Table 3: Rabies Post-Exposure Prophylaxis for Healthy, Immunocompetent Persons, Including Pregnant Women

Vaccination Status	Treatment	Dosage/Administration Guidelines for All Ages	Day of Regimen
Not Previously Vaccinated	<ul> <li>Wound cleansing</li> <li>Tetanus toxoid</li> <li>booster*</li> <li>Human rabies</li> <li>immune globulin (HRIG)</li> </ul>	<ul> <li>20 IU/kg body weight</li> <li>Infiltrate HRIG into and around the wound</li> <li>Remaining HRIG given IM at a site distant from the vaccination site</li> <li>Never in the gluteals</li> </ul>	Day 0 (HRIG can be given up to day 7)
	Rabies vaccine	<ul> <li>Four 1.0 mL doses, given IM</li> <li>Adults/older children: deltoid area</li> <li>Young children: anterolateral thigh</li> <li>Never in gluteals</li> </ul>	Days 0, 3, 7, 14
Previously Vaccinated†	Wound cleansing     Tetanus toxoid booster*     Rabies vaccine	Two 1.0 mL doses, given IM     Adults/older children: deltoid area     Young children: anterolateral thigh     Never in gluteals	Days 0, 3

<sup>\*</sup> Indicated if last tetanus vaccine was more than 5 years prior to exposure

<sup>†</sup> Completed pre- or post-exposure regimen of human diploid cell vaccine (HDCV) or purified chick embryo cell vaccine (PCEC) after 1985, or received another vaccine with documented serum titer corresponding to complete neutralization at >1:5 serum dilution (or its equivalent, approximately 0.1-0.2 IU/mL) by the rapid fluorescent focus inhibition test (RFFIT).

