

PROTOCOL FOR EVALUATING AN INFECTIOUS CAUSE OF DEATH

This job aid is intended for medical examiners, coroners, and forensic pathologists. It serves as a reminder to consider infectious causes of death in certain situations, and it provides a practical guide to specimen collection and testing.

1.0 CASE IDENTIFICATION

Antemortem and/or postmortem signs/symptoms indicating a possible infectious disease related death are determined by investigator and/or ME. (See Tables 1 & 2).

- 1.1 If applicable, request available lab results from antemortem sampling.
- 1.2 Decide to conduct an autopsy or not based on the report from the death scene investigator and resources available.

If no autopsy done, skip to "4.0 Case Reporting".

Table 1: ANTEMORTEM SIGNS & SYMPTOMS

1. Fever
2. Acute encephalopathy or new onset seizures
3. Acute flaccid paralysis or polyneuropathy
4. New-onset jaundice
5. Acute diarrhea
6. New rash or soft tissue lesion
7. Unexplained death
 - Death of an individual <50 years of age where:
 - the past medical history, circumstances, and scene investigation provide inadequate diagnostic insight to establish the cause of death, *and*
 - investigators have been unable to identify one of the signs/symptoms listed above in the absence of a specific etiology.
 - This category includes infants with a SIDS-like presentation.
8. Other

2.0 LAB SPECIMENS & TESTING

- 2.1 If an autopsy is done, collect specimens and submit them for appropriate testing (See Table 3).
- 2.2 Collect additional specimens based on antemortem signs and symptoms, and pathologic syndromes (See Table 4).

Table 2: PATHOLOGIC SYNDROMES

1. Neurologic
 - Encephalitis
 - Meningitis (including hemorrhagic)
2. Respiratory
 - Pharyngitis, epiglottitis or other upper airway infection
 - Bronchitis or bronchiolitis, acute
 - Pneumonia
 - Diffuse alveolar damage
 - Mediastinitis, hemorrhagic
3. Cardiac
 - Myocarditis
 - Endocarditis
4. Gastrointestinal
 - Acute hepatitis or fulminant hepatic necrosis
 - Colitis
5. Dermatologic
 - Diffuse rash
 - Soft tissue lesion
6. Multi-system
 - Lymphadenitis
 - Sepsis syndrome
7. None of the above pathologic syndromes

3.0 REVIEW FINDINGS

- 3.1 Review lab results from the local testing laboratories.
- 3.2 Based on the lab results, decide if further testing is needed at MDH and/or CDC.
 - For cases with no organism-specific etiology, MDH may follow-up with the case as a part of the Unexplained Death Program.

Table 3: SPECIMENS & TESTING

Specimen	Possible Testing	Description	Container
Blood	Bacterial culture	5ml aerobic & anaerobic	Use local lab
Serum	Serologic assays/Tox	10ml	Marble top vacutainer
NP Swab	Viral Culture	1 swab	Viral transport
Urine	Culture/ Antigen tests	20ml	Orange top, sterile
Fresh or frozen tissue from affected organs	Viral culture or PCR	1cm cubes (can keep refrigerated up to 4 days)	Clean vials
Formalin-fixed tissues	Histo-pathology, IHC, In situ hybridization PCR	All organs	Orange top, sterile
Paraffin-embedded tissues	Histo-pathology, IHC, ISH, PCR	Affected organs	

4.0 Case Reporting

- 4.1 Notify MDH of cases meeting criteria from "1.0 Case Identification" on at least a monthly basis and report any helpful follow-up findings.
- 4.2 Methods of Reporting:
 - ME site fills out Case Report Form and sends to MDH
 - ME site notifies MDH of cases and MDH will fill out Case Report Form
 - MDH conducts case identification at ME site

Case Reporting Contact Information:
 Minnesota Department of Health-IDEPC
 PO Box 64975
 St. Paul, MN 55164-0975
 651-201-5414 or 1-877-676-5414

Table 4: ADDITIONAL SPECIMENS & TESTING

Syndrome	Specimen	Description	Container
Respiratory	Deep Lung Swab	1 swab each lung	Bacterial & Viral transport
Neurologic	CSF	10ml	Purple top or sterile container
Gastro-intestinal	Stool		Clean vial
Dermatologic	Skin/Soft tissue swab or tissue sample		Bacterial & Viral transport or clean vial

See guidelines for "Medical examiner/coroner-based surveillance for fatal infectious diseases and bioterrorism" for additional information regarding this protocol.