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>What is the MAIN thing you plan to do RIGHT AFTER high school?*</b>	I don't plan to graduate from high school			2%	0%	1%	1%	0%	0%
	Get my GED			2%	1%	1%	1%	1%	1%
	Go to a two-year community or technical college			11%	6%	15%	8%	22%	15%
	Go to a four-year college or university			45%	61%	44%	65%	42%	61%
	Get a license or certificate in a career field			5%	8%	3%	7%	4%	4%
	Attend an apprenticeship program			1%	0%	1%	0%	2%	1%
	Join the military			8%	3%	8%	2%	5%	2%
	Work at a job			16%	12%	18%	9%	19%	12%
	Other			11%	9%	9%	8%	6%	5%
<b>Has an adult in your school helped you think about education options for after high school (college or other training program)?**</b>	Yes					62%	62%	77%	73%
	No					38%	38%	23%	27%
<b>Has an adult in your school helped you find career-focused field experiences (job shadowing, work-based learning, service learning, career camps, apprenticeships)?**</b>	Yes					50%	40%	51%	46%
	No					50%	60%	49%	54%
<b>Do you receive special education services as part of an IEP (individual education plan)?</b>	Yes	12%	10%	13%	8%	13%	9%	15%	12%
	No	60%	60%	66%	72%	69%	72%	74%	79%
	Not sure	28%	31%	20%	20%	18%	19%	11%	9%
<b>How would you describe your grades this school year?</b>	Mostly A's	47%	50%	39%	53%	37%	54%	36%	51%
	Mostly B's	32%	28%	33%	27%	31%	25%	35%	29%
	Mostly C's	11%	9%	18%	10%	20%	12%	20%	13%
	Mostly D's	2%	3%	5%	4%	6%	4%	6%	4%
	Mostly F's	1%	1%	3%	3%	5%	3%	2%	2%
	Mostly Incompletes	1%	2%	2%	2%	1%	1%	1%	1%
	None of these letter grades	7%	7%	1%	0%	0%	0%	1%	0%

\* 5th grade survey did not ask this question.

\*\*5th and 8th grade surveys did not ask this question.

2022 Minnesota Student Survey

**TABLE 4  
TRANSPORTATION TO AND FROM SCHOOL\*<sup>^</sup>  
West Central**

		Grade			
		5th		8th	
		Male	Female	Male	Female
		%	%	%	%
<b>On a typical school day, how do you travel to school? (Mark ALL that apply)</b>	<b>Walk</b>	8%	7%	10%	9%
	<b>Bike</b>	7%	3%	6%	3%
	<b>School bus</b>	63%	64%	58%	54%
	<b>Family vehicle (riding with others from your family)</b>	56%	59%	61%	69%
	<b>Carpools (riding with children from other families)</b>	2%	2%	4%	6%
	<b>Transit (city bus, light rail, etc.)</b>	1%	0%	1%	0%
	<b>Other (skateboard, scooter, inline skates, etc)</b>	2%	1%	2%	1%
<b>On a typical school day, how do you travel home from school? (Mark ALL that apply)</b>	<b>Walk</b>	12%	8%	16%	13%
	<b>Bike</b>	7%	3%	7%	3%
	<b>School bus</b>	71%	75%	63%	62%
	<b>Family vehicle (riding with others from your family)</b>	47%	48%	58%	67%
	<b>Carpools (riding with children from other families)</b>	2%	3%	6%	9%
	<b>Transit (city bus, light rail, etc.)</b>	1%	0%	1%	0%
	<b>Other (skateboard, scooter, inline skates, etc)</b>	2%	1%	3%	1%

\* 9th and 11th grade surveys did not ask these questions.

<sup>^</sup> Both questions in this table were new in 2022.

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**TABLE 5  
SCHOOL ATTENDANCE  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
During the last 30 days, how many times did you miss a full day of school? (Do not include school-sponsored activities like field trips, sports, academic or music events)	None	42%	38%	43%	38%	43%	39%	42%	39%
	Once or twice	31%	32%	38%	38%	36%	36%	39%	37%
	3 to 5 times	16%	18%	12%	15%	14%	17%	14%	17%
	6 to 9 times	6%	6%	5%	5%	4%	4%	4%	4%
	10 or more times	5%	6%	3%	3%	3%	4%	2%	3%
During the last 30 days, how many times did you miss part of a day of school such as coming late, leaving early or missing class time during the day? (Do not include school-sponsored activities)	None	47%	44%	43%	34%	40%	30%	35%	28%
	Once or twice	38%	41%	41%	43%	40%	43%	39%	42%
	3 to 5 times	10%	9%	12%	17%	13%	17%	16%	19%
	6 to 9 times	2%	3%	2%	3%	4%	5%	6%	6%
	10 or more times	2%	3%	2%	2%	3%	5%	3%	5%
AMONG THOSE WHO MISSED PART OF OR A FULL DAY OF SCHOOL: What are the reasons you missed a full or part of a day of school in the last 30 days? (Mark ALL that apply)	Felt sick <sup>^</sup>	56%	60%	53%	60%	54%	57%	55%	57%
	Had or exposed to COVID-19 <sup>^^</sup>	20%	21%	16%	18%	15%	14%	13%	11%
	Medical, dental or other health-related appointment	32%	39%	46%	54%	40%	56%	40%	52%
	Vacation or trip	21%	19%	17%	18%	16%	17%	14%	16%
	Felt very sad, hopeless, anxious, stressed or angry	5%	11%	5%	23%	8%	23%	10%	28%
	Didn't get enough sleep	9%	13%	11%	17%	14%	20%	15%	26%
	Didn't feel safe at school	4%	5%	2%	7%	3%	6%	3%	4%
	Missed your ride or didn't have a way to get to school	6%	9%	7%	9%	10%	10%	5%	4%
	Had to work (for pay or to help with a family business or chores)	1%	0%	1%	1%	2%	1%	4%	3%
	Had to take care of or help a family member, sibling or friend	4%	5%	4%	4%	4%	4%	4%	7%
	Behind in schoolwork or not prepared for a test or class assignment	2%	2%	2%	7%	5%	10%	8%	14%
	Bored with or not interested in school	5%	2%	6%	10%	9%	13%	13%	16%
	Suspended from school	1%	1%	2%	1%	2%	1%	1%	1%
Other reason	27%	24%	18%	18%	20%	19%	17%	16%	

<sup>^</sup> Change in response option wording from 2019.

<sup>^^</sup> New response option in 2022.

2022 Minnesota Student Survey

**TABLE 6  
DISCIPLINE; FEELINGS ABOUT SCHOOL**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>During the last 30 days, how many times did you get sent out of the classroom for discipline?</b>	<b>None</b>	75%	88%	83%	91%	90%	95%	93%	97%
	<b>Once or twice</b>	17%	9%	12%	7%	7%	4%	5%	2%
	<b>3 to 5 times</b>	4%	2%	4%	1%	2%	1%	1%	1%
	<b>6 to 9 times</b>	1%	0%	1%	0%	0%	0%	1%	0%
	<b>10 or more times</b>	3%	0%	1%	0%	0%	0%	1%	0%
<b>How often do you care about doing well in school?</b>	<b>All of the time</b>	48%	52%	31%	41%	29%	47%	28%	39%
	<b>Most of the time</b>	39%	37%	45%	41%	46%	35%	43%	44%
	<b>Some of the time</b>	12%	10%	20%	17%	20%	15%	24%	15%
	<b>None of the time</b>	2%	1%	4%	2%	5%	2%	4%	1%
<b>How often do you go to class unprepared?</b>	<b>All of the time</b>	4%	2%	3%	2%	4%	2%	4%	1%
	<b>Most of the time</b>	8%	7%	7%	5%	9%	5%	8%	4%
	<b>Some of the time</b>	49%	44%	50%	43%	54%	43%	51%	46%
	<b>None of the time</b>	39%	46%	41%	50%	33%	50%	37%	48%
<b>How often do you pay attention in class?</b>	<b>All of the time</b>	23%	29%	15%	17%	13%	17%	15%	14%
	<b>Most of the time</b>	63%	61%	65%	65%	66%	64%	59%	68%
	<b>Some of the time</b>	13%	10%	19%	18%	20%	18%	24%	18%
	<b>None of the time</b>	1%	0%	2%	1%	2%	1%	2%	1%

2022 Minnesota Student Survey

**TABLE 7  
FEELINGS ABOUT SCHOOL  
West Central**

How much do you agree or disagree with each of the following statements?		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
If something interests me, I try to learn more about it.	Strongly agree	35%	28%	37%	31%	37%	34%	43%	38%
	Agree	61%	65%	59%	67%	59%	63%	54%	60%
	Disagree	3%	6%	3%	2%	3%	3%	2%	1%
	Strongly disagree	1%	1%	1%	0%	1%	1%	0%	0%
I think things I learn at school are useful.	Strongly agree	26%	27%	10%	7%	7%	6%	4%	4%
	Agree	56%	60%	57%	66%	50%	59%	48%	57%
	Disagree	13%	10%	25%	23%	33%	30%	36%	35%
	Strongly disagree	5%	3%	7%	5%	10%	5%	12%	5%
Being a student is one of the most important parts of who I am.	Strongly agree	16%	19%	9%	7%	7%	7%	5%	7%
	Agree	50%	50%	41%	40%	41%	40%	36%	37%
	Disagree	26%	25%	38%	40%	36%	41%	42%	43%
	Strongly disagree	8%	6%	13%	13%	16%	12%	16%	12%
Overall, adults at my school treat students fairly.	Strongly agree	33%	35%	18%	10%	17%	10%	15%	9%
	Agree	49%	48%	57%	59%	61%	62%	60%	62%
	Disagree	15%	13%	19%	24%	17%	22%	19%	23%
	Strongly disagree	4%	4%	6%	6%	6%	6%	6%	7%
Adults at my school listen to the students.	Strongly agree	25%	25%	14%	7%	12%	8%	11%	6%
	Agree	58%	60%	62%	59%	62%	60%	61%	59%
	Disagree	13%	13%	20%	27%	22%	27%	21%	31%
	Strongly disagree	3%	3%	4%	6%	4%	5%	7%	4%
The school rules are fair.	Strongly agree	22%	29%	11%	8%	11%	8%	9%	6%
	Agree	55%	53%	57%	55%	61%	60%	59%	60%
	Disagree	18%	15%	26%	30%	23%	26%	24%	28%
	Strongly disagree	5%	3%	6%	7%	5%	6%	9%	6%
At my school, teachers care about students.	Strongly agree	48%	52%	22%	15%	18%	16%	18%	15%
	Agree	47%	41%	65%	67%	67%	68%	67%	70%
	Disagree	4%	5%	10%	15%	12%	13%	11%	13%
	Strongly disagree	1%	2%	4%	3%	3%	3%	4%	2%
Most teachers at my school are interested in me as a person.	Strongly agree	18%	23%	10%	8%	9%	8%	9%	9%
	Agree	58%	57%	55%	52%	52%	51%	52%	50%
	Disagree	19%	15%	27%	33%	31%	35%	31%	34%
	Strongly disagree	5%	5%	8%	8%	7%	6%	8%	7%

2022 Minnesota Student Survey

**TABLE 8A  
PRESENCE OF A SCHOOL RESOURCE/POLICE OFFICER\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Is there a police officer or School Resource Officer (SRO) at your school?	Yes	74%	75%	75%	73%	69%	75%
	No	10%	8%	13%	12%	18%	16%
	I don't know	16%	17%	12%	15%	12%	10%
IF POLICE OFFICER OR SRO AT SCHOOL: If I knew about something unsafe or illegal at my school, I would tell the SRO or police officer.	Strongly agree	30%	24%	18%	22%	17%	18%
	Agree	44%	52%	47%	49%	44%	50%
	Disagree	17%	20%	25%	23%	26%	26%
	Strongly disagree	9%	4%	9%	6%	13%	6%
IF POLICE OFFICER OR SRO AT SCHOOL: I would feel comfortable going to my school's police officer or SRO if I was having problems or needed help.	Strongly agree	21%	16%	13%	13%	17%	13%
	Agree	50%	48%	51%	45%	47%	41%
	Disagree	23%	30%	26%	32%	26%	37%
	Strongly disagree	7%	7%	9%	9%	10%	9%
IF POLICE OFFICER OR SRO AT SCHOOL: I think it is a good idea to have an SRO or police officer at our school.	Strongly agree	58%	50%	47%	50%	47%	44%
	Agree	38%	45%	46%	45%	44%	48%
	Disagree	3%	4%	4%	4%	5%	6%
	Strongly disagree	1%	1%	3%	1%	3%	1%

\* 5th grade survey did not ask this question.



2022 Minnesota Student Survey

**TABLE 8B**  
**COMFORT GOING TO POLICE OFFICER\*^**  
*West Central*

		Grade			
		5th		8th	
		Male	Female	Male	Female
		%	%	%	%
<b>I would feel comfortable going to the police if I was having problems or needed help.</b>	<b>Strongly agree</b>	34%	35%	25%	17%
	<b>Agree</b>	43%	42%	51%	50%
	<b>Disagree</b>	17%	15%	18%	26%
	<b>Strongly disagree</b>	6%	8%	6%	7%

\* 9th and 11th grade surveys did not ask this question.

^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 9  
PERCEPTIONS OF SAFETY**

*West Central*

<i>How much do you agree or disagree with each of the following statements?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>I feel safe going to and from school.</b>	<b>Strongly agree</b>	47%	44%	50%	32%	42%	31%	45%	34%
	<b>Agree</b>	46%	47%	47%	60%	54%	62%	49%	60%
	<b>Disagree</b>	5%	8%	3%	6%	3%	6%	4%	5%
	<b>Strongly disagree</b>	2%	2%	1%	1%	1%	1%	2%	1%
<b>I feel safe at school.</b>	<b>Strongly agree</b>	40%	41%	36%	21%	28%	19%	31%	20%
	<b>Agree</b>	51%	48%	54%	63%	60%	65%	58%	66%
	<b>Disagree</b>	7%	8%	8%	12%	10%	14%	9%	12%
	<b>Strongly disagree</b>	2%	3%	2%	4%	2%	3%	2%	2%
<b>I feel safe in my neighborhood.</b>	<b>Strongly agree</b>	54%	48%	59%	45%	56%	44%	56%	46%
	<b>Agree</b>	39%	43%	38%	51%	41%	51%	41%	49%
	<b>Disagree</b>	6%	7%	2%	3%	2%	4%	2%	4%
	<b>Strongly disagree</b>	1%	2%	1%	1%	0%	1%	1%	0%
<b>I feel safe at home.</b>	<b>Strongly agree</b>	76%	68%	73%	61%	71%	59%	70%	62%
	<b>Agree</b>	22%	27%	25%	35%	28%	37%	28%	35%
	<b>Disagree</b>	2%	4%	1%	4%	1%	4%	2%	2%
	<b>Strongly disagree</b>	1%	1%	0%	1%	0%	1%	1%	1%

2022 Minnesota Student Survey

**TABLE 10A  
AFTER SCHOOL SUPERVISION**

*West Central*

<i>During a typical week, how often do you go to the following places after school?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>I stay at my school or go to another school</b>	<b>0 days</b>	81%	81%	71%	64%	56%	52%	57%	62%
	<b>1 day</b>	4%	5%	4%	7%	6%	10%	7%	5%
	<b>2 days</b>	2%	4%	4%	6%	5%	8%	5%	6%
	<b>3 to 4 days</b>	3%	3%	6%	8%	7%	7%	8%	9%
	<b>5 days</b>	10%	7%	15%	15%	25%	23%	23%	18%
<b>My home or another home such as a friend's, relative's or neighbor's</b>	<b>0 days</b>	24%	23%	20%	13%	15%	9%	12%	11%
	<b>1 day</b>	13%	13%	11%	12%	9%	12%	9%	9%
	<b>2 days</b>	8%	12%	8%	10%	9%	9%	10%	12%
	<b>3 to 4 days</b>	9%	9%	9%	12%	10%	14%	13%	17%
	<b>5 days</b>	46%	43%	52%	53%	57%	56%	56%	51%
<b>A rec, community or other youth center</b>	<b>0 days</b>	84%	82%	83%	83%	79%	79%	82%	84%
	<b>1 day</b>	8%	10%	10%	9%	9%	10%	8%	9%
	<b>2 days</b>	4%	4%	3%	4%	5%	5%	4%	3%
	<b>3 to 4 days</b>	2%	3%	2%	2%	4%	4%	2%	3%
	<b>5 days</b>	2%	2%	1%	1%	3%	2%	3%	2%
<b>A park or other outdoor space</b>	<b>0 days</b>	50%	53%	58%	63%	58%	65%	66%	77%
	<b>1 day</b>	16%	15%	15%	16%	15%	14%	10%	11%
	<b>2 days</b>	11%	13%	12%	12%	12%	12%	10%	6%
	<b>3 to 4 days</b>	11%	11%	8%	6%	9%	7%	8%	4%
	<b>5 days</b>	11%	8%	7%	4%	7%	3%	5%	2%
<b>A library</b>	<b>0 days</b>	79%	80%	92%	90%	94%	89%	94%	91%
	<b>1 day</b>	13%	14%	5%	7%	4%	7%	3%	5%
	<b>2 days</b>	3%	4%	2%	2%	1%	3%	2%	2%
	<b>3 to 4 days</b>	2%	2%	0%	0%	1%	1%	1%	1%
	<b>5 days</b>	2%	1%	0%	0%	0%	0%	1%	1%
<b>A church, synagogue, mosque, or other spiritual/religious place</b>	<b>0 days</b>	65%	65%	62%	58%	61%	60%	74%	68%
	<b>1 day</b>	26%	26%	31%	34%	29%	30%	21%	24%
	<b>2 days</b>	6%	7%	6%	7%	7%	8%	5%	6%
	<b>3 to 4 days</b>	2%	1%	1%	1%	1%	1%	0%	0%
	<b>5 days</b>	1%	1%	1%	0%	1%	0%	1%	1%

2022 Minnesota Student Survey

**TABLE 10B  
AFTER SCHOOL SUPERVISION\***

*West Central*

		Grade			
		5th		8th	
		Male	Female	Male	Female
		%	%	%	%
<b>During a typical week, how often are you home alone or somewhere unsupervised after school?</b>	<b>0 days</b>	42%	43%	38%	32%
	<b>1 day</b>	23%	23%	26%	22%
	<b>2 days</b>	13%	11%	13%	15%
	<b>3 days</b>	7%	9%	9%	13%
	<b>4 days</b>	4%	4%	3%	6%
	<b>5 days</b>	11%	10%	10%	11%

\*9th and 11th grade surveys did not ask this question.

2022 Minnesota Student Survey

**TABLE 11A  
BEING BULLIED FOR SPECIFIC REASONS**

*West Central*

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Your race, ethnicity or national origin</b>	<b>Never</b>	81%	82%	86%	86%	85%	88%	86%	88%
	<b>Once or twice</b>	12%	11%	8%	8%	8%	8%	8%	8%
	<b>About once a week</b>	3%	3%	1%	3%	2%	2%	2%	2%
	<b>Several times a week</b>	2%	1%	2%	1%	1%	1%	1%	1%
	<b>Every day</b>	1%	2%	2%	1%	3%	1%	2%	1%
<b>Your religion</b>	<b>Never</b>	84%	85%	92%	87%	91%	89%	93%	89%
	<b>Once or twice</b>	9%	10%	5%	9%	6%	8%	4%	8%
	<b>About once a week</b>	3%	3%	1%	2%	1%	1%	1%	1%
	<b>Several times a week</b>	2%	1%	1%	1%	1%	1%	1%	1%
	<b>Every day</b>	2%	2%	1%	0%	1%	1%	1%	0%
<b>Your sex or gender (being male, female, transgender, genderqueer, genderfluid)^</b>	<b>Never</b>	86%	72%	92%	80%	94%	85%	93%	86%
	<b>Once or twice</b>	7%	17%	4%	10%	3%	8%	3%	9%
	<b>About once a week</b>	2%	4%	2%	3%	1%	4%	2%	2%
	<b>Several times a week</b>	1%	1%	1%	3%	1%	2%	0%	2%
	<b>Every day</b>	5%	6%	2%	3%	1%	1%	2%	1%
<b>Your gender expression (your style, dress, or the way you walk or talk)*</b>	<b>Never</b>			83%	66%	83%	71%	86%	77%
	<b>Once or twice</b>			11%	20%	11%	19%	9%	14%
	<b>About once a week</b>			2%	7%	2%	5%	3%	4%
	<b>Several times a week</b>			2%	4%	3%	3%	2%	3%
	<b>Every day</b>			2%	4%	1%	2%	1%	2%

\* 5th grade surveys did not ask this question.

^ Change in question wording from 2019; 5th grade survey item was worded "Your gender (being male or female)".

2022 Minnesota Student Survey

**TABLE 11B  
BEING BULLIED FOR SPECIFIC REASONS**

*West Central*

<i>During the last 30 days, how often have other students harassed or bullied you for any of the following reasons?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Because you are bisexual, gay, lesbian, asexual, pansexual, queer, or because someone thought you were*</b>	Never			90%	76%	91%	81%	92%	86%
	Once or twice			6%	13%	5%	11%	4%	8%
	About once a week			1%	4%	1%	3%	1%	3%
	Several times a week			1%	4%	1%	3%	1%	2%
	Every day			2%	4%	2%	2%	2%	1%
<b>A physical or mental disability</b>	Never	87%	86%	89%	82%	89%	87%	91%	89%
	Once or twice	9%	10%	7%	12%	7%	8%	6%	7%
	About once a week	2%	1%	2%	3%	2%	2%	1%	2%
	Several times a week	2%	1%	1%	2%	1%	1%	1%	2%
	Every day	1%	1%	2%	2%	1%	1%	1%	1%
<b>Your size or weight</b>	Never	68%	66%	72%	64%	75%	71%	81%	74%
	Once or twice	20%	21%	16%	23%	15%	18%	12%	17%
	About once a week	5%	7%	4%	6%	5%	5%	3%	4%
	Several times a week	4%	4%	4%	4%	3%	3%	2%	2%
	Every day	3%	3%	4%	3%	3%	2%	3%	2%
<b>Your physical appearance</b>	Never	68%	64%	67%	58%	71%	63%	76%	68%
	Once or twice	20%	23%	21%	26%	18%	26%	17%	22%
	About once a week	5%	6%	6%	7%	5%	5%	4%	5%
	Several times a week	4%	4%	2%	5%	4%	5%	1%	3%
	Every day	3%	4%	4%	4%	3%	2%	2%	2%

\* 5th grade surveys did not ask this question.

2022 Minnesota Student Survey

**TABLE 12A  
BEING CYBERBULLIED  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>During the last 30 days, how often have you been cyberbullied? (Count being bullied through texting, Instagram, Snapchat, TikTok or other social media)^</b>	<b>Never</b>	80%	74%	87%	74%	88%	79%	87%	84%
	<b>Once or twice</b>	14%	17%	9%	18%	7%	16%	8%	12%
	<b>About once a week</b>	3%	4%	1%	4%	2%	3%	1%	2%
	<b>Several times a week</b>	2%	3%	1%	2%	1%	2%	1%	1%
	<b>Every day</b>	1%	2%	1%	1%	2%	1%	2%	1%

^ Change in question wording from 2019.

2022 Minnesota Student Survey

**TABLE 12B  
BEING BULLIED OR HARASSED AT SCHOOL  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<i>During the last 30 days, on how many days have other students at school...</i>									
...pushed, shoved, slapped, hit or kicked you when they weren't kidding around?	Never	58%	64%	79%	80%	85%	87%	90%	94%
	Once or twice	27%	25%	14%	15%	10%	10%	7%	4%
	About once a week	7%	4%	4%	3%	3%	2%	1%	1%
	Several times a week	4%	4%	2%	2%	1%	1%	1%	0%
	Every day	4%	2%	2%	1%	1%	0%	1%	0%
...threatened to beat you up?	Never	64%	75%	77%	81%	83%	84%	88%	91%
	Once or twice	25%	18%	16%	14%	12%	12%	8%	6%
	About once a week	5%	3%	3%	3%	2%	2%	2%	1%
	Several times a week	3%	2%	2%	2%	1%	1%	1%	1%
	Every day	3%	1%	2%	1%	2%	1%	1%	1%
...spread mean rumors or lies about you?	Never	64%	58%	73%	55%	77%	61%	78%	68%
	Once or twice	26%	30%	20%	31%	16%	29%	15%	23%
	About once a week	5%	6%	4%	6%	3%	4%	3%	3%
	Several times a week	3%	3%	2%	5%	2%	3%	2%	3%
	Every day	3%	3%	2%	3%	2%	3%	2%	2%
...made sexual jokes, comments or gestures towards you?*	Never			77%	62%	75%	64%	78%	71%
	Once or twice			11%	21%	12%	24%	10%	18%
	About once a week			5%	7%	3%	5%	3%	5%
	Several times a week			3%	6%	4%	4%	3%	4%
	Every day			5%	4%	6%	2%	6%	2%
...excluded you from friends, other students or activities?	Never	67%	49%	80%	55%	81%	64%	82%	67%
	Once or twice	22%	34%	14%	28%	13%	23%	13%	21%
	About once a week	5%	9%	2%	7%	3%	7%	2%	6%
	Several times a week	3%	4%	2%	7%	1%	3%	2%	4%
	Every day	4%	4%	2%	3%	2%	2%	2%	2%
Bullied once or more in the last 30 days^	No	36%	30%	50%	31%	54%	37%	60%	47%
	Yes	64%	70%	50%	69%	46%	63%	40%	53%
Bullied weekly or more in the last 30 days^	No	73%	72%	77%	69%	78%	75%	82%	79%
	Yes	27%	28%	23%	31%	22%	25%	18%	21%
Bullied daily in the last 30 days^	No	92%	93%	92%	92%	92%	94%	92%	96%
	Yes	8%	7%	8%	8%	8%	6%	8%	4%

\* 5th grade survey did not ask this question.

^ These are computed variables based on combinations of responses to the first five questions on this table.



2022 Minnesota Student Survey

**TABLE 13**  
**BULLYING OR HARASSING OTHER STUDENTS AT SCHOOL**  
*West Central*

<i>During the last 30 days, how many times at school have YOU...</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...pushed, shoved, slapped, hit or kicked someone when you weren't kidding around?	Never	76%	84%	86%	91%	88%	93%	92%	97%
	Once or twice	19%	14%	12%	8%	9%	6%	6%	2%
	About once a week	3%	1%	1%	1%	1%	1%	1%	0%
	Several times a week	1%	1%	0%	0%	1%	0%	1%	0%
	Every day	1%	0%	1%	0%	2%	0%	1%	0%
...threatened to beat someone up?	Never	87%	92%	85%	87%	87%	90%	88%	92%
	Once or twice	10%	7%	12%	11%	10%	8%	8%	6%
	About once a week	1%	0%	1%	1%	1%	1%	1%	1%
	Several times a week	1%	1%	1%	0%	1%	0%	1%	0%
	Every day	1%	0%	1%	0%	2%	0%	2%	1%
...spread mean rumors or lies about someone else?	Never	90%	90%	93%	90%	93%	90%	93%	92%
	Once or twice	8%	8%	5%	9%	4%	9%	5%	7%
	About once a week	1%	1%	1%	0%	1%	1%	1%	1%
	Several times a week	1%	0%	0%	0%	0%	0%	1%	0%
	Every day	0%	0%	1%	0%	1%	0%	1%	0%
...made sexual jokes, comments or gestures towards someone else?*	Never			82%	91%	81%	91%	83%	92%
	Once or twice			10%	7%	10%	7%	9%	5%
	About once a week			2%	1%	3%	1%	2%	1%
	Several times a week			2%	1%	3%	0%	2%	1%
	Every day			4%	0%	5%	1%	5%	1%
...excluded someone from friends, other students or activities?	Never	84%	82%	88%	84%	88%	86%	88%	89%
	Once or twice	12%	15%	9%	14%	10%	12%	9%	10%
	About once a week	1%	1%	1%	1%	1%	1%	1%	0%
	Several times a week	1%	0%	0%	1%	0%	0%	1%	0%
	Every day	2%	1%	1%	0%	1%	0%	1%	1%

\* 5th grade survey did not ask this question.

2022 Minnesota Student Survey

**TABLE 14A  
AVAILABILITY OF COMMUNITY PROGRAMS  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Does your school or community offer a variety of programs for people your age to participate in outside of the regular school day?</b>	<b>Yes</b>	64%	62%	77%	70%	74%	69%	73%	65%
	<b>No</b>	7%	9%	4%	4%	6%	6%	7%	9%
	<b>I don't know what programs are available in my community</b>	29%	30%	19%	25%	20%	25%	20%	26%

2022 Minnesota Student Survey

**TABLE 14B  
ENRICHMENT ACTIVITIES**

*West Central*

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>Sports teams, such as park and rec teams, school teams, in-house teams or traveling teams</b>	<b>0 days</b>	44%	46%	43%	43%	46%	47%	49%	57%
	<b>1 day</b>	10%	13%	6%	4%	5%	4%	4%	4%
	<b>2 days</b>	19%	19%	6%	7%	6%	7%	5%	5%
	<b>3 to 4 days</b>	15%	16%	14%	17%	11%	13%	7%	12%
	<b>5 or more days</b>	12%	7%	31%	29%	31%	29%	34%	23%
<b>School sponsored activities or clubs that are not sports, such as drama, music, chess or science club</b>	<b>0 days</b>	81%	80%	85%	76%	82%	74%	81%	71%
	<b>1 day</b>	7%	8%	6%	7%	6%	8%	8%	10%
	<b>2 days</b>	4%	5%	3%	5%	5%	5%	4%	4%
	<b>3 to 4 days</b>	4%	3%	4%	6%	3%	7%	4%	6%
	<b>5 or more days</b>	4%	3%	3%	5%	4%	6%	3%	8%
<b>Tutoring, homework help or academic programs</b>	<b>0 days</b>	84%	85%	92%	93%	91%	90%	93%	93%
	<b>1 day</b>	7%	7%	2%	4%	3%	5%	4%	4%
	<b>2 days</b>	4%	4%	3%	1%	4%	3%	2%	2%
	<b>3 to 4 days</b>	3%	2%	2%	1%	1%	0%	1%	1%
	<b>5 or more days</b>	3%	2%	1%	1%	1%	1%	1%	0%
<b>Leadership activities such as student government, youth councils or committees</b>	<b>0 days</b>	89%	88%	93%	91%	92%	90%	91%	83%
	<b>1 day</b>	5%	7%	4%	7%	4%	7%	5%	12%
	<b>2 days</b>	2%	2%	1%	1%	2%	2%	2%	3%
	<b>3 to 4 days</b>	2%	1%	0%	0%	1%	1%	1%	1%
	<b>5 or more days</b>	2%	2%	1%	0%	0%	0%	0%	1%

2022 Minnesota Student Survey

**TABLE 14C  
ENRICHMENT ACTIVITIES**

**West Central**

<i>During a typical week, how often do you participate in the following activities outside of the regular school day?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>Artistic activities, such as music, dance, drawing, photography, or pottery</b>	<b>0 days</b>	78%	55%	84%	63%	83%	64%	83%	65%
	<b>1 day</b>	10%	17%	5%	12%	5%	10%	6%	8%
	<b>2 days</b>	4%	10%	3%	8%	5%	8%	4%	8%
	<b>3 to 4 days</b>	3%	7%	2%	8%	3%	7%	3%	10%
	<b>5 or more days</b>	5%	10%	5%	10%	4%	10%	5%	10%
<b>Cultural heritage programs<sup>^</sup></b>	<b>0 days</b>	94%	93%	95%	98%	97%	97%	97%	97%
	<b>1 day</b>	4%	3%	3%	1%	2%	1%	1%	1%
	<b>2 days</b>	1%	3%	0%	1%	1%	1%	1%	1%
	<b>3 to 4 days</b>	1%	1%	0%	0%	0%	0%	1%	0%
	<b>5 or more days</b>	0%	1%	1%	0%	0%	0%	0%	0%
<b>Physical activity lessons, such as tennis or karate</b>	<b>0 days</b>	72%	72%	77%	75%	80%	75%	82%	82%
	<b>1 day</b>	5%	8%	3%	5%	3%	4%	3%	2%
	<b>2 days</b>	11%	10%	6%	6%	4%	7%	3%	5%
	<b>3 to 4 days</b>	7%	7%	5%	7%	5%	6%	4%	6%
	<b>5 or more days</b>	5%	3%	9%	7%	8%	8%	7%	6%
<b>Other community clubs and programs such as 4-H, Scouts, Y-clubs or Community Ed</b>	<b>0 days</b>	85%	85%	91%	91%	91%	91%	93%	92%
	<b>1 day</b>	9%	10%	5%	5%	5%	6%	5%	4%
	<b>2 days</b>	3%	3%	2%	2%	2%	1%	1%	1%
	<b>3 to 4 days</b>	1%	1%	1%	1%	1%	1%	1%	1%
	<b>5 or more days</b>	2%	1%	1%	1%	1%	1%	1%	1%
<b>Religious activities such as religious services, education or youth group</b>	<b>0 days</b>	75%	73%	65%	58%	64%	60%	74%	67%
	<b>1 day</b>	19%	20%	29%	34%	28%	29%	20%	26%
	<b>2 days</b>	3%	4%	5%	7%	6%	9%	4%	6%
	<b>3 to 4 days</b>	2%	1%	1%	1%	1%	1%	1%	1%
	<b>5 or more days</b>	1%	1%	1%	0%	1%	1%	1%	0%

<sup>^</sup> New question in 2022.

2022 Minnesota Student Survey

**TABLE 15**  
**REASONS FOR NOT PARTICIPATING IN ENRICHMENT ACTIVITIES\*^**  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>IF NO PARTICIPATION:</b> What are the reasons you don't participate in any activities, programs or clubs outside of the regular school day? (Mark ALL that apply)	I do not know what is available in my community.	17%	28%	15%	25%	17%	14%
	Activities are not available in my community.	3%	3%	2%	1%	3%	4%
	Activities cost too much.	8%	12%	7%	21%	9%	14%
	My parents (or guardians) won't let me.	5%	8%	6%	7%	4%	4%
	My friends are not there.	20%	39%	18%	36%	23%	23%
	I am not interested.	80%	77%	81%	71%	67%	70%
	I am too busy with other things, such as a job or homework.	32%	32%	37%	47%	53%	71%
	I don't have a way to get there or home.	14%	17%	15%	26%	14%	16%
	I have to take care of other family members.	8%	7%	5%	9%	3%	8%
	It is not a safe place.	1%	3%	2%	4%	2%	1%
	Other	22%	23%	19%	24%	13%	16%

\* 5th grade survey did not ask this question

^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 16**  
**QUALITY OF YOUTH ACTIVITIES<sup>^</sup>**  
**West Central**

When you spend time doing activities outside of the regular school day, how often do you...		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
...feel safe?	Rarely or never	5%	5%	2%	2%	2%	2%	2%	1%
	Sometimes	8%	12%	5%	9%	5%	10%	5%	8%
	Often	28%	28%	29%	36%	30%	37%	31%	38%
	Very often	59%	56%	64%	53%	63%	51%	62%	53%
...learn skills like teamwork or leadership?	Rarely or never	14%	11%	10%	12%	12%	10%	10%	13%
	Sometimes	27%	27%	30%	32%	31%	33%	30%	28%
	Often	34%	36%	36%	35%	35%	36%	35%	39%
	Very often	25%	26%	23%	22%	22%	21%	25%	21%
...develop trusting relationships with peers your age?	Rarely or never	15%	15%	8%	13%	10%	12%	9%	9%
	Sometimes	28%	29%	25%	30%	26%	31%	22%	30%
	Often	31%	33%	40%	34%	39%	35%	38%	39%
	Very often	26%	24%	27%	23%	25%	22%	31%	22%
...develop trusting relationships with adults?	Rarely or never	15%	15%	12%	18%	14%	18%	11%	13%
	Sometimes	30%	32%	30%	35%	30%	37%	27%	37%
	Often	33%	29%	35%	32%	36%	30%	40%	35%
	Very often	22%	24%	22%	15%	20%	15%	21%	15%
...help make decisions?	Rarely or never	17%	13%	10%	12%	10%	9%	9%	9%
	Sometimes	39%	44%	40%	41%	39%	40%	34%	37%
	Often	32%	30%	35%	36%	36%	37%	41%	37%
	Very often	12%	12%	15%	10%	14%	14%	16%	17%
...do something that gives you joy and energy?	Rarely or never	4%	4%	5%	5%	5%	6%	5%	6%
	Sometimes	14%	18%	14%	22%	16%	23%	19%	28%
	Often	30%	34%	39%	37%	40%	38%	42%	40%
	Very often	52%	44%	42%	36%	40%	33%	34%	26%
...learn skills that you can use in a future job?	Rarely or never	17%	19%	11%	16%	13%	13%	11%	13%
	Sometimes	29%	35%	35%	42%	36%	43%	36%	41%
	Often	27%	24%	31%	28%	31%	31%	29%	29%
	Very often	27%	22%	22%	13%	20%	13%	24%	17%

<sup>^</sup> These items are a subscale of the Constructive Use of Time Scale from the Developmental Assets Profile (DAP) (Search Institute, Minneapolis, MN).

2022 Minnesota Student Survey

**TABLE 17  
LIVING SITUATIONS  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
Have you ever been in foster care? (Mark ALL that apply)	No	95%	96%	96%	96%	95%	95%	96%	96%
	Yes, during the last year	2%	2%	1%	1%	1%	2%	2%	1%
	Yes, more than a year ago	4%	3%	4%	4%	4%	4%	3%	4%
During the past 12 months, have you stayed in a shelter, somewhere not intended as a place to live, or someone else's home because you had no other place to stay? (Mark ALL that apply)*	No			95%	97%	97%	96%	98%	96%
	Yes, I was with my parents or adult family member			4%	3%	3%	4%	1%	2%
	Yes, I was on my own without any adult family members			1%	0%	0%	1%	1%	2%
Have any of your parents or guardians ever been in jail or prison? (Mark ALL that apply)*	None of my parents or guardians has ever been in jail or prison			80%	77%	80%	76%	83%	77%
	Yes, I have a parent or guardian in jail or prison right now			3%	2%	4%	3%	2%	2%
	Yes, I have had a parent or guardian in jail or prison in the past			19%	22%	17%	22%	15%	21%
IF YOU HAVE OR HAVE HAD PARENT OR GUARDIAN IN JAIL OR PRISON: Did you live with a parent or guardian at the time they went to jail or prison?*	Yes			41%	46%	57%	53%	40%	55%
	No			59%	54%	43%	47%	60%	45%

\* 5th grade survey did not ask this question.

2022 Minnesota Student Survey

TABLE 18  
COMMUNICATION WITH ADULTS

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
Which of these adults can you talk to about problems you are having? (Mark ALL that apply)	Parent or guardian	90%	88%	86%	77%	83%	74%	81%	79%
	Adult at school	39%	40%	26%	25%	23%	28%	29%	35%
	Some other adult	17%	17%	22%	27%	25%	32%	28%	35%
	I don't have any adults that I can talk to about problems I am having	5%	6%	9%	13%	11%	14%	14%	8%



2022 Minnesota Student Survey

**TABLE 19**  
**PERCEPTIONS OF FAMILY AND OTHERS CARING**  
*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
<i>How much do you feel ...</i>		%	%	%	%	%	%	%	%
...your parents care about you?	Not at all	0%	1%	1%	2%	1%	2%	2%	1%
	A little	2%	3%	2%	5%	2%	5%	3%	4%
	Some	3%	5%	6%	12%	6%	12%	7%	12%
	Quite a bit	12%	14%	19%	22%	25%	24%	29%	24%
	Very much	83%	76%	72%	59%	66%	57%	60%	59%
...other adult relatives care about you?	Not at all	1%	2%	2%	3%	1%	3%	3%	3%
	A little	3%	4%	3%	8%	5%	8%	6%	9%
	Some	7%	11%	13%	19%	15%	21%	18%	20%
	Quite a bit	29%	28%	40%	34%	41%	32%	39%	34%
	Very much	59%	55%	42%	35%	38%	36%	35%	34%
...friends care about you?	Not at all	2%	2%	2%	3%	3%	2%	3%	2%
	A little	3%	7%	6%	7%	6%	8%	6%	8%
	Some	15%	13%	20%	18%	22%	20%	22%	21%
	Quite a bit	47%	35%	43%	36%	45%	36%	43%	38%
	Very much	33%	43%	29%	35%	25%	35%	27%	32%
...teachers at school care about you?^	Not at all	4%	4%	8%	9%	8%	9%	8%	7%
	A little	7%	8%	15%	20%	19%	20%	18%	19%
	Some	22%	21%	37%	40%	39%	40%	36%	41%
	Quite a bit	39%	36%	31%	24%	28%	25%	29%	28%
	Very much	28%	32%	9%	7%	7%	6%	8%	5%
...other adults at school care about you?^	Not at all	6%	5%	12%	16%	12%	15%	13%	17%
	A little	11%	12%	19%	24%	23%	25%	23%	23%
	Some	32%	28%	39%	38%	38%	37%	37%	37%
	Quite a bit	33%	34%	22%	17%	22%	19%	19%	19%
	Very much	19%	22%	8%	5%	5%	4%	7%	4%
...adults in your community care about you?	Not at all	7%	8%	12%	18%	13%	19%	15%	20%
	A little	14%	13%	22%	23%	24%	23%	21%	24%
	Some	29%	26%	34%	34%	34%	37%	35%	33%
	Quite a bit	31%	32%	24%	19%	23%	16%	21%	18%
	Very much	19%	21%	7%	6%	6%	6%	7%	5%

^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 20  
ADVERSE CHILDHOOD EXPERIENCES\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Do you live with anyone who drinks too much alcohol?	Yes	8%	11%	10%	14%	11%	15%
	No	92%	89%	90%	86%	89%	85%
Do you live with anyone who uses illegal drugs or abuses prescription drugs?	Yes	3%	6%	3%	5%	3%	6%
	No	97%	94%	97%	95%	97%	94%
Do you live with anyone who is depressed or has any other mental health issues?	Yes	20%	35%	22%	39%	21%	46%
	No	80%	65%	78%	61%	79%	54%
Does a parent or other adult in your home regularly swear at you, insult you or put you down?	Yes	9%	20%	10%	21%	10%	20%
	No	91%	80%	90%	79%	90%	80%
Has a parent or other adult in your home ever hit, beat, kicked or physically hurt you in any way?	Yes	9%	10%	10%	11%	9%	13%
	No	91%	90%	90%	89%	91%	87%
Have your parents or other adults in your home ever slapped, hit, kicked, punched or beat each other up?	Yes	5%	8%	4%	9%	4%	10%
	No	95%	92%	96%	91%	96%	90%
Has anyone who was not a relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you against your wishes?	Yes	2%	12%	2%	11%	3%	16%
	No	98%	88%	98%	89%	97%	84%
Has any relative/family member ever pressured, tricked, or forced you to do something sexual or done something sexual to you?	Yes	1%	6%	2%	7%	1%	8%
	No	99%	94%	98%	93%	99%	92%
Have you ever traded sex or sexual activity to receive money, food, drugs, alcohol, a place to stay, or anything else?***	Yes			1%	1%	2%	2%
	No			99%	99%	98%	98%
ACEs Score-short^	None	58%	48%	57%	42%	59%	37%
	One	24%	19%	23%	24%	21%	26%
	Two	9%	15%	10%	13%	11%	14%
	Three	5%	8%	6%	9%	4%	8%
	Four or more	4%	10%	4%	12%	5%	14%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

^ An adverse childhood experience (ACE) describes a traumatic experience in a person's life occurring before age 18. The ACEs Score-short is a measure of cumulative exposure to adverse childhood conditions, and combines the responses to all but the last question in this table plus the responses to the first question about parental incarceration (See Table 17).

2022 Minnesota Student Survey

**TABLE 21**  
**RELATIONSHIP VIOLENCE\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Have you been in a casual or serious relationship where your partner ever physically hurt you on purpose?	Yes	6%	6%	5%	7%	5%	8%
	No	94%	94%	95%	93%	95%	92%
Have you been in a casual or serious relationship where your partner ever verbally hurt or controlled you?	Yes	12%	17%	10%	19%	13%	24%
	No	88%	83%	90%	81%	87%	76%
Have you been in a casual or serious relationship where your partner ever pressured, tricked, or forced you to do something sexual, or did something sexual to you against your wishes?*	Yes			4%	13%	6%	20%
	No			96%	87%	94%	80%
Have YOU ever pressured, tricked, or forced someone to do something sexual, or have YOU done something sexual to someone against their wishes?***^	Yes			2%	1%	3%	2%
	No			98%	99%	97%	98%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.

^ The response option "not sure" was not included in 2022.

2022 Minnesota Student Survey

**TABLE 22  
PHYSICAL HEALTH  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
How would you describe your health in general?	Excellent	33%	29%	28%	19%	24%	16%	25%	13%
	Very good	37%	38%	38%	37%	35%	35%	38%	31%
	Good	24%	25%	26%	27%	30%	33%	26%	39%
	Fair	6%	6%	6%	13%	8%	13%	8%	14%
	Poor	1%	2%	1%	3%	2%	3%	3%	2%
Do you have any physical disabilities, or long-term health problems (such as asthma, cancer, diabetes, epilepsy or something else)? Long-term means lasting 6 months or more.	Yes	15%	16%	12%	16%	14%	19%	12%	20%
	No	85%	84%	88%	84%	86%	81%	88%	80%
Has a doctor or nurse ever told you that you have diabetes?	Yes	2%	2%	2%	1%	2%	0%	2%	1%
	No	98%	98%	98%	99%	98%	100%	98%	99%
Has a doctor or nurse ever told you that you have pre-diabetes?	Yes	1%	1%	2%	1%	2%	1%	2%	2%
	No	99%	99%	98%	99%	98%	99%	98%	98%
Has a doctor or nurse ever told you that you have asthma?	Yes	10%	10%	12%	15%	14%	15%	14%	18%
	No	90%	90%	88%	85%	86%	85%	86%	82%
Has a doctor or nurse ever told you that you have an allergy that requires you to carry an epi-pen?	Yes	5%	4%	4%	3%	4%	4%	4%	4%
	No	95%	96%	96%	97%	96%	96%	96%	96%
Weight status* according to Body Mass Index (BMI)**	Normal or underweight			66%	77%	67%	74%	69%	71%
	Overweight			16%	13%	15%	15%	15%	15%
	Obese			18%	10%	18%	10%	16%	14%

\* 5th grade survey did not ask this question.

\*\* Body Mass Index (BMI) is a number calculated from a child's self-reported weight and height. BMI is calculated using a standard formula. BMI-for-age percentiles are used to interpret BMI numbers for children and teens. CDC BMI-for-age growth charts were used to determine weight status according to BMI for participants in the Minnesota Student Survey.

Not overweight: Less than the 85th percentile  
 Overweight: 85th to less than the 95th percentile  
 Obese: Equal to or greater than the 95th percentile

2022 Minnesota Student Survey

**TABLE 23**  
**MENTAL HEALTH**  
*West Central*

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
<b>Do you have any long-term mental health, behavioral or emotional problems? Long-term means lasting 6 months or more.*</b>	<b>Yes</b>			17%	40%	21%	40%	19%	48%
	<b>No</b>			83%	60%	79%	60%	81%	52%
<b>Have you ever been treated for a mental health, emotional or behavioral problem? (Mark ALL that apply)</b>	<b>No</b>	78%	77%	82%	70%	78%	66%	77%	56%
	<b>Yes, during the last year</b>	14%	16%	7%	23%	11%	26%	12%	31%
	<b>Yes, more than a year ago</b>	11%	11%	13%	13%	13%	15%	13%	22%
<b>Have you ever been treated for an alcohol or drug problem? (Mark ALL that apply)*</b>	<b>No</b>			98%	98%	98%	98%	98%	97%
	<b>Yes, during the last year</b>			1%	2%	1%	2%	2%	2%
	<b>Yes, more than a year ago</b>			1%	0%	1%	1%	1%	1%
<b>When you are feeling upset, stressed or having problems, how comfortable are you talking to a counselor or social worker at school?***^</b>	<b>Very comfortable</b>	18%	16%	10%	6%				
	<b>Somewhat comfortable</b>	47%	52%	44%	46%				
	<b>Not at all comfortable</b>	31%	29%	44%	47%				
	<b>There is no counselor or social worker at my school</b>	4%	2%	3%	0%				

\* 5th grade survey did not ask this question.

\*\* 9th and 11th grade surveys did not ask this question.

^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 24  
ORAL HEALTH  
West Central**

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>When was the last time you saw a dentist for a check-up, exam or teeth cleaning or other dental work?</b>	<b>During the last year</b>	78%	80%	83%	84%	80%	84%	77%	78%
	<b>Between 1 and 2 years ago</b>	13%	12%	10%	10%	13%	11%	15%	13%
	<b>More than 2 years ago</b>	7%	6%	5%	5%	5%	4%	7%	8%
	<b>Never</b>	2%	2%	2%	1%	2%	1%	1%	1%
<b>Have you had any of the following dental problems during the past 12 months? (Mark ALL that apply)</b>	<b>Toothaches or pain</b>	20%	22%	17%	22%	16%	21%	19%	24%
	<b>Decayed teeth or cavities</b>	15%	15%	13%	16%	14%	15%	18%	16%
	<b>Swollen, painful or bleeding gums</b>	6%	9%	6%	9%	7%	6%	6%	8%
	<b>Could not eat certain foods because of a dental problem</b>	4%	7%	6%	9%	4%	7%	4%	7%
	<b>Missed one or more school days because of a dental problem</b>	9%	11%	8%	8%	6%	8%	6%	6%
	<b>I have not had any of these dental health problems</b>	63%	61%	66%	63%	69%	65%	64%	62%
<b>IF ONE OR MORE DENTAL PROBLEMS: Have you had this dental problem treated by a dentist?</b>	<b>Yes</b>	71%	65%	72%	73%	68%	73%	71%	64%
	<b>No, but I will see a dentist</b>	24%	30%	23%	24%	25%	22%	26%	32%
	<b>No, I am not able to get dental treatment</b>	5%	6%	5%	3%	6%	4%	4%	4%

2022 Minnesota Student Survey

**TABLE 25  
PHYSICAL ACTIVITY; SLEEP; EATING MEALS**

*West Central*

		Grade							
		5th		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %	Male %	Female %
During the last 7 days, on how many days were you physically active for a total of AT LEAST 60 MINUTES PER DAY?	0 days	10%	10%	5%	7%	8%	7%	9%	14%
	1 day	6%	9%	5%	7%	5%	7%	6%	9%
	2 days	11%	14%	7%	8%	8%	10%	8%	11%
	3 days	12%	16%	12%	16%	11%	16%	10%	15%
	4 days	11%	12%	13%	14%	11%	14%	10%	13%
	5 days	13%	12%	18%	19%	19%	20%	19%	19%
	6 days	9%	8%	12%	11%	12%	13%	12%	9%
	7 days	28%	20%	28%	18%	26%	15%	26%	9%
During a typical school night, how many hours of sleep do you get?	4 hours or less	3%	6%	5%	8%	6%	8%	6%	7%
	5 hours	3%	5%	6%	9%	9%	11%	12%	13%
	6 hours	7%	8%	13%	17%	15%	20%	22%	23%
	7 hours	14%	12%	25%	25%	29%	28%	32%	32%
	8 hours	25%	26%	32%	27%	29%	24%	22%	20%
	9 hours	29%	22%	13%	10%	10%	6%	6%	4%
	10 or more hours	19%	21%	6%	3%	2%	2%	1%	2%
During the last 30 days, have you had to skip meals because your family did not have enough money to buy food?	Yes	3%	4%	3%	3%	3%	4%	3%	4%
	No	97%	96%	97%	97%	97%	96%	97%	96%
During a typical school week, where do you usually get your lunch? (Mark ALL that apply)	I usually don't eat lunch.	3%	5%	8%	14%	9%	18%	9%	16%
	Regular school lunch from the cafeteria	87%	83%	81%	67%	77%	61%	73%	57%
	The a la carte line (buy individual items)	2%	2%	5%	5%	8%	5%	6%	5%
	School store or vending machine	2%	2%	3%	2%	6%	6%	4%	4%
	Fast food restaurant, gas station or somewhere else outside of school	3%	3%	2%	2%	10%	6%	19%	15%
	I bring lunch from home.	17%	27%	14%	27%	14%	26%	18%	31%

2022 Minnesota Student Survey

**TABLE 26A**  
**FRUIT AND VEGETABLE CONSUMPTION\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 7 days, how many times did you...?</i>		%	%	%	%	%	%
...drink 100% fruit juices such as orange, apple or grape juice? (Do not count punch, Kool-Aid, sports drinks or other fruit-flavored drinks)	I did NOT eat or drink this	19%	22%	19%	26%	23%	27%
	1 to 3 times in the last 7 days	41%	50%	42%	46%	43%	49%
	4 to 6 times in the last 7 days	19%	12%	17%	12%	15%	10%
	1 time per day	10%	9%	12%	9%	9%	8%
	2 times per day	6%	4%	6%	5%	6%	4%
	3 times per day	1%	1%	2%	1%	2%	1%
	4 or more times per day	4%	2%	2%	1%	2%	1%
...eat fruit? (Do not count fruit juice)	I did NOT eat or drink this	6%	5%	7%	6%	9%	6%
	1 to 3 times in the last 7 days	29%	31%	33%	28%	33%	34%
	4 to 6 times in the last 7 days	26%	26%	23%	25%	25%	26%
	1 time per day	15%	13%	14%	13%	12%	17%
	2 times per day	13%	15%	15%	16%	14%	11%
	3 times per day	5%	6%	5%	7%	4%	5%
	4 or more times per day	6%	4%	4%	4%	4%	2%
...eat green salad, potatoes, carrots or other vegetables? (Do not count French fries, fried potatoes, or potato chips)	I did NOT eat or drink this	8%	6%	11%	8%	12%	6%
	1 to 3 times in the last 7 days	31%	29%	30%	28%	32%	28%
	4 to 6 times in the last 7 days	24%	24%	24%	25%	23%	28%
	1 time per day	16%	17%	16%	18%	18%	18%
	2 times per day	12%	14%	12%	13%	10%	14%
	3 times per day	4%	4%	4%	6%	2%	4%
	4 or more times per day	4%	4%	3%	3%	2%	2%
...eat from a fast food restaurant, including carry-out or delivery?	I did NOT eat or drink this	25%	26%	25%	25%	21%	19%
	1 to 3 times in the last 7 days	67%	67%	65%	66%	66%	70%
	4 to 6 times in the last 7 days	3%	3%	5%	4%	9%	7%
	1 time per day	3%	3%	2%	2%	2%	3%
	2 times per day	1%	1%	1%	1%	2%	1%
	3 times per day	0%	0%	0%	0%	0%	0%
	4 or more times per day	0%	1%	1%	0%	1%	0%
Servings of fruits, fruit juice and vegetables per day during the last 7 days <sup>^</sup>	Less than five	85%	86%	88%	86%	90%	91%
	Five or more	15%	14%	12%	14%	10%	9%

\* 5th grade survey did not ask these questions.

<sup>^</sup> This is a computed variable based on combinations of responses to the first three questions on this table.



2022 Minnesota Student Survey

**TABLE 26B  
MILK AND WATER CONSUMPTION\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>During the last 7 days, how many times did you drink...?</b> ... a glass of milk? (Count the milk you drank in a cup, from a carton, or with cereal)^	I did NOT eat or drink this	8%	23%	10%	28%	12%	34%
	1 to 3 times in the last 7 days	17%	25%	19%	26%	19%	26%
	4 to 6 times in the last 7 days	20%	16%	20%	15%	17%	12%
	1 time per day	17%	14%	15%	12%	18%	12%
	2 times per day	16%	12%	18%	10%	17%	9%
	3 times per day	11%	6%	12%	5%	10%	4%
	4 or more times per day	11%	4%	7%	4%	8%	2%
<b>...a glass or drink of tap water from a drinking fountain, faucet or sink? ^^</b>	I did NOT eat or drink this	8%	10%	10%	11%	10%	12%
	1 to 3 times in the last 7 days	13%	17%	13%	11%	12%	10%
	4 to 6 times in the last 7 days	14%	11%	13%	12%	13%	13%
	1 time per day	10%	10%	11%	9%	8%	9%
	2 times per day	13%	11%	11%	13%	14%	12%
	3 times per day	11%	13%	13%	14%	13%	15%
	4 or more times per day	30%	28%	30%	29%	29%	29%
<b>... a bottle of water (plain water that is not flavored or carbonated)?^^</b>	I did NOT eat or drink this	10%	9%	12%	13%	15%	13%
	1 to 3 times in the last 7 days	19%	19%	20%	17%	17%	19%
	4 to 6 times in the last 7 days	13%	13%	14%	12%	13%	12%
	1 time per day	12%	13%	14%	12%	16%	11%
	2 times per day	13%	14%	12%	13%	12%	15%
	3 times per day	10%	8%	10%	9%	9%	10%
	4 or more times per day	22%	23%	19%	24%	19%	20%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2019.

^^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 26C  
SUGAR-SWEETENED BEVERAGE CONSUMPTION\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 7 days, how many times did you drink...</i>		%	%	%	%	%	%
... a can, bottle or glass of pop or soda, such as Coke, Pepsi or Sprite (Do not count diet pop or diet soda) ^?	I did NOT eat or drink this	22%	29%	21%	36%	23%	35%
	1 to 3 times in the last 7 days	49%	51%	48%	44%	38%	44%
	4 to 6 times in the last 7 days	12%	10%	14%	10%	18%	10%
	1 time per day	10%	6%	8%	6%	10%	5%
	2 times per day	4%	3%	5%	2%	6%	3%
	3 times per day	1%	0%	2%	1%	2%	1%
	4 or more times per day	2%	1%	2%	1%	3%	1%
... a can, bottle or glass of a sports drink, such as Gatorade or Powerade? (Do not count low-calorie sports drinks such as Propel or G2) ^	I did NOT eat or drink this	33%	48%	32%	50%	33%	54%
	1 to 3 times in the last 7 days	39%	35%	39%	36%	38%	34%
	4 to 6 times in the last 7 days	13%	9%	14%	7%	14%	8%
	1 time per day	8%	5%	8%	4%	9%	3%
	2 times per day	4%	1%	4%	2%	3%	1%
	3 times per day	1%	1%	1%	1%	2%	0%
	4 or more times per day	1%	1%	2%	1%	1%	0%
... a can, bottle or glass of an energy drink, such as Rockstar, Red Bull, Monster or Full Throttle?	I did NOT eat or drink this	76%	70%	68%	70%	56%	57%
	1 to 3 times in the last 7 days	17%	18%	22%	17%	28%	26%
	4 to 6 times in the last 7 days	3%	4%	5%	6%	8%	9%
	1 time per day	3%	5%	3%	4%	5%	5%
	2 times per day	0%	2%	1%	2%	2%	2%
	3 times per day	1%	1%	0%	1%	1%	0%
	4 or more times per day	1%	1%	1%	0%	1%	0%
... a can, bottle or glass of coffee or tea that had sugar, syrups or honey added to it? (Count coffee/ tea you added a sweetener to/ already had sweetener, e.g. Arizona Iced Tea/Frappuccinos. Don't count artificial sweeteners e.g. Splenda/diet drinks) ^	I did NOT eat or drink this	63%	46%	60%	45%	56%	36%
	1 to 3 times in the last 7 days	23%	38%	28%	38%	26%	40%
	4 to 6 times in the last 7 days	6%	8%	5%	7%	6%	12%
	1 time per day	5%	5%	4%	6%	7%	10%
	2 times per day	1%	2%	1%	2%	2%	2%
	3 times per day	0%	0%	0%	0%	1%	0%
	4 or more times per day	1%	1%	1%	1%	1%	1%
... a can, bottle or glass of sweetened fruit drinks, such as Kool-Aid, Capri Sun or lemonade?	I did NOT eat or drink this	42%	43%	45%	48%	50%	52%
	1 to 3 times in the last 7 days	42%	44%	39%	39%	37%	39%
	4 to 6 times in the last 7 days	8%	6%	8%	6%	7%	6%
	1 time per day	5%	4%	4%	4%	3%	2%
	2 times per day	2%	1%	2%	1%	1%	1%
	3 times per day	1%	1%	1%	1%	0%	0%
	4 or more times per day	1%	1%	1%	1%	1%	0%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2019.

2022 Minnesota Student Survey

**TABLE 27**  
**VEHICLE SAFETY**  
*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
When driving a car, truck or SUV, how often do you handle your phone to do things like send or read text messages, take pictures, use social media, stream videos, or videochat?*	I don't drive a car, truck or SUV					59%	66%	14%	15%
	I never do this					26%	24%	26%	23%
	Rarely					9%	6%	26%	30%
	Sometimes					5%	3%	20%	21%
	Often					1%	0%	11%	8%
	Always					1%	0%	4%	4%
How often do you wear a seat belt when you are driving or riding in a car, truck or SUV?^^	I don't drive or ride in a car, truck or SUV^^^	1%	1%	0%	0%	6%	4%	2%	2%
	I never do this	0%	0%	1%	0%	2%	1%	4%	1%
	Rarely	1%	1%	3%	2%	4%	1%	6%	1%
	Sometimes	6%	5%	8%	6%	6%	5%	6%	3%
	Often	16%	15%	22%	20%	18%	21%	12%	10%
	Always	75%	77%	66%	71%	64%	69%	72%	83%

\* 5th and 8th grade surveys did not ask this question.

^ New question in 2022.

^^ On the 5th and 8th grade surveys, this question was worded "How often do you wear a seat belt when you are riding in a car, truck or SUV?"

^^^ On the 5th and 8th grade surveys, this response option is worded, "I don't ride in a car, truck or SUV."

2022 Minnesota Student Survey

**TABLE 28A  
SELF DESCRIPTION<sup>^</sup>  
West Central**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>I feel in control of my life and future.<sup>^^</sup></b>	<b>Not at all or rarely</b>	11%	13%	5%	10%	6%	11%	7%	10%
	<b>Somewhat or sometimes</b>	34%	35%	21%	36%	25%	36%	29%	42%
	<b>Very or often</b>	39%	36%	45%	38%	48%	37%	43%	36%
	<b>Extremely or almost always</b>	16%	16%	29%	17%	21%	15%	21%	11%
<b>I feel good about myself.</b>	<b>Not at all or rarely</b>	5%	11%	6%	20%	7%	18%	9%	16%
	<b>Somewhat or sometimes</b>	17%	25%	23%	39%	27%	43%	27%	48%
	<b>Very or often</b>	41%	33%	43%	28%	43%	28%	46%	28%
	<b>Extremely or almost always</b>	38%	31%	28%	13%	22%	11%	18%	8%
<b>I feel good about my future.</b>	<b>Not at all or rarely</b>	4%	8%	6%	11%	8%	12%	8%	14%
	<b>Somewhat or sometimes</b>	18%	24%	21%	32%	25%	35%	31%	38%
	<b>Very or often</b>	39%	35%	44%	37%	45%	37%	42%	39%
	<b>Extremely or almost always</b>	38%	33%	29%	20%	22%	16%	19%	10%
<b>I deal with disappointment without getting too upset.</b>	<b>Not at all or rarely</b>	12%	14%	9%	14%	8%	16%	8%	15%
	<b>Somewhat or sometimes</b>	32%	38%	33%	42%	37%	43%	34%	44%
	<b>Very or often</b>	41%	34%	41%	33%	41%	31%	41%	33%
	<b>Extremely or almost always</b>	15%	15%	17%	11%	15%	9%	16%	7%
<b>I find good ways to deal with things that are hard in my life.</b>	<b>Not at all or rarely</b>	7%	10%	7%	19%	10%	17%	10%	16%
	<b>Somewhat or sometimes</b>	28%	31%	32%	41%	33%	45%	32%	48%
	<b>Very or often</b>	46%	42%	42%	30%	43%	30%	43%	30%
	<b>Extremely or almost always</b>	19%	16%	19%	10%	14%	8%	15%	6%
<b>I am thinking about what my purpose is in life.<sup>^^^</sup></b>	<b>Not at all or rarely</b>	7%	9%	14%	9%	14%	11%	11%	9%
	<b>Somewhat or sometimes</b>	21%	27%	28%	31%	31%	29%	28%	28%
	<b>Very or often</b>	41%	39%	33%	34%	35%	37%	39%	39%
	<b>Extremely or almost always</b>	31%	25%	25%	25%	20%	23%	22%	24%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

<sup>^^</sup> On the 5th grade survey, this item was worded "I can shape and influence what happens in my life and future."

<sup>^^^</sup> On the 5th grade survey, this item was worded "I think about what I want to do in my life when I grow up."

2022 Minnesota Student Survey

**TABLE 28B  
SELF DESCRIPTION<sup>^</sup>  
West Central**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>I say no to things that are dangerous or unhealthy.</b>	<b>Not at all or rarely</b>	8%	6%	7%	6%	7%	8%	7%	7%
	<b>Somewhat or sometimes</b>	17%	16%	18%	19%	20%	20%	25%	23%
	<b>Very or often</b>	29%	22%	29%	27%	34%	31%	33%	34%
	<b>Extremely or almost always</b>	46%	56%	47%	47%	39%	41%	35%	37%
<b>I build friendships with other people.</b>	<b>Not at all or rarely</b>	6%	8%	6%	10%	8%	9%	7%	10%
	<b>Somewhat or sometimes</b>	26%	30%	27%	34%	33%	36%	33%	36%
	<b>Very or often</b>	45%	40%	43%	37%	41%	36%	44%	37%
	<b>Extremely or almost always</b>	22%	21%	24%	19%	18%	19%	17%	17%
<b>I express my feelings in proper ways.</b>	<b>Not at all or rarely</b>	16%	14%	13%	19%	19%	18%	16%	13%
	<b>Somewhat or sometimes</b>	32%	33%	37%	40%	38%	43%	40%	45%
	<b>Very or often</b>	40%	37%	40%	33%	33%	31%	35%	36%
	<b>Extremely or almost always</b>	13%	16%	11%	8%	10%	8%	8%	6%
<b>I plan ahead and make good choices.</b>	<b>Not at all or rarely</b>	7%	5%	6%	8%	8%	7%	8%	5%
	<b>Somewhat or sometimes</b>	28%	27%	35%	34%	36%	36%	40%	36%
	<b>Very or often</b>	43%	41%	41%	40%	44%	40%	39%	42%
	<b>Extremely or almost always</b>	22%	26%	18%	18%	12%	18%	13%	17%
<b>I stay away from bad influences.</b>	<b>Not at all or rarely</b>	4%	4%	7%	8%	7%	8%	8%	8%
	<b>Somewhat or sometimes</b>	20%	19%	20%	24%	25%	23%	28%	25%
	<b>Very or often</b>	40%	33%	37%	35%	41%	40%	36%	38%
	<b>Extremely or almost always</b>	36%	45%	36%	34%	27%	29%	27%	29%
<b>I resolve conflicts without anyone getting hurt.</b>	<b>Not at all or rarely</b>	8%	5%	6%	5%	6%	5%	5%	3%
	<b>Somewhat or sometimes</b>	25%	21%	28%	25%	26%	28%	23%	26%
	<b>Very or often</b>	39%	39%	42%	44%	45%	42%	46%	44%
	<b>Extremely or almost always</b>	28%	35%	23%	26%	22%	25%	26%	28%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2022 Minnesota Student Survey

**TABLE 28C  
SELF DESCRIPTION<sup>^</sup>  
West Central**

<i>In general, how does each of the following statements describe you?</i>		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>I accept people who are different from me.</b>	<b>Not at all or rarely</b>	2%	1%	4%	2%	4%	2%	5%	1%
	<b>Somewhat or sometimes</b>	8%	6%	16%	8%	18%	10%	17%	8%
	<b>Very or often</b>	31%	25%	41%	33%	42%	33%	42%	36%
	<b>Extremely or almost always</b>	59%	68%	40%	57%	36%	55%	36%	56%
<b>I am sensitive to the needs and feelings of others.</b>	<b>Not at all or rarely</b>	10%	8%	11%	6%	15%	5%	12%	4%
	<b>Somewhat or sometimes</b>	28%	22%	36%	27%	37%	27%	33%	20%
	<b>Very or often</b>	38%	35%	36%	38%	36%	36%	38%	41%
	<b>Extremely or almost always</b>	23%	35%	16%	29%	13%	32%	18%	35%
<b>I feel valued and appreciated by others.</b>	<b>Not at all or rarely</b>	5%	9%	8%	14%	9%	12%	8%	10%
	<b>Somewhat or sometimes</b>	20%	27%	28%	37%	32%	42%	32%	42%
	<b>Very or often</b>	48%	39%	44%	33%	42%	32%	45%	37%
	<b>Extremely or almost always</b>	26%	26%	20%	16%	17%	13%	15%	11%
<b>I am included in family tasks and decisions.</b>	<b>Not at all or rarely</b>	4%	5%	5%	7%	5%	8%	8%	8%
	<b>Somewhat or sometimes</b>	18%	19%	19%	26%	23%	28%	25%	28%
	<b>Very or often</b>	40%	39%	44%	39%	49%	39%	46%	39%
	<b>Extremely or almost always</b>	37%	37%	31%	28%	23%	25%	20%	26%
<b>I am given useful roles and responsibilities.</b>	<b>Not at all or rarely</b>	5%	5%	5%	6%	4%	5%	6%	5%
	<b>Somewhat or sometimes</b>	20%	18%	23%	25%	25%	29%	25%	29%
	<b>Very or often</b>	43%	42%	46%	43%	51%	42%	50%	42%
	<b>Extremely or almost always</b>	32%	36%	26%	25%	20%	23%	19%	24%

<sup>^</sup> These items are adapted from the Developmental Assets Profile (DAP) under a license agreement with Search Institute, Minneapolis, MN.

2022 Minnesota Student Survey

**TABLE 29A  
EMOTIONAL WELL-BEING AND DISTRESS\***

*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>Over the last two weeks, how often have you been bothered by...?</i>		%	%	%	%	%	%
...little interest or pleasure in doing things?	Not at all	48%	37%	43%	32%	47%	27%
	Several days	31%	35%	33%	38%	33%	42%
	More than half the days	13%	15%	13%	17%	12%	18%
	Nearly every day	8%	13%	10%	13%	7%	13%
...feeling down, depressed or hopeless?	Not at all	67%	43%	59%	41%	59%	32%
	Several days	20%	27%	24%	32%	26%	36%
	More than half the days	7%	14%	9%	13%	8%	17%
	Nearly every day	6%	16%	8%	14%	7%	14%
...feeling nervous, anxious or on edge?	Not at all	54%	24%	45%	22%	47%	15%
	Several days	30%	34%	33%	36%	34%	36%
	More than half the days	9%	16%	13%	19%	10%	23%
	Nearly every day	7%	26%	9%	23%	8%	26%
...not being able to stop or control worrying?	Not at all	68%	36%	61%	34%	63%	25%
	Several days	20%	27%	22%	30%	22%	33%
	More than half the days	7%	16%	9%	16%	9%	19%
	Nearly every day	5%	21%	7%	20%	6%	24%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

TABLE 29B  
EMOTIONAL WELL-BEING AND DISTRESS\*

*West Central*

<i>Thinking back the last 30 days, how much do you agree or disagree with the following statements?</i>		Grade	
		5th	
		Male	Female
		%	%
<b>I worry a lot.</b>	<b>Strongly agree</b>	12%	28%
	<b>Agree</b>	24%	27%
	<b>Neither agree nor disagree</b>	31%	24%
	<b>Disagree</b>	20%	14%
	<b>Strongly disagree</b>	13%	7%
<b>I sometimes feel sad without knowing why.</b>	<b>Strongly agree</b>	11%	27%
	<b>Agree</b>	28%	32%
	<b>Neither agree nor disagree</b>	20%	18%
	<b>Disagree</b>	21%	12%
	<b>Strongly disagree</b>	19%	11%

\* Only the 5th grade survey asked these questions.



2022 Minnesota Student Survey

**TABLE 30**  
**SELF-INFLICTED INJURY; SUICIDAL THOUGHTS AND SUICIDAL BEHAVIOR\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 12 months, how many times did you do something to purposely hurt or injure yourself without wanting to die, such as cutting, burning, or bruising yourself on purpose?	0 times	84%	65%	82%	67%	86%	70%
	1 or 2 times	8%	13%	10%	11%	6%	10%
	3 to 5 times	3%	6%	4%	7%	2%	7%
	6 to 9 times	2%	4%	2%	5%	2%	6%
	10 to 19 times	1%	4%	1%	3%	2%	3%
	20 or more times	2%	8%	1%	6%	1%	4%
Have you ever seriously considered attempting suicide? (Mark ALL that apply)	No	82%	70%	82%	65%	79%	62%
	Yes, during the last year	10%	23%	11%	20%	10%	20%
	Yes, more than a year ago	10%	14%	9%	20%	14%	24%
Have you ever actually attempted suicide? (Mark ALL that apply)	No	93%	90%	93%	86%	93%	84%
	Yes, during the last year	4%	7%	3%	7%	3%	5%
	Yes, more than a year ago	3%	6%	4%	9%	5%	12%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 31**  
**PROBLEMATIC AND ANTISOCIAL BEHAVIOR\***  
*West Central*

<i>During the last 12 months, how often have you...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>...run away from home?</b>	<b>Never</b>	95%	93%	94%	92%	95%	92%
	<b>Once or twice</b>	3%	5%	5%	6%	3%	6%
	<b>3 to 5 times</b>	1%	1%	1%	2%	1%	1%
	<b>6 to 9 times</b>	1%	0%	0%	0%	0%	0%
	<b>10 or more times</b>	0%	0%	1%	0%	0%	0%
<b>...damaged or destroyed property?</b>	<b>Never</b>	79%	83%	80%	86%	78%	89%
	<b>Once or twice</b>	16%	13%	15%	11%	15%	8%
	<b>3 to 5 times</b>	2%	3%	3%	2%	3%	2%
	<b>6 to 9 times</b>	1%	0%	1%	1%	1%	1%
	<b>10 or more times</b>	1%	1%	2%	1%	3%	0%
<b>...hit or beat up another person?</b>	<b>Never</b>	77%	84%	80%	88%	85%	91%
	<b>Once or twice</b>	16%	12%	14%	9%	10%	7%
	<b>3 to 5 times</b>	4%	2%	2%	2%	2%	1%
	<b>6 to 9 times</b>	1%	1%	1%	1%	1%	0%
	<b>10 or more times</b>	2%	2%	2%	0%	2%	1%
<b>...taken something from a store without paying for it?</b>	<b>Never</b>	92%	90%	89%	88%	89%	86%
	<b>Once or twice</b>	5%	7%	7%	8%	7%	9%
	<b>3 to 5 times</b>	1%	2%	2%	2%	2%	2%
	<b>6 to 9 times</b>	0%	0%	1%	1%	0%	1%
	<b>10 or more times</b>	1%	1%	1%	1%	1%	2%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 32A  
GAMBLING BEHAVIOR\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months, how often have you done the following gambling/betting activities?</i>		%	%	%	%	%	%
<b>Bet on informal games of personal skill such as playing cards, video games, pool, golf, etc.</b> <sup>^</sup>	Not at all	63%	76%	67%	84%	68%	89%
	Less than once a month	19%	13%	16%	9%	16%	7%
	About once a month	5%	5%	7%	4%	7%	2%
	About once a week	5%	4%	5%	1%	5%	1%
	2 to 6 times a week	4%	1%	1%	1%	1%	1%
	Daily	4%	1%	3%	1%	2%	0%
<b>Bet on formal sports events or games including esports<sup>^</sup></b>	Not at all	77%	88%	79%	91%	80%	94%
	Less than once a month	12%	7%	11%	5%	9%	4%
	About once a month	5%	2%	5%	2%	5%	1%
	About once a week	3%	1%	3%	1%	3%	0%
	2 to 6 times a week	2%	1%	2%	1%	2%	0%
	Daily	1%	0%	1%	0%	1%	0%
<b>Bought lottery tickets or scratch offs</b>	Not at all	91%	93%	92%	94%	90%	96%
	Less than once a month	5%	5%	5%	4%	5%	3%
	About once a month	2%	2%	2%	2%	3%	1%
	About once a week	1%	0%	1%	0%	1%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	1%	0%	0%	0%	1%	0%
<b>Gambled in a casino</b>	Not at all	97%	99%	98%	99%	97%	99%
	Less than once a month	2%	0%	1%	1%	1%	1%
	About once a month	1%	0%	0%	0%	1%	0%
	About once a week	0%	0%	0%	0%	0%	0%
	2 to 6 times a week	0%	0%	0%	0%	0%	0%
	Daily	0%	0%	0%	0%	0%	0%
<b>Gambled for money online including loot boxes<sup>^^</sup></b>	Not at all	93%	98%	92%	99%	92%	99%
	Less than once a month	2%	1%	4%	0%	4%	1%
	About once a month	2%	0%	2%	0%	2%	0%
	About once a week	1%	0%	0%	0%	1%	0%
	2 to 6 times a week	0%	0%	1%	0%	0%	0%
	Daily	0%	0%	1%	0%	1%	0%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2022.

<sup>^^</sup> Change in question wording from 2019.

2022 Minnesota Student Survey

**TABLE 32B  
GAMBLING BEHAVIOR\***

**West Central**

<b>INCLUDES ONLY THOSE WHO HAVE PARTICIPATED IN ANY GAMBLING ACTIVITIES DURING THE LAST 12 MONTHS: During the last 12 months, how often have you...</b>		<b>Grade</b>					
		<b>8th</b>		<b>9th</b>		<b>11th</b>	
		<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>	<b>Male</b>	<b>Female</b>
		<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>	<b>%</b>
<b>...hidden your gambling/betting from your parents, other family members or teachers?</b>	<b>Never</b>	92%	96%	90%	94%	90%	95%
	<b>Sometimes</b>	5%	2%	5%	5%	5%	3%
	<b>Many times</b>	1%	1%	2%	0%	3%	1%
	<b>All the time</b>	3%	0%	3%	1%	3%	1%
<b>...felt that you might have a problem with gambling/betting?</b>	<b>Never</b>	94%	96%	93%	97%	90%	97%
	<b>Sometimes</b>	5%	1%	4%	2%	5%	1%
	<b>Many times</b>	1%	2%	2%	0%	2%	1%
	<b>All the time</b>	0%	1%	2%	1%	3%	1%
<b>...skipped hanging out with friends who do not gamble/bet to hang out with friends who do gamble/bet?</b>	<b>Never</b>	96%	98%	96%	96%	92%	97%
	<b>Sometimes</b>	2%	1%	2%	2%	5%	3%
	<b>Many times</b>	1%	0%	1%	1%	1%	0%
	<b>All the time</b>	1%	1%	1%	1%	2%	0%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

TABLE 33  
SUMMARY OF SUBSTANCE USE\*\*^

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
Use of conventional tobacco products (cigarettes, cigars, smokeless tobacco) during the past 30 days	No	96%	96%	96%	96%	93%	94%
	Yes	4%	4%	4%	4%	7%	6%
Use of any tobacco products, including e-cigarettes and hookah, during the past 30 days	No	93%	91%	92%	87%	86%	81%
	Yes	7%	9%	8%	13%	14%	19%
Frequent binge drinking in the past year (typically drank 5 or more drinks at a time and drank on 10 or more occasions during the past year)	No	100%	99%	99%	99%	96%	99%
	Yes	0%	1%	1%	1%	4%	1%
Any alcohol and/or other drug use during the past year (excluding tobacco)	No alcohol or marijuana or other drug use in the past year	79%	76%	77%	72%	63%	61%
	Used only alcohol in the past year	6%	7%	8%	10%	18%	16%
	Used alcohol and marijuana in past year, but not other drugs	1%	1%	2%	3%	4%	8%
	Used marijuana or other drugs but not alcohol in the past year	10%	11%	9%	8%	9%	7%
	Used alcohol and marijuana or other drugs in the past year	4%	5%	4%	7%	7%	8%

\* 5th grade survey did not ask these questions.

^ These are all computed variables based on combinations of responses to two or more survey items.

2022 Minnesota Student Survey

**TABLE 34  
SUBSTANCE ABUSE\***

*West Central*

		Grade	
		5th	
		Male	Female
		%	%
During the last 30 days, have you vaped or used an e-cigarette? <sup>^</sup>	Yes	2%	2%
	No	98%	98%
During the last 30 days, have you smoked cigarettes?	Yes	1%	1%
	No	99%	99%
During the last 12 months, have you had alcoholic beverages to drink such as beer, wine, wine coolers, and liquor?	Yes	4%	4%
	No	96%	96%
During the last 12 months, have you used marijuana (pot, weed) or hashish (hash, hash oil)?	Yes	1%	1%
	No	99%	99%
During the last 12 months, have you sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	Yes	2%	3%
	No	98%	97%
During the last 12 months, have you used prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?	Yes	3%	2%
	No	97%	98%

\* Only the 5th grade survey asked these questions.

<sup>^</sup> New question in 2022.

2022 Minnesota Student Survey

**TABLE 35A  
TOBACCO USE\*  
West Central**

		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
<i>During the last 30 days, on how many days did you ...</i>							
...smoke a cigarette?	0 days	98%	96%	97%	97%	95%	95%
	1 to 2 days	1%	3%	1%	2%	3%	3%
	3 to 9 days	1%	0%	1%	1%	2%	2%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...smoke cigars, cigarillos or little cigars?	0 days	98%	99%	99%	99%	96%	98%
	1 to 2 days	1%	1%	0%	1%	2%	1%
	3 to 9 days	0%	0%	0%	0%	1%	1%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...use chewing tobacco, snuff or dip?	0 days	97%	99%	98%	99%	96%	99%
	1 to 2 days	2%	1%	1%	1%	2%	1%
	3 to 9 days	0%	0%	0%	0%	1%	0%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%
...vape or use an e-cigarette that contains nicotine, such as JUUL, VUSE, NJOY, Puff Bar, Blu, or Bidi Stick?^	0 days	95%	93%	93%	87%	87%	81%
	1 to 2 days	2%	3%	2%	4%	4%	5%
	3 to 9 days	1%	1%	1%	1%	1%	3%
	10 to 19 days	1%	1%	2%	2%	2%	3%
	20 to 29 days	0%	1%	1%	2%	2%	1%
	All 30 days	0%	1%	2%	3%	4%	7%
...use a hookah or a waterpipe to smoke tobacco?	0 days	99%	99%	98%	99%	98%	99%
	1 to 2 days	0%	0%	1%	0%	1%	0%
	3 to 9 days	0%	1%	0%	0%	0%	0%
	10 to 19 days	0%	0%	0%	0%	1%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ Change in question wording from 2019.

2022 Minnesota Student Survey

**TABLE 35B  
FLAVORED TOBACCO USE\*\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>IF VAPED IN PAST 30 DAYS: Which flavors of e-cigarettes (or e-juice) have you used in the past 30 days? (Mark ALL that apply)</b>	Tobacco-flavored	11%	3%	15%	4%	11%	6%
	Menthol or mint	26%	29%	24%	29%	33%	28%
	Clove or spice	17%	2%	11%	2%	7%	1%
	Fruit	71%	76%	63%	67%	55%	74%
	Chocolate	9%	5%	4%	4%	11%	2%
	An alcoholic drink	6%	15%	11%	7%	9%	4%
	A non-alcoholic drink	9%	16%	15%	12%	12%	11%
	Candy, desserts, or other sweets	34%	29%	33%	38%	26%	28%
	Some other flavor	37%	37%	28%	29%	18%	13%
	No flavor (unflavored)	14%	5%	9%	11%	12%	4%
<b>IF VAPED IN PAST 30 DAYS: Student used a flavored e-cigarette in the past 30 days^^</b>	No	26%	8%	18%	10%	16%	13%
	Yes	74%	92%	82%	90%	84%	87%
<b>IF SMOKED CIGARETTE IN PAST 30 DAYS: Student smoked a flavored (i.e., menthol) cigarette in the past 30 days</b>	No	74%	79%	67%	58%	74%	59%
	Yes	26%	21%	33%	42%	26%	41%
<b>IF SMOKED CIGAR IN PAST 30 DAYS: Student smoked a flavored cigar in the past 30 days</b>	No	69%	89%	83%	92%	96%	60%
	Yes	31%	11%	17%	8%	4%	40%
<b>IF USED SMOKELESS TOBACCO IN PAST 30 DAYS: Student used flavored smokeless tobacco in the past 30 days</b>	No	74%	75%	87%	73%	50%	50%
	Yes	26%	25%	13%	27%	50%	50%
<b>IF USED HOOKAH IN PAST 30 DAYS: Student used flavored hookah in the past 30 days</b>	No	83%	78%	79%	92%	81%	83%
	Yes	17%	22%	21%	8%	19%	17%
<b>IF PAST 30 DAYS TOBACCO USE: Student used a flavored tobacco product in the past 30 days^^^</b>	No	37%	17%	27%	12%	22%	13%
	Yes	63%	83%	73%	88%	78%	87%

\* 5th grade survey did not ask these questions.

^ All questions on this table were new in 2022.

^^ Tobacco-flavor is excluded from the definition of flavored e-cigarettes.

^^^ This is a computed variable based on combinations of responses to two or more survey items.



2022 Minnesota Student Survey

TABLE 36  
ACCESS TO E-CIGARETTES\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>IF VAPED IN PAST 30 DAYS: When you vaped or used an e-cigarette during the last 30 days, how did you get it? (Mark ALL that apply)</b>	I bought it at gas stations or convenience stores	6%	3%	8%	0%	8%	6%
	I bought it at grocery, discount or drug stores	3%	0%	2%	2%	1%	1%
	I bought it on the internet	18%	5%	6%	5%	7%	4%
	I bought it at vape shops or other stores that sell only e-cigarettes	9%	3%	6%	2%	8%	9%
	I got it from friends	56%	74%	66%	61%	49%	61%
	I got it from my parents	12%	11%	10%	5%	5%	4%
	I got it from other family members	12%	13%	8%	11%	9%	10%
	I got it from someone I didn't know	3%	13%	4%	15%	11%	6%
	I got it by getting someone else to buy it for me	15%	18%	24%	26%	15%	37%
	I took it from my home	6%	7%	6%	4%	1%	2%
	I took it from a friend's home	6%	3%	0%	1%	1%	2%
	I took it from stores	3%	0%	2%	0%	1%	1%
	I got it some other way	38%	30%	18%	33%	32%	18%

\* 5th grade survey did not ask this question.

2022 Minnesota Student Survey

**TABLE 37  
EXPOSURE TO SECONDHAND SMOKE AND SECONDHAND  
AEROSOL\***

***West Central***

		Grade	
		5th	
		Male	Female
		%	%
During the last 7 days, have you been in the same room as someone who was smoking cigarettes?^	Yes	20%	21%
	No	80%	79%
During the last 7 days, did you ride in a car with someone who was smoking cigarettes?^	Yes	14%	16%
	No	86%	84%
During the last 7 days, on how many days were you in the same room as someone who was vaping or using an e-cigarette?^^	Yes	11%	14%
	No	89%	86%
During the last 7 days, on how many days did you ride in a car with someone who was vaping or using an e-cigarette?^^	Yes	7%	9%
	No	93%	91%

\* Only the 5th grade survey asked these questions.

^ Change in question wording from 2019

^^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 38**  
**ALCOHOL USE FREQUENCY AND QUANTITY\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you drink one or more drinks of an alcoholic beverage?	0 days	95%	93%	93%	89%	84%	82%
	1 to 2 days	2%	4%	4%	7%	9%	11%
	3 to 5 days	1%	1%	2%	2%	4%	3%
	6 to 9 days	0%	1%	1%	1%	2%	2%
	10 to 19 days	0%	0%	0%	0%	0%	1%
	20 to 29 days	0%	0%	0%	0%	0%	1%
	All 30 days	0%	0%	0%	0%	1%	0%
During the last 12 months, on how many occasions (if any) have you had alcoholic beverages to drink?	0	90%	87%	87%	81%	72%	69%
	1 to 2	6%	8%	8%	9%	10%	11%
	3 to 5	2%	2%	2%	4%	6%	7%
	6 to 9	1%	2%	1%	3%	4%	5%
	10 to 19	1%	0%	2%	1%	4%	5%
	20 to 39	0%	1%	1%	1%	1%	1%
	40 or more	0%	0%	1%	1%	3%	1%
Generally, how much do you drink at one time?	No alcohol use	91%	88%	87%	83%	73%	70%
	1 glass/can/drink	7%	8%	7%	9%	11%	12%
	2 glasses/cans/drinks	1%	1%	2%	2%	5%	4%
	3 glasses/cans/drinks	1%	1%	1%	3%	3%	6%
	4 glasses/cans/drinks	0%	0%	1%	1%	2%	4%
	5 or more glasses/cans/drinks	1%	1%	2%	1%	7%	3%
Binge drinking (4 or more drinks in a row (females) or 5 or more drinks in a row (males) within a couple of hours)^	0 days	98%	98%	97%	96%	93%	92%
	1 day	1%	1%	1%	1%	3%	3%
	2 days	0%	0%	1%	1%	2%	2%
	3 to 5 days	0%	1%	1%	1%	1%	2%
	6 to 9 days	0%	0%	0%	0%	1%	1%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 or more days	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

^ This is a computed variable based on combinations of responses to two or more survey items.

2022 Minnesota Student Survey

TABLE 39  
ACCESS TO ALCOHOL\*

West Central

INCLUDES ONLY THOSE WHO USED ALCOHOL IN THE LAST 30 DAYS		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
When you used alcohol during the last 30 days, how did you get it? (Mark ALL that apply)	I bought alcohol at gas stations or convenience stores	3%	0%	5%	1%	2%	1%
	I bought alcohol at bars or restaurants	3%	0%	4%	1%	3%	0%
	I bought alcohol at stores	6%	0%	2%	2%	0%	0%
	I bought alcohol on the Internet	0%	2%	2%	1%	0%	1%
	I got alcohol from friends	10%	29%	26%	33%	28%	40%
	I got alcohol from my parents	48%	29%	16%	30%	20%	26%
	I got alcohol from other family members	19%	13%	14%	17%	5%	12%
	I got alcohol by getting someone else to buy for me	0%	4%	5%	6%	6%	17%
	I got alcohol at parties	13%	11%	14%	17%	15%	19%
	I took alcohol from my home	23%	38%	26%	31%	26%	23%
	I took alcohol from a friend's home	6%	5%	5%	11%	2%	5%
	I took alcohol from stores	0%	0%	4%	1%	2%	0%
	I got alcohol some other way	23%	27%	30%	28%	26%	20%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 40**  
**USE OF MARIJUANA AND PRESCRIPTION DRUGS\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
During the last 30 days, on how many days did you use marijuana? (Do NOT count medical marijuana prescribed for you by a doctor)	0 days	97%	97%	95%	94%	92%	89%
	1 to 2 days	1%	1%	1%	2%	2%	4%
	3 to 5 days	1%	1%	1%	1%	1%	1%
	6 to 9 days	1%	1%	0%	1%	1%	1%
	10 to 19 days	0%	0%	0%	1%	2%	2%
	20 to 29 days	0%	0%	1%	1%	1%	1%
	All 30 days	1%	0%	1%	1%	1%	2%
During the last 12 months, on how many occasions (if any) have you used marijuana or hashish? (Do NOT count medical marijuana prescribed for you by a doctor)	0	95%	95%	93%	92%	88%	83%
	1 to 2	2%	2%	2%	3%	4%	5%
	3 to 5	1%	1%	1%	1%	1%	3%
	6 to 9	1%	0%	0%	1%	1%	2%
	10 to 19	0%	0%	1%	1%	1%	1%
	20 to 39	1%	1%	1%	1%	0%	2%
	40 or more	1%	1%	2%	2%	4%	4%
During the last 30 days, on how many days did you use prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?	0 days	98%	95%	97%	97%	96%	96%
	1 to 2 days	1%	3%	1%	1%	1%	2%
	3 to 5 days	0%	0%	0%	1%	1%	2%
	6 to 9 days	0%	1%	0%	0%	1%	0%
	10 to 19 days	0%	0%	0%	0%	0%	0%
	20 to 29 days	0%	0%	0%	0%	0%	0%
	All 30 days	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 41  
PRESCRIPTION DRUG USE\***

**West Central**

<i>During the last 12 months, on how many occasions (if any) have you used any of the following prescription drugs without a doctor's prescription or differently than how a doctor told you to use it?</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<b>Stimulants such as Amphetamines (bennies, speed, uppers) or diet pills</b>	<b>0</b>	99%	98%	98%	99%	98%	98%
	<b>1 to 2</b>	1%	1%	0%	1%	1%	1%
	<b>3 to 5</b>	1%	1%	0%	0%	1%	0%
	<b>6 to 9</b>	0%	0%	0%	0%	0%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	0%	0%
	<b>20 or more</b>	0%	0%	0%	0%	0%	0%
<b>ADHD or ADD drugs (Ritalin, Adderall, hyper pills)</b>	<b>0</b>	96%	97%	97%	98%	95%	96%
	<b>1 to 2</b>	2%	1%	2%	1%	2%	2%
	<b>3 to 5</b>	1%	1%	0%	1%	1%	1%
	<b>6 to 9</b>	0%	0%	0%	0%	1%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	0%	0%
	<b>20 or more</b>	1%	0%	1%	1%	1%	1%
<b>Pain relievers such as OxyContin, Percocet, Vicodin or others</b>	<b>0</b>	96%	94%	96%	95%	96%	96%
	<b>1 to 2</b>	2%	4%	2%	3%	2%	2%
	<b>3 to 5</b>	1%	1%	1%	1%	1%	0%
	<b>6 to 9</b>	1%	1%	0%	0%	0%	0%
	<b>10 to 19</b>	0%	1%	1%	0%	0%	0%
	<b>20 or more</b>	1%	0%	0%	0%	0%	0%
<b>Tranquilizers such as Valium, Xanax, Klonopin, Ativan, anxiety pills, sedatives or benzos (downers)</b>	<b>0</b>	99%	97%	98%	98%	98%	96%
	<b>1 to 2</b>	1%	2%	1%	1%	1%	2%
	<b>3 to 5</b>	0%	0%	0%	0%	0%	1%
	<b>6 to 9</b>	0%	0%	0%	0%	1%	0%
	<b>10 to 19</b>	0%	0%	0%	0%	0%	1%
	<b>20 or more</b>	0%	0%	0%	0%	0%	0%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 42  
HALLUCINOGEN, ECSTASY, COCAINE AND HEROIN USE\*  
West Central**

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months, on how many occasions (if any) have you used...</i>		%	%	%	%	%	%
...used LSD (acid), PCP (wet sticks or dipped joints), or other psychedelics (mushrooms, angel dust)?	0	99%	99%	98%	98%	97%	97%
	1 to 2	1%	1%	1%	1%	1%	2%
	3 to 5	0%	0%	0%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used MDMA (E, X, ecstasy, Molly), GHB (G, Liquid E, Liquid X, roofies) or Ketamine (Special K)?	0	99%	99%	98%	99%	98%	99%
	1 to 2	0%	0%	1%	0%	0%	1%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	1%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used crack, coke or cocaine in any form?	0	99%	99%	99%	99%	97%	99%
	1 to 2	0%	0%	1%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	1%	0%
...used heroin (smack, junk, China White)?	0	99%	100%	99%	99%	98%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	1%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	1%	0%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 43  
METHAMPHETAMINE, OVER-THE-COUNTER DRUG,  
SYNTHETIC DRUG AND INHALANT USE\***

*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months, on how many occasions (if any) have you ...</i>		%	%	%	%	%	%
...used methamphetamine (meth, glass, crank, crystal meth, ice)?	0	99%	99%	99%	99%	98%	100%
	1 to 2	0%	0%	0%	1%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	1%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	1%	0%
...used over-the-counter drugs such as cough syrup, cold medicine or diet pills that you took only to get high?	0	97%	97%	97%	97%	96%	97%
	1 to 2	2%	1%	2%	2%	2%	2%
	3 to 5	0%	1%	1%	1%	1%	0%
	6 to 9	0%	1%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used synthetic marijuana (K2, Gold) that you took only to get high?	0	99%	99%	98%	98%	97%	99%
	1 to 2	0%	0%	0%	1%	1%	0%
	3 to 5	0%	0%	0%	0%	1%	1%
	6 to 9	0%	0%	0%	0%	0%	0%
	10 to 19	0%	0%	0%	0%	1%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...used any other synthetic drugs such as bath salts (Ivory Wave, White Lightning) that you took only to get high?	0	99%	100%	99%	99%	98%	100%
	1 to 2	0%	0%	0%	0%	0%	0%
	3 to 5	0%	0%	0%	0%	0%	0%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	0%	0%	0%	0%	0%	0%
...sniffed glue or huffed or inhaled the contents of aerosol spray cans or other gases to get high?	0	97%	97%	97%	99%	98%	99%
	1 to 2	1%	2%	1%	1%	0%	1%
	3 to 5	1%	0%	0%	0%	1%	0%
	6 to 9	0%	0%	0%	0%	1%	0%
	10 to 19	0%	0%	0%	0%	0%	0%
	20 or more	1%	0%	1%	0%	0%	0%

\* 5th grade survey did not ask these questions.



2022 Minnesota Student Survey

**TABLE 44**  
**PERCEIVED RISK OF HARM FROM SUBSTANCE USE\***  
*West Central*

<i>How much do you think people risk harming themselves physically or in other ways if they...</i>		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
...smoke one or more packs of cigarettes per day?	No risk	20%	13%	21%	16%	22%	12%
	Slight risk	5%	5%	7%	7%	7%	7%
	Moderate risk	20%	21%	18%	16%	19%	18%
	Great risk	55%	60%	53%	61%	53%	63%
...have five or more drinks of an alcoholic beverage once or twice per week?	No risk	22%	16%	22%	18%	24%	13%
	Slight risk	20%	17%	19%	15%	23%	19%
	Moderate risk	30%	34%	31%	33%	28%	32%
	Great risk	28%	34%	28%	35%	25%	35%
...use marijuana once or twice per week?	No risk	28%	21%	30%	24%	39%	31%
	Slight risk	18%	19%	24%	20%	25%	27%
	Moderate risk	25%	26%	22%	26%	19%	18%
	Great risk	29%	34%	23%	29%	17%	23%
...use prescription drugs not prescribed for them?	No risk	21%	13%	21%	15%	22%	12%
	Slight risk	6%	10%	8%	9%	7%	8%
	Moderate risk	28%	28%	27%	25%	26%	26%
	Great risk	45%	49%	44%	51%	44%	54%
...vape or use e-cigarettes?	No risk	21%	13%	21%	16%	24%	12%
	Slight risk	13%	17%	17%	16%	22%	22%
	Moderate risk	28%	32%	30%	30%	30%	32%
	Great risk	38%	38%	32%	37%	25%	34%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 45A**  
**PERCEPTIONS OF PARENTS' DISAPPROVAL OF SUBSTANCE USE\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>How wrong do your PARENTS feel it would be for you to...</i>		%	%	%	%	%	%
...smoke cigarettes?	Not at all wrong	3%	2%	6%	4%	7%	3%
	A little bit wrong	3%	4%	3%	2%	4%	5%
	Wrong	14%	14%	15%	16%	16%	18%
	Very wrong	79%	80%	77%	78%	72%	74%
...have one or more drinks of an alcoholic beverage nearly every day?	Not at all wrong	4%	3%	7%	4%	8%	3%
	A little bit wrong	6%	5%	4%	5%	9%	7%
	Wrong	17%	16%	18%	16%	22%	19%
	Very wrong	73%	76%	70%	76%	61%	71%
...use marijuana?	Not at all wrong	5%	4%	8%	5%	9%	8%
	A little bit wrong	5%	6%	7%	7%	9%	10%
	Wrong	10%	11%	15%	12%	16%	15%
	Very wrong	80%	79%	70%	76%	66%	67%
...use prescription drugs not prescribed for you?	Not at all wrong	4%	2%	6%	3%	5%	2%
	A little bit wrong	3%	3%	2%	2%	3%	3%
	Wrong	9%	12%	12%	12%	14%	9%
	Very wrong	84%	83%	80%	82%	78%	86%
...vape or use e-cigarettes?	Not at all wrong	4%	2%	7%	4%	7%	4%
	A little bit wrong	4%	6%	4%	6%	6%	8%
	Wrong	13%	14%	14%	15%	20%	18%
	Very wrong	79%	77%	76%	75%	67%	70%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 45B**  
**PERCEPTIONS OF FRIENDS' DISAPPROVAL OF SUBSTANCE USE\***  
*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
<i>How wrong do your FRIENDS feel it would be for you to...</i>							
...smoke cigarettes?	Not at all wrong	5%	5%	8%	6%	13%	7%
	A little bit wrong	7%	10%	10%	9%	12%	15%
	Wrong	24%	22%	25%	26%	25%	23%
	Very wrong	63%	63%	56%	59%	51%	54%
...have one or more drinks of alcoholic beverage nearly every day?	Not at all wrong	6%	6%	10%	8%	14%	10%
	A little bit wrong	9%	9%	13%	10%	14%	15%
	Wrong	25%	22%	25%	26%	29%	25%
	Very wrong	59%	63%	52%	56%	43%	50%
...use marijuana?	Not at all wrong	7%	7%	14%	13%	20%	21%
	A little bit wrong	7%	10%	10%	12%	16%	15%
	Wrong	20%	16%	22%	19%	20%	18%
	Very wrong	66%	67%	54%	57%	45%	46%
...use prescription drugs not prescribed for you?	Not at all wrong	5%	4%	8%	5%	7%	3%
	A little bit wrong	4%	5%	6%	6%	9%	9%
	Wrong	21%	19%	24%	21%	24%	21%
	Very wrong	70%	72%	62%	67%	60%	67%
...vape or use e-cigarettes?	Not at all wrong	8%	10%	13%	15%	17%	19%
	A little bit wrong	9%	12%	14%	13%	18%	18%
	Wrong	22%	17%	21%	21%	22%	21%
	Very wrong	62%	62%	53%	51%	44%	42%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 46  
PERCEPTIONS ABOUT ALCOHOL USE\***

*West Central*

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%
How do you feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	59%	54%	52%	51%	47%	45%
	Agree	29%	31%	34%	38%	34%	40%
	Neither agree nor disagree	8%	12%	8%	9%	13%	13%
	Disagree	1%	1%	2%	1%	2%	1%
	Strongly disagree	3%	2%	4%	2%	4%	1%
How do you feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	67%	63%	55%	56%	46%	38%
	Agree	20%	24%	27%	27%	26%	33%
	Neither agree nor disagree	8%	10%	12%	12%	19%	22%
	Disagree	2%	1%	2%	1%	5%	4%
	Strongly disagree	4%	2%	5%	3%	4%	2%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Parents and other adults should clearly communicate with their children about the importance of not using alcohol.	Strongly agree	45%	30%	36%	27%	31%	22%
	Agree	36%	42%	39%	43%	36%	43%
	Neither agree nor disagree	15%	22%	20%	23%	26%	28%
	Disagree	2%	4%	3%	5%	4%	5%
	Strongly disagree	2%	2%	3%	1%	3%	2%
In your opinion, how do you think MOST STUDENTS in your school feel about the following statement? Drinking alcohol is never a good thing for anyone my age to do.	Strongly agree	50%	33%	37%	27%	29%	20%
	Agree	30%	37%	33%	34%	31%	29%
	Neither agree nor disagree	15%	22%	20%	28%	28%	31%
	Disagree	3%	6%	6%	8%	9%	16%
	Strongly disagree	3%	3%	3%	3%	4%	4%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

**TABLE 47A  
USE OF TOBACCO, ALCOHOL, MARIJUANA  
AND E-CIGARETTES\***

*West Central*

How often do you use each of the following?		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
Tobacco (cigarettes, chew)	Never	94%	94%	94%	94%	90%	93%
	Tried once or twice	4%	4%	4%	4%	4%	3%
	Once or twice a year	1%	1%	0%	1%	1%	2%
	Once a month	0%	1%	0%	1%	2%	1%
	Twice a month	0%	0%	0%	0%	1%	0%
	Once a week	1%	0%	0%	0%	1%	1%
	Daily	0%	0%	1%	0%	1%	0%
Alcohol (beer, wine, liquor)	Never	81%	75%	78%	76%	65%	59%
	Tried once or twice	13%	17%	13%	13%	13%	17%
	Once or twice a year	4%	4%	5%	5%	10%	12%
	Once a month	1%	2%	1%	3%	4%	6%
	Twice a month	1%	2%	1%	2%	3%	4%
	Once a week	0%	0%	0%	0%	3%	1%
	Daily	0%	0%	0%	0%	0%	0%
Marijuana (pot, hash, hash oil)	Never	96%	94%	92%	91%	87%	81%
	Tried once or twice	1%	2%	3%	3%	5%	7%
	Once or twice a year	1%	1%	1%	1%	3%	4%
	Once a month	0%	1%	0%	1%	1%	2%
	Twice a month	0%	1%	0%	1%	1%	2%
	Once a week	1%	1%	1%	1%	1%	3%
	Daily	0%	0%	1%	1%	3%	3%
Vaping device or e-cigarette with nicotine^	Never	92%	87%	88%	83%	78%	76%
	Tried once or twice	4%	8%	5%	7%	9%	7%
	Once or twice a year	0%	1%	2%	1%	2%	3%
	Once a month	1%	1%	1%	2%	2%	2%
	Twice a month	1%	1%	0%	1%	1%	1%
	Once a week	1%	1%	1%	2%	1%	3%
	Daily	1%	2%	2%	4%	6%	8%
Vaping device or e-cigarette with marijuana, THC or hash oil, or THC wax^	Never	97%	94%	94%	92%	90%	86%
	Tried once or twice	1%	3%	2%	4%	3%	7%
	Once or twice a year	0%	1%	1%	1%	2%	2%
	Once a month	1%	1%	0%	1%	1%	1%
	Twice a month	0%	0%	0%	1%	1%	2%
	Once a week	0%	1%	1%	1%	1%	0%
	Daily	0%	0%	1%	1%	2%	2%

\* 5th grade survey did not ask these questions.

^ New question in 2022.

2022 Minnesota Student Survey

**TABLE 47B  
PERCEPTIONS OF OTHERS' USE OF TOBACCO, ALCOHOL,  
MARIJUANA AND E-CIGARETTES\***

*West Central*

<i>In your opinion, how often do you think MOST STUDENTS in your school use each of the following?</i>		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
Tobacco (cigarettes, chew)	Never	65%	43%	51%	38%	48%	30%
	Tried once or twice	18%	28%	21%	24%	22%	26%
	Once or twice a year	4%	8%	6%	9%	6%	11%
	Once a month	3%	7%	7%	8%	7%	9%
	Twice a month	2%	4%	2%	5%	3%	7%
	Once a week	4%	5%	7%	8%	8%	9%
	Daily	3%	6%	7%	8%	6%	10%
Alcohol (beer, wine, liquor)	Never	51%	25%	38%	25%	35%	15%
	Tried once or twice	24%	31%	19%	18%	14%	11%
	Once or twice a year	8%	11%	11%	9%	10%	10%
	Once a month	7%	12%	9%	11%	11%	16%
	Twice a month	4%	7%	6%	12%	10%	15%
	Once a week	4%	10%	10%	17%	13%	23%
	Daily	2%	5%	7%	9%	7%	10%
Marijuana (pot, hash, hash oil)	Never	67%	44%	50%	36%	44%	24%
	Tried once or twice	13%	22%	15%	15%	14%	15%
	Once or twice a year	6%	7%	5%	8%	8%	6%
	Once a month	4%	7%	6%	9%	7%	11%
	Twice a month	2%	4%	4%	8%	5%	10%
	Once a week	3%	7%	8%	10%	9%	16%
	Daily	5%	9%	11%	13%	12%	19%
Vaping device or e-cigarette with nicotine <sup>^</sup>	Never	45%	23%	36%	23%	36%	14%
	Tried once or twice	19%	18%	13%	11%	13%	11%
	Once or twice a year	4%	5%	5%	4%	4%	3%
	Once a month	5%	8%	4%	5%	5%	6%
	Twice a month	3%	5%	4%	4%	4%	5%
	Once a week	7%	12%	8%	11%	11%	11%
	Daily	16%	30%	30%	42%	28%	50%
Vaping device or e-cigarette with marijuana, THC or hash oil, or THC wax <sup>^</sup>	Never	64%	38%	47%	31%	44%	24%
	Tried once or twice	12%	19%	14%	14%	15%	15%
	Once or twice a year	4%	6%	5%	7%	4%	5%
	Once a month	5%	6%	4%	6%	7%	8%
	Twice a month	3%	6%	5%	8%	5%	9%
	Once a week	3%	8%	8%	12%	8%	14%
	Daily	9%	17%	16%	23%	16%	26%

\* 5th grade survey did not ask these questions.

<sup>^</sup> New question in 2022.

2022 Minnesota Student Survey

TABLE 48A  
CONSEQUENCES OF SUBSTANCE USE\*

West Central

During the last 12 months ...		Grade					
		8th		9th		11th	
		Male %	Female %	Male %	Female %	Male %	Female %
...have you found that you had to use a lot more alcohol or drugs than before to get the same effect?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	Yes	1%	2%	2%	4%	4%	6%
	No	19%	21%	20%	22%	31%	33%
...have you tried to cut down on your use of alcohol or drugs but couldn't?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	Yes	1%	2%	1%	3%	2%	2%
	No	19%	22%	21%	23%	34%	36%
...have you continued to use alcohol or drugs even though you knew it was hurting your relationships with friends or family?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	Yes	1%	2%	2%	3%	4%	4%
	No	19%	22%	20%	23%	32%	34%
...were there any times when you felt such a strong desire or urge to drink alcohol or to use a drug that you couldn't resist or could not think of anything else?	Did not use past 12 months	81%	77%	78%	75%	65%	62%
	Yes	1%	5%	3%	7%	6%	11%
	No	18%	18%	19%	19%	29%	27%
...how many times have you spent all or most of the day using alcohol or drugs, or getting over their effects?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	0 times	19%	20%	19%	21%	31%	33%
	1 time	0%	1%	1%	2%	2%	2%
	2 times	0%	1%	1%	2%	1%	1%
	3 or more times	0%	1%	1%	1%	2%	2%
...how many times have you given up important social or recreational activities like sports or being with friends or relatives to use alcohol or drugs or to get over their effects?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	0 times	19%	22%	21%	24%	33%	35%
	1 time	0%	0%	0%	1%	1%	1%
	2 times	0%	0%	0%	0%	0%	1%
	3 or more times	0%	0%	1%	0%	1%	1%
...how many times have you missed work or school, or neglected other major responsibilities because of alcohol or drug use?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	0 times	19%	22%	20%	24%	33%	36%
	1 time	0%	0%	0%	1%	1%	0%
	2 times	0%	0%	0%	1%	1%	1%
	3 or more times	0%	1%	1%	0%	0%	1%

\* 5th grade survey did not ask these questions.

2022 Minnesota Student Survey

TABLE 48B  
CONSEQUENCES OF SUBSTANCE USE\*

West Central

		Grade					
		8th		9th		11th	
		Male	Female	Male	Female	Male	Female
<i>During the last 12 months, how many times...</i>		%	%	%	%	%	%
...how many times have you driven a motor vehicle after using alcohol or drugs?*	Did not use past 12 months			78%	74%	64%	62%
	0 times			20%	25%	30%	32%
	1 time			1%	1%	3%	3%
	2 times			0%	0%	1%	1%
	3 or more times			1%	0%	2%	2%
...how many times have you hit someone or become violent while using alcohol or drugs?	Did not use past 12 months	80%	77%	78%	74%	65%	62%
	0 times	19%	23%	21%	24%	33%	37%
	1 time	0%	0%	1%	0%	0%	1%
	2 times	0%	0%	0%	1%	1%	0%
	3 or more times	0%	0%	0%	0%	1%	0%
...how many times have you used so much alcohol or drugs that the next day you could not remember what you had said or done?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	0 times	18%	20%	18%	22%	30%	30%
	1 time	1%	2%	2%	1%	3%	4%
	2 times	1%	1%	0%	1%	1%	2%
	3 or more times	0%	1%	1%	2%	2%	2%
...how many times have you used more alcohol or drugs than you intended to?	Did not use past 12 months	80%	77%	78%	74%	64%	62%
	0 times	19%	20%	20%	22%	31%	31%
	1 time	1%	1%	1%	2%	1%	3%
	2 times	0%	1%	0%	1%	1%	1%
	3 or more times	0%	1%	1%	1%	2%	2%
...how many times has alcohol or drug use left you feeling depressed, agitated, paranoid, or unable to concentrate?	Did not use past 12 months	80%	77%	78%	74%	65%	62%
	0 times	19%	20%	20%	21%	32%	32%
	1 time	0%	1%	1%	2%	2%	3%
	2 times	1%	1%	0%	1%	1%	1%
	3 or more times	0%	1%	1%	1%	2%	2%

\* 5th grade survey did not ask these questions.

\*\* 8th grade survey did not ask this question.



2022 Minnesota Student Survey

**TABLE 49  
SEXUAL BEHAVIOR\*  
West Central**

		Grade			
		9th		11th	
		Male	Female	Male	Female
		%	%	%	%
<b>Have you ever had sex?^</b>	<b>Yes</b>	13%	10%	30%	34%
	<b>No</b>	87%	90%	70%	66%
<b>IF EVER HAD SEX: During the last 12 months, with how many different people have you had sex with?^</b>	<b>None</b>	89%	91%	74%	70%
	<b>1 person</b>	7%	5%	15%	20%
	<b>2 persons</b>	1%	2%	3%	7%
	<b>3 persons</b>	1%	1%	3%	1%
	<b>4 persons</b>	0%	0%	1%	1%
	<b>5 persons</b>	0%	0%	0%	1%
	<b>6 or more persons</b>	3%	0%	4%	1%
<b>IF EVER HAD SEX: Did you drink alcohol or use drugs before you had sex the LAST time?^</b>	<b>Yes</b>	18%	20%	14%	13%
	<b>No</b>	82%	80%	86%	87%

\* 5th and 8th grade surveys did not ask these questions.

^ Change in question wording from 2019.

2022 Minnesota Student Survey

**TABLE 50  
PREVENTION OF PREGNANCY AND INFECTION\*  
West Central**

		Grade			
		9th		11th	
		Male	Female	Male	Female
<i>INCLUDES ONLY THOSE WHO HAVE EVER HAD SEX</i>		%	%	%	%
Have you talked with your partner(s) about protecting yourselves from getting sexually transmitted infections/HIV/AIDS?	Never	38%	20%	28%	26%
	Not with every partner	10%	10%	12%	15%
	At least once with every partner	52%	70%	60%	59%
Have you talked with your partner(s) about preventing pregnancy?	Never	33%	24%	20%	17%
	Not with every partner	12%	11%	6%	13%
	At least once with every partner	56%	66%	75%	70%
The LAST time you had sex, what method or methods did you or your partner use to prevent pregnancy? (Mark ALL that apply)^	No method was used to prevent pregnancy	8%	5%	4%	3%
	Birth control pills	32%	18%	49%	38%
	Condoms	49%	51%	56%	47%
	Depo-Provera shot (or any birth control shot), Nuva Ring (or any birth control ring)^^	2%	11%	4%	5%
	Nexplanon (or any implant) or Mirena (or any IUD)^^^	3%	8%	8%	14%
	Withdrawal (pull-out)	26%	37%	36%	43%
	Some other method	5%	4%	2%	2%
	Not sure	9%	4%	3%	4%
	Not applicable^^^	14%	10%	8%	7%
The LAST time you had sex, did you or your partner use a condom?	Yes	64%	63%	63%	53%
	No	36%	37%	37%	47%

\* 5th and 8th grade surveys did not ask these questions.

^ Change in question wording from 2019.

^^ Change in response option wording from 2019.

^^^ New response option in 2022.

2022 Minnesota Student Survey

**TABLE 51**  
**RESOURCES IN THE HOME (PROXY FOR SES)^**  
*West Central*

		Grade							
		5th		8th		9th		11th	
		Male	Female	Male	Female	Male	Female	Male	Female
		%	%	%	%	%	%	%	%
<b>About how many books are there in your home?</b>	<b>Few (0-10)</b>	11%	8%	15%	10%	19%	14%	17%	13%
	<b>Enough to fill one shelf (11-25)</b>	16%	17%	18%	18%	19%	19%	19%	22%
	<b>Enough to fill one bookcase (26-100)</b>	38%	38%	38%	37%	36%	36%	39%	37%
	<b>Enough to fill several bookcases (more than 100)</b>	34%	37%	28%	36%	25%	31%	26%	28%
<b>Do you have any of the following in your home?</b>	<b>Access to the internet</b>	97%	96%	99%	99%	98%	99%	98%	98%
	<b>Your own bedroom</b>	84%	82%	92%	89%	91%	91%	94%	95%
	<b>A desktop or laptop computer (including Chromebooks) that you can use</b>	77%	80%	92%	93%	94%	96%	95%	96%
	<b>A tablet (for example, Surface Pro, iPad, Kindle Fire) that you can use</b>	66%	69%	60%	69%	60%	64%	56%	62%
	<b>A smartphone (for example, iPhone, Samsung Galaxy, HTC One) that you can use</b>	70%	77%	95%	96%	97%	98%	99%	99%

^ New questions in 2022; source: National Assessment of Educational Progress (NAEP) ([https://nces.ed.gov/nationsreportcard/pdf/researchcenter/socioeconomic\\_factors.pdf](https://nces.ed.gov/nationsreportcard/pdf/researchcenter/socioeconomic_factors.pdf)).