

Face to Face Clinic

TWIN CITIES METRO-AREA

Objectives

- Provide youth with the tools necessary to empower them to make healthy choices and access care regarding pregnancy, sexually transmitted infections (STIs) and decision making.
- Provide SHARP intervention to youth at Ramsey County homeless youth shelters, transitional housing, supportive housing and community agencies.
- Provide SSI to adolescent females at Face to Face Health and Counseling, SafeZone Drop-in Center, and other community transitional living programs.

Curriculum

Sexual Health and Adolescent Risk Prevention (SHARP)

This four hour, single-session, group-based intervention is designed to reduce sexual risk behaviors among high-risk adolescents in juvenile detention facilities. The program is delivered in small groups of up to 10 youth and seeks to increase condom use and reduce alcohol-related sexual risk behavior. Overall, [SHARP](#) program goals are to deepen STI/HIV knowledge, improve correct condom use, reduce sexual risks and alcohol use and set long-term goals to utilize knowledge and skills learned during the session.

Safer Sex Intervention (SSI)

The overall goals of the [Safer Sex Intervention \(SSI\)](#) are to reduce sexual risk behaviors, increase condom use, and prevent the recurrence of sexually transmitted infections (STIs) among sexually active young women. The target audience is sexually active adolescent girls and young women who are between ages 13 and 23 and have been diagnosed with an STI. SSI is led by a female health educator and is appropriate for use in clinics or community-based organizations providing sexual health services to young women. The intervention is administered one-on-one and face-to-face in a single 30- to 50-minute session. SSI includes booster sessions that were designed to coincide with the young woman's treatment schedule.

Accomplishments

- 16 SHARP groups participated in 2017.
- Youth Advisory Council formed to help guide, support and sustain the program.

Populations Receiving SHARP & SSI Curricula

- Homeless Youth
- Youth in the Juvenile Justice System
- Youth of Color
- Youth in Alternative Learning Centers

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For more information: [Minnesota Department of Health - MN PREP Website](#)

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