

# CAUTION

## SWIMMING ADVISORY

*Naegleria fowleri* is an amoeba commonly found in warm freshwater. It enters the body through the nose and causes a rare but fatal brain infection.

There is a low level of *Naegleria fowleri* risk when entering any warm freshwater.

Infections are more likely to occur when water temperatures are high and water levels are low.



**Reduce the risk of *Naegleria fowleri* infection while swimming by limiting the chance of contaminated water going up the nose:**

- **Avoid water-related activities when temperatures are high and water levels are low**
- **Hold your nose shut, use nose clips, or keep your head above water**
- **Avoid digging in, or stirring up, the sediment**